

National Division 3 - Wavertree Liverpool

				Perf	Record	Wind	UKA	AW	Sunday 5th August 2007								
				Perf	Record	Wind	UKA	AW									
Women's 100m A				<i>Wind=</i>				Women's 100m B				<i>Wind=</i>					
1	1	Rhiannon Burden	Aldershot, Farnham & Distr	12.3			69	<input checked="" type="checkbox"/>	1	55	Ashley Helsby	Liverpool Harriers A C	12.9				<input checked="" type="checkbox"/>
2	8	Heather Jones	Swansea Harriers	12.8				<input checked="" type="checkbox"/>	2	22	Amy Godsell	Blackheath & Bromley	12.9				<input checked="" type="checkbox"/>
3	2	Vicki Cole	Blackheath & Bromley	12.9				<input checked="" type="checkbox"/>	3	88	Leri Davies	Swansea Harriers	13.2				
4	5	Katey Read	Liverpool Harriers A C	12.9				<input checked="" type="checkbox"/>	4	11	Rebecca Gray	Aldershot, Farnham & Distri	13.3				
5	4	Emma Kemp	Herts, Phoenix	13.0				<input checked="" type="checkbox"/>	5	66	Davine Thomas	Newham & E	13.3				
6	7	Jodyann Walker	Thames Valley Harriers	13.0				<input checked="" type="checkbox"/>	6	44	Ciaran Andrews	Herts, Phoenix	13.4				
7	6	Kara Graham	Newham & E	14.0					7	77	Ambwene Simukonda	Thames Valley Harriers	13.7				
8									8								

Women's 200m A				<i>Wind=</i>				Women's 200m B				<i>Wind=</i>					
1	7	Renee Robson	Thames Valley Harriers	25.1			83	<input checked="" type="checkbox"/>	1	66	Susannah Banjo	Newham & E	25.8				<input checked="" type="checkbox"/>
2	6	Henrietta Kodilinye Sims	Newham & E	25.3			69	<input checked="" type="checkbox"/>	2	22	Amy Godsell	Blackheath & Bromley	25.9				<input checked="" type="checkbox"/>
3	5	Carmen Gedling	Liverpool Harriers A C	25.9				<input checked="" type="checkbox"/>	3	44	Hayley Wills	Herts, Phoenix	25.9				<input checked="" type="checkbox"/>
4	2	Vicki Cole	Blackheath & Bromley	25.9				<input checked="" type="checkbox"/>	4	55	Katey Read	Liverpool Harriers A C	26.2				<input checked="" type="checkbox"/>
5	8	Leri Davies	Swansea Harriers	26.2				<input checked="" type="checkbox"/>	5	77	Jodyann Walker	Thames Valley Harriers	26.4				<input checked="" type="checkbox"/>
6	4	Emma Kemp	Herts, Phoenix	26.2				<input checked="" type="checkbox"/>	6	88	Anna Leyshon	Swansea Harriers	27.2				
7									7								
8									8								

Women's 400m A								Women's 400m B									
1	6	Henrietta Kodilinye Sims	Newham & E	55.6			128	<input checked="" type="checkbox"/>	1	22	Sam Singer	Blackheath & Bromley	57.8			73	<input checked="" type="checkbox"/>
2	4	Hayley Wills	Herts, Phoenix	56.4			108	<input checked="" type="checkbox"/>	2	77	Chrissie Foster	Thames Valley Harriers	58.8				<input checked="" type="checkbox"/>
3	2	Vanessa Nakangu	Blackheath & Bromley	56.8			98	<input checked="" type="checkbox"/>	3	55	Rebecca Nuttall	Liverpool Harriers A C	60.1				<input checked="" type="checkbox"/>
4	5	Carmen Gedling	Liverpool Harriers A C	57.4			83	<input checked="" type="checkbox"/>	4	11	Clementine Adams	Aldershot, Farnham & Distri	60.9				<input checked="" type="checkbox"/>
5	7	Karolin Tsarski	Thames Valley Harriers	58.2			63	<input checked="" type="checkbox"/>	5	66	Susannah Banjo	Newham & E	61.0				<input checked="" type="checkbox"/>
6	8	Sian Davies	Swansea Harriers	59.9				<input checked="" type="checkbox"/>	6	44	Zoe Delaney	Herts, Phoenix	65.9				
7	1	Rosie Curling	Aldershot, Farnham & Distr	60.0				<input checked="" type="checkbox"/>	7	88	Kathryn Healey	Swansea Harriers	74.2				
8									8								

