

**UK Challenge Final**  
**Crystal Palace Stadium, London**  
**Sat 25th August 2007**

**26 Men's 100m**

*Wind:* -0.9 m/s

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	701	Leevan YEARWOOD (Guest)	Victoria Park & Tower Hamle	10.35	10.13	190			592
2	598	Tim ABEYIE	Woodford Green w Essex Lac	10.45		170			677
3	603	Darren CHIN	Belgrave Harriers	10.47		166	sb		761
4	698	James ELLINGTON	Belgrave Harriers	10.54		152			793
5	599	Jeffrey LAWAL-BALOGUN	Kent AC	10.55		150			657
6	700	Leroy SLUE	Harrow AC	10.75		110			542
7	602	Paul JUDSON	Notts AC	10.78		104			604
8	550	Ryan JAMES	Birchfield Harriers	10.82		96			640

**13 Men's 200m**

*Wind:* -0.4 m/s

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	598	Tim ABEYIE	Woodford Green w Essex Lac	20.83	20.69	192			879
2	599	Jeffrey LAWAL-BALOGUN	Kent AC	21.15		160			818
3	601	Leon BAPTISTE	Enfield and Haringey AC	21.17		158			765
4	603	Darren CHIN	Belgrave Harriers	21.30		145			658
5	602	Paul JUDSON	Notts AC	21.45		130			703
6	596	Dan COUSINS	Birchfield Harriers	21.61		114			607

**21 Men's 400m**

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	657	Conrad WILLIAMS	Kent AC	46.79	45.70	168			848
2	656	Graham HEDMAN	Woodford Green w Essex Lac	47.54		138			836
3	658	Mark BERRIDGE	Basingstoke and Mid Hants	47.66		133			692
4	660	Rick BEARDSSELL	Trafford AC	47.99		120			598
5	654	Nick LEAVY	Thames Valley H	48.48		100			573
6	661	John KELLY	City of Sheffield AC	48.71		91			545
7	655	Bruce TASKER	Carmarthen Harriers	49.13		74			74

**29 Men's 800m**

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	7	Ben GREEN	Newham & Essex Beagles AC	01:47.47	01:45.60	196	sb	=pb	776
2	4	Kieran FLANNERY	Gateshead Harriers	01:49.94		147			616
3	16	Frank BADDICK	North Devon AC	01:51.47		0			394
4	9	Ian LOWTHIAN	Sale Harriers	01:51.95		0			527
5	23	Steve EVISON	City of Sheffield AC	01:52.66		0			336

**31 Men's 1500m**

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	108	Matthew BARNES	Altrincham	03:45.91	03:38.51	154			773
2	125	Rob WHITTLE	Basingstoke and Mid Hants	03:47.83		139	sb		430
3	109	Jonathan TAYLOR	Morpeth Harriers	03:48.35		135			504
4	111	Lewis MOSES	Darlington Harriers	03:55.83		0			439
5	106	Bruce RAESIDE	Notts AC	DNS		0			581
6	110	Tom CARTER	Vale Royal AC	DNS		0			574

**35 Men's 5000m**

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	242	Phil WICKS	Belgrave Harriers	13:56.50	13:40.19	147	sb	pb +5	569
2	252	Antony FORD	Blackpool and Fylde AC	13:58.20		143			740
3	251	Dave NORMAN	Altrincham	14:57.92		0			368
4	255	Ben FISH	Blackburn	15:00.04		0			293
5	248	Steve SHARP	Belgrave Harriers	DNF		0			539

**16 Men's 110m Hurdles**

*Wind: -0.8 m/s*

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	622	Will SHARMAN (Guest)	Belgrave Harriers	13.82	13.24	193			726
2	617	Richard ALLEYNE	Woodford Green w Essex Lac	13.94		181			945
3	623	Gianni FRANKIS (Guest)	Newham & Essex Beagles AC	14.00		175			831
4	618	Dominic GIRDLER	City of Sheffield AC	14.41		134			814
5	621	Luke REYNOLDS	North Down AC	14.72		103	sb	pb +5	412
6	620	Suote NYANMO	Newham & Essex Beagles AC	14.73		102			498
7	619	Ben RICHARDSON	Team Southampton	14.85		90			90

**23 Men's 400m Hurdles**

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	670	Steve GREEN (Guest)	Newham & Essex Beagles AC	50.71	49.28	187			726
2	672	Ricardo YATES	Trafford AC	51.25		173	sb	pb +5	811
3	673	Ben SUMNER	Enfield and Haringey AC	51.58		165			819
4	674	Lloyd GUMBS	Shaftesbury Barnet H	52.71		137	sb	pb +5	655
5	676	Sean REIDY	Nene Valley Harriers	52.87		133	sb	pb +5	536
6	671	Tom PATTON	Thames Valley H	54.85		83			547
7	677	Enrique MELIN (Guest)	Newham & Essex Beagles AC	55.84		59			59

**33 Men's 3000m Steeplechase**

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	282	Andrew HENNESSY	Wells City Harriers	08:56.79	08:29.96	0	sb		477
2	286	Jemaine MAYS	Kent AC	09:09.19		0			381
3	287	Alex PILCHER	Derby AC	09:50.20		0			420

**27 Men's Race Walking 3000m**

Posn	Bib	Athlete	Club	Perf	UKC
1	705	Dominic KING	Colchester Harriers	12:24.94	
2	707	Mark WILLIAMS	Tamworth AC	12:51.80	
3	706	Ben WEARS	Redcar Running Club	13:03.80	
4	709	Andy PENN	Nuneaton Harriers	13:13.40	
5	708	Peter KANEEN	Manx Harriers	13:30.12	

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**25 Women's 100m** *Wind:* -1.3 m/s

