



Women 's 400 Metres



Heats

START LIST

World Indoor Championships Qualifying Standard: 53.25

MARK	COMPETITOR	NAT	AGE	Record Date
WR	49.59 Jarmila KRATOCHVILOVÁ	CZE	31	7 Mar 1982
NR	50.02 Nicola SANDERS	GBR	24	3 Mar 2007
SR	50.60 Nicola SANDERS	GBR	24	11 Feb 2007
ACR	50.02 Nicola SANDERS	GBR	24	3 Mar 2007

First 1 of each heat (Q) plus 3 fastest times (q) qualified

Heat 1

START	COMPETITOR	AGE	PERSONAL BEST	2010 BEST
2	Savannah ECHEL THOMPSON PHOENIX	18	56.77	
3	Lucy JAMES BEDFORD C	17	56.35	
4	Laura WAKE HERTS PHOENIX	18	55.42	55.42
5	Kim WALL BASILDON A C	26	53.02	53.08
6	Laura MADDOX TEAM BATH	19	54.64	54.64

Heat 2

START	COMPETITOR	AGE	PERSONAL BEST	2010 BEST
2	Gemma DAWKINS CHANNEL ISLANDS	18	57.70	
3	Emma PETERS CARDIFF	26	56.16	56.85
4	Emma WILLIAMS COVENTRY GODIVA	22	56.11	57.13
5	Hayley JONES WIGAN & DISTRICT H	21	54.02	54.02
6	Dawn HUNT WSE HOUNSLOW	28	54.19	54.85

Heat 3

START	COMPETITOR	AGE	PERSONAL BEST	2010 BEST
2	Lauren PEFFERS DUNBAR RC	21	57.44	58.06
3	Emma PULLEN SHREWSBURY	20	55.97	55.97
4	Jo PATTERSON BALLYMENA & ANTRIM	21	56.27	56.27
5	Laura LANGOWSKI COVENTRY GODIVA	25	54.29	
6	Victoria BARR RUGBY & NORTHAMPTON	27	53.71	53.71



The next 6 fastest losers will be in the B Final at 18:30

Issued Saturday, 13 February 2010 at 13:25