Women's 800m A								Women's 800m B									
1	5	Vicky Griffiths	Liverpool Harriers A C	02:10.00			100	<input checked="" type="checkbox"/>	1	11	Emily Adams	Aldershot, Farnham & Distri	02:18.60				<input checked="" type="checkbox"/>
2	1	Clementine Adams	Aldershot, Farnham & Distr	02:14.30				<input checked="" type="checkbox"/>	2	77	Emma Grant	Thames Valley Harriers	02:19.10				<input checked="" type="checkbox"/>
3	8	Eleanor Sherrard Smith	Swansea Harriers	02:17.00				<input checked="" type="checkbox"/>	3	22	Maureen Miller	Blackheath & Bromley	02:27.80				
4	4	Nikki Silva	Herts, Phoenix	02:17.50				<input checked="" type="checkbox"/>	4	88	Sian Kirk	Swansea Harriers	02:31.30				
5	2	Bryony Proctor	Blackheath & Bromley	02:18.00				<input checked="" type="checkbox"/>	5	55	Danielle Leahy	Liverpool Harriers A C	02:38.20				
6	7	Chrissie Foster	Thames Valley Harriers	02:23.90				<input checked="" type="checkbox"/>	6	44	Clare Marsh	Herts, Phoenix	03:32.50				
7									7								
8									8								

Women's 1500m A								Women's 1500m B									
1	5	Vicky Griffiths	Liverpool Harriers A C	04:32.1			99	<input checked="" type="checkbox"/>	1	55	Kathleen Upton	Liverpool Harriers A C	04:48.2				<input checked="" type="checkbox"/>
2	1	Emily Adams	Aldershot, Farnham & Distr	04:35.1			84	<input checked="" type="checkbox"/>	2	22	Shavaun Henry	Blackheath & Bromley	04:51.1				<input checked="" type="checkbox"/>
3	8	Eleanor Sherrard Smith	Swansea Harriers	04:36.1			79	<input checked="" type="checkbox"/>	3	88	Sian Kirk	Swansea Harriers	05:15.5				
4	2	Bryony Proctor	Blackheath & Bromley	04:38.1			69	<input checked="" type="checkbox"/>	4	77	Lisa Blackman	Thames Valley Harriers	05:31.7				
5	7	Emma Grant	Thames Valley Harriers	04:56.4				<input checked="" type="checkbox"/>	5	44	Carran Lefever	Herts, Phoenix	05:55.4				
6	4	Natasha Taylor	Herts, Phoenix	05:13.2					6								
7									7								
8									8								

National Division 3 - Wavertree Liverpool

Perf Record Wind UKA AW

Sunday 5th August 2007

Perf Wind UKA AW

Women's 3000m A

1	8	Non Stanford	Swansea Harriers	10:03.3	94	<input checked="" type="checkbox"/>
2	5	Claire Murphy	Liverpool Harriers A C	10:57.9		<input checked="" type="checkbox"/>
3	4	Natasha Taylor	Herts, Phoenix	11:16.5		
4	2	Carolyna Jones-Baldock	Blackheath & Bromley	11:55.5		
5	6	Adele Stach-Keviz	Newham & E	12:00.0		
6						
7						
8						

Women's 3000m B

1	88	Caroline Rimmer	Swansea Harriers	11:19.0		
2	55	Linda McDermott	Liverpool Harriers A C	11:35.0		
3	44	Carran Lefever	Herts, Phoenix	12:18.0		
4	22	Rachel Arnheim	Blackheath & Bromley	15:04.6		
5						
6						
7						
8						

Women's 400m Hurdles A

1	8	Sian Davies	Swansea Harriers	62.8	111	<input checked="" type="checkbox"/>
2	4	Christina Silva	Herts, Phoenix	64.1	90	<input checked="" type="checkbox"/>
3	7	Angelita Broadbelt	Thames Valley Harriers	66.4	51	<input checked="" type="checkbox"/>
4	5	Kathryn Dunn	Liverpool Harriers A C	67.1		<input checked="" type="checkbox"/>
5	2	Katie Murray	Blackheath & Bromley	71.0		
6	1	Felicity Gilbert	Aldershot, Farnham & Distr	72.2		
7						
8						