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	592	Ellena RUDDOCK	Rugby and Northampton	11.94	11.23	124			606
2	594	Lucy EVANS	Sale Harriers Manchester	12.03		110			551
3	590	Helen PRYER	Windsor Slough Etgon & H	12.03		110			568
4	595	Natalie JOWETT	Marshall Milton Keynes	12.13		95			571
5	591	Rhiannon BURDON	Aldershot Farnham and Distr	12.23		80			499
6	690	Melinda COOKSEY	Tipton Harriers	12.23		80			564
7	589	Emma BAILEY	Rugby and Northampton	12.40		54			487
8	639	Seemita GUMBS	Birchfield Harriers	12.72		0			308

**12 Women's 200m** *Wind:* -1.5 m/s

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	590	Helen PRYER	Windsor Slough Etgon & H	24.10	23.24	149			798
2	593	Margaret ADEOYE	Enfield and Haringey	24.19		143			684
3	594	Lucy EVANS	Sale Harriers Manchester	24.44		126	sb	pb +5	629
4	591	Rhiannon BURDON	Aldershot Farnham and Distr	24.61		115			692
5	589	Emma BAILEY	Rugby and Northampton	24.82		101			498
6	595	Natalie JOWETT	Marshall Milton Keynes	24.86		98			477

**19 Women's 400m**

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	641	Carey MARSHALL/EASTON	Edinburgh AAC	53.71	50.74	176			887
2	645	Sarah TOMLINS	Sale Harriers	53.76		174		pb +5	690
3	642	Lesley OWUSU	Windsor Slough Etgon & H	53.84		172			806
4	644	Kathryn EVANS	Elgin AAC	54.28		161			713
5	640	Laura LANGOWSKI	Coventry Godiva AC	55.11		141		pb +5	687
6	643	Tatum NELSON	Sale Harriers Manchester	55.20		138			749

**28 Women's 800m**

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	66	Vicky GRIFFITHS	Liverpool Harriers	02:01.49	02:00.3	206		pb +5	990
2	64	Lizi BRATHWAITE	Herts Phoenix	02:03.07		186			929
3	65	Joanna ROSS	Edinburgh AC	02:04.19		172			855
4	72	Ruth WATSON	Sale Harriers	02:05.88		151			745
5	74	Amy CAMPBELL RESERVE	Shaftesbury Barnet H	02:07.58		130			566
6	63	Claire GIBSON	Kilbarchan AAC	02:07.88		126			812
7	71	Nina ANDERSON	Shaftesbury Barnet H	02:08.39		120		pb +5	483
8	67	Michaela HUTCHISON	Hillingdon AC	02:09.76		103			728

**30 Women's 1500m**

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	206	Nicola GAULD	Aberdeen AAC	04:12.72	04:05.91	196		pb +5	916
2	207	Rachel FELTON	Shaftesbury Barnet H	04:13.19		194		pb +5	893
3	203	Harriet SCOTT	Havering Mayesbrook	04:15.97		180		pb +5	779
4	208	Hannah WHITMORE	Charnwood AC	04:18.48		167			826
5	216	Eleanor SHERRARD-SMITH	Swansea Harriers	04:26.09		129			571
6	220	Jenna HILL	Sale Harriers Manchester	04:28.69		116			636
7	221	Ceri MITCHELL	Team Southampton	DNS		0			370
8									

**34 Women's 5000m**

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	178	Vicky GILL	Chorley AC	16:07.72	15:07.38	248			877
2	179	Emily ADAMS	Aldershot Farnham and Dist	17:01.73		247		pb +5	735
3	180	Victoria WEBSTER	Shaftesbury Barnet H	DNS		0			584

**14 Women's 100m Hurdles**

*Wind: +0.6 m/s*

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	609	Sarah CLAXTON (Guest)	Woodford Green w Essex Lac	13.17	12.97	208			828
2	607	Gemma BENNETT	Shaftesbury Barnet H	13.44		190			963
3	608	Nusrat CEESAY	Woodford Green w Essex Lac	13.82		165		pb +5	790
4	604	Sharon-Louise WALLS (Guest)	Wigan and District AC	14.02		152			633
5	606	Angie BROADBELT	Thames Valley H	14.40		126			642
6	605	Ruth DALES	Wakefield Harriers and AC	14.73		104			605

**22 Women's 400m Hurdles**

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	608	Nusrat CEESAY	Woodford Green w Essex Lac	57.73	55.43	196			821
2	666	Anwen REES	Carmarthen Harriers	58.38		185			891
3	664	Sarah ADAMS	Leicester Coritanian AC	59.24		171			863
4	667	Hannah DOUGLAS	Belgrave Harriers	59.65		164			850
5	663	Emily PARKER	Epsom and Ewell Harriers	60.10		156		pb +5	762
6	662	Maria CROWE	Medway and Maidstone	61.78		128			677
7	669	Ruth BRERETON	Woodford Green w Essex Lac	62.29		120			635
8	668	Nisha DESAI	Morpeth Harriers	DQ		0			552

**32 Women's 3000m Steeplechase**

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	188	Claire ENTWISTLE	Trafford AC	10:19.64	09:43.11	0			527
2	184	Jessica SPARKE	Woodford Green w Essex Lac	10:23.80		0		pb +5	161
3	185	Shavaunn HENRY	Blackheath and Bromley	10:56.70		0		pb +5	121
4	187	Dani Nimmock	City of Norwich	11:09.76		0			0

**27 Women's Race Walking 3000m**

Posn	Bib	Athlete	Club	Perf	UKC	UKC Pts	SB	PB	Total
1	703	Verity SNOOK	Aldershot Farnham and Dist	14:44.88					294
2	704	Rebecca MERSH	City of Sheffield AC	15:47.18		0			248
3	710	Catherine GRAINGER	0	16:19.12		0		=pb	0