



Men's 400 Metres

Heats

RESULTS

Aviva World Trials and UK Championships

EIS - Sheffield

Saturday 13 and Sunday 14 February 2010



Heat 4

5

TIME
Start 13:45

13 February 2010

World Indoor Championships Qualifying Standard: 47.00

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	44.57	Kerron CLEMENT	USA	19	12 Mar 2005
NR	45.39	Jamie BAULCH	GBR	23	9 Feb 1997
SR	45.90	Robert TOBIN	GBR	22	12 Feb 2006
ACR	45.14	Michael JOHNSON	USA	25	20 Feb 1993

First 2 of each heat (Q) plus 2 fastest times (q) qualified

POS	COMPETITOR	AGE	LANE	MARK	REACTION TIME
1	Patrick SWAN GATESHEAD H	21	4	48.64 Q	0.193 SB
2	Luke LENNON FORD BIRCHFIELD H	20	3	48.70 Q	0.189 PB
3	Patrick NORTH SWINDON H	20	6	48.72	0.288
4	Paul GOODALL C OF NORWICH	23	2	50.09	0.193 SB
	Matt ELIAS CARDIFF A A C	30	5	DNF	0.263

GREAT BRITAIN & N.I. TOP ALL-TIME

MARK	COMPETITOR	DATE
45.39	Jamie BAULCH	1997
45.43	Daniel CAINES	2003
45.56	Todd BENNETT	1985
45.69	Michael BINGHAM	2009
45.71	Solomon WARISO	1998
45.83	Mark HYLTON	1997
45.89	David GRINDLEY	1993
45.90	Robert TOBIN	2006
45.94	Mark RICHARDSON	1993
45.98	Brian WHITTLE	1988

GREAT BRITAIN & N.I. TOP 2010

MARK	COMPETITOR	DATE
47.19	Richard BUCK	6 Feb
47.52	Tom DRUCE	7 Feb
47.54	Dale GARLAND	6 Feb
47.64	Patrick NORTH	7 Feb
47.69	Nick LEAVEY	6 Feb
47.70	Nigel LEVINE	2 Feb
48.00	Scott HUGHSON	6 Feb
48.25	Jamie BOWIE	24 Jan
48.38	Toby ULM	16 Jan
48.44	Rhys SMITH	13 Feb

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