Women's 400m Hurdles B

1	44	Emma Kavanagh	Herts, Phoenix	66.3	53	<input checked="" type="checkbox"/>
2	88	Anna Leyshon	Swansea Harriers	66.5	50	<input checked="" type="checkbox"/>
3	77	Isuara Johnston	Thames Valley Harriers	72.7		
4	22	Carolyna Jones-Baldock	Blackheath & Bromley	80.6		
5	11	Sam Male	Aldershot, Farnham & Distri	86.4		
6						
7						
8						

Women's 100m Hurdles A

Wind=

1	8	Heather Jones	Swansea Harriers	14.4	126	<input checked="" type="checkbox"/>
2	5	Katey Read	Liverpool Harriers A C	14.9	93	<input checked="" type="checkbox"/>
3	7	Angelita Broadbelt	Thames Valley Harriers	15.3	66	<input checked="" type="checkbox"/>
4	4	Ciaran Andrews	Herts, Phoenix	15.7		<input checked="" type="checkbox"/>
5	6	Helen Morton	Newham & E	17.8		
6	2	Katy Benneworth	Blackheath & Bromley	18.4		
7	1	Felicity Gilbert	Aldershot, Farnham & Distr	18.5		
8						

Women's 100m Hurdles B

Wind=

1	55	Ashley Helsby	Liverpool Harriers A C	15.1	80	<input checked="" type="checkbox"/>
2	44	Nicky Burrows	Herts, Phoenix	15.8		<input checked="" type="checkbox"/>
3	88	Elin Leyshow	Swansea Harriers	18.4		
4	77	Isuara Johnston	Thames Valley Harriers	19.0		
5	22	Amy Godsell	Blackheath & Bromley	19.4		
6						
7						
8						

Women's Hammer A

1	2	Rachel Blackie	Blackheath & Bromley	50.02	122	<input checked="" type="checkbox"/>
2	8	Nicola Stevens	Swansea Harriers	48.84	115	<input checked="" type="checkbox"/>
3	5	Vicky Johnson	Liverpool Harriers A C	42.24	79	<input checked="" type="checkbox"/>
4	7	Ellisha Dee	Thames Valley Harriers	41.29	73	<input checked="" type="checkbox"/>
5	4	Katie Parker	Herts, Phoenix	29.66		
6	6	Adele Stach-Keviz	Newham & E	28.62		
7	1	Rachel Fraser	Aldershot, Farnham & Distr	27.82		
8						

Women's Hammer B

1	88	Charlotte Murray	Swansea Harriers	46.21	101	<input checked="" type="checkbox"/>
2	55	Gemma Llewellyn	Liverpool Harriers A C	23.70		
3	22	Shaunagh Brown	Blackheath & Bromley	23.13		
4	77	Emma Grant	Thames Valley Harriers	19.99		
5	44	Nikki Silva	Herts, Phoenix	14.25		
6	11	Felicity Gilbert	Aldershot, Farnham & Distri	5.55		
7						
8						

Women's Discus A

1	2	Shaunagh Brown	Blackheath & Bromley	46.20	132	<input checked="" type="checkbox"/>
2	5	Gemma Llewellyn	Liverpool Harriers A C	41.79	104	<input checked="" type="checkbox"/>
3	7	Ellisha Dee	Thames Valley Harriers	38.13	82	<input checked="" type="checkbox"/>
4	88	Annen James	Swansea Harriers	31.60		<input checked="" type="checkbox"/>
5	44	Katie Parker	Herts, Phoenix	25.09		
6	1	Sam Male	Aldershot, Farnham & Distr	22.57		
7	6	Adele Stach-Keviz	Newham & E	17.59		
8						

Women's Discus B

1	55	Faye Jones	Liverpool Harriers A C	32.80		<input checked="" type="checkbox"/>
2	22	Rachel Blackie	Blackheath & Bromley	30.59		<input checked="" type="checkbox"/>
3	8	Nicola Stevens	Swansea Harriers	27.61		
4	77	Riquita Samuel	Thames Valley Harriers	21.17		
5	4	Peta Lundgren	Herts, Phoenix	20.14		
6	11	Rachel Fraser	Aldershot, Farnham & Distri	19.82		
7	66	Melissa Strevens	Newham & E	14.72		
8						

Women's Javelin A

1	88	Sara Siggery	Swansea Harriers	42.88	118	<input checked="" type="checkbox"/>
2	4	Peta Lundgren	Herts, Phoenix	40.16	101	<input checked="" type="checkbox"/>
3	7	Natalie Spencer	Thames Valley Harriers	35.56	72	<input checked="" type="checkbox"/>
4	1	Sam Male	Aldershot, Farnham & Distr	28.12		
5	5	Vicky Johnson	Liverpool Harriers A C	22.01		
6	2	Liz Hughes	Blackheath & Bromley	9.65		
7						
8						

Women's Javelin B

1	8	Alison Siggery	Swansea Harriers	40.45	102	<input checked="" type="checkbox"/>
2	44	Emma Kavanagh	Herts, Phoenix	22.09		
3	11	Antonia Bemrose	Aldershot, Farnham & Distri	21.88		
4	77	Riquita Samuel	Thames Valley Harriers	20.00		
5	55	Rebecca Nuttall	Liverpool Harriers A C	13.66		
6	22	Maureen Miller	Blackheath & Bromley	9.41		
7						
8						

National Division 3 - Wavertree Liverpool

Perf Record Wind UKA AW Sunday 5th August 2007

Women's Shot Putt A

	Perf	Record	Wind	UKA	AW
1	2	Shaunagh Brown	Blackheath & Bromley	13.03	
2	5	Gemma Llewellyn	Liverpool Harriers A C	11.05	
3	88	Charlotte Murray	Swansea Harriers	10.38	
4	7	Elisha Dee	Thames Valley Harriers	10.29	
5	4	Peta Lundgren	Herts, Phoenix	9.75	
6	1	Rachel Fraser	Aldershot, Farnham & Distr	7.43	
7	6	Melissa Strevens	Newham & E	6.45	
8					

Women's Shot Putt B

	Perf	Record	Wind	UKA	AW
1	55	Vicky Johnson	Liverpool Harriers A C	10.85	67
2	22	Liz Hughes	Blackheath & Bromley	10.54	60
3	8	Nicola Stevens	Swansea Harriers	9.42	
4	77	Riquita Samuel	Thames Valley Harriers	7.28	
5	44	Katie Parker	Herts, Phoenix	6.59	
6	66	Susannah Banjo	Newham & E	5.91	
7	11	Clementine Adams	Aldershot, Farnham & Distr	4.42	
8					

Women's Long Jump A

	Perf	Record	Wind	UKA	AW
1	5	Sally Peake	Liverpool Harriers A C	5.80	112
2	6	Charis O'Connor	Newham & E	5.51	76
3	1	Rosie Curling	Aldershot, Farnham & Distr	5.37	58
4	2	Katy Benneworth	Blackheath & Bromley	5.30	49
5	4	Ciaran Andrews	Herts, Phoenix	5.20	
6	7	Karolin Tsarski	Thames Valley Harriers	4.98	
7	8	Carly Austin	Swansea Harriers	4.84	
8					

Women's Long Jump B

	Perf	Record	Wind	UKA	AW
1	22	Lauren Blackie	Blackheath & Bromley	5.23	
2	11	Antonia Bemrose	Aldershot, Farnham & Distr	4.96	
3	66	Temi Erinoso	Newham & E	4.90	
4	77	RachelChristie	Thames Valley Harriers	4.60	
5	44	Zoe Delaney	Herts, Phoenix	4.46	
6	55	Laura Holdsworth	Liverpool Harriers A C	4.33	
7	88	Kathryn Healey	Swansea Harriers	3.80	
8					

Women's Triple Jump A

	Perf	Record	Wind	UKA	AW
1	5	Sally Peake	Liverpool Harriers A C	12.05	115
2	2	Lauren Blackie	Blackheath & Bromley	11.70	97
3	88	Sian Davies	Swansea Harriers	11.31	78
4	44	Christina Silva	Herts, Phoenix	10.60	
5	77	Natalie Spencer	Thames Valley Harriers	9.39	
6					
7					
8					

Women's Triple Jump B

	Perf	Record	Wind	UKA	AW
1	22	Katy Benneworth	Blackheath & Bromley	10.79	52
2	55	Rachel Thomas	Liverpool Harriers A C	10.15	
3	4	Emma Kemp	Herts, Phoenix	9.98	
4	8	Carly Austin	Swansea Harriers	9.39	
5	7	Lisa Blackman	Thames Valley Harriers	8.44	
6					
7					
8					

Women's High Jump A

	Perf	Record	Wind	UKA	AW
1	8	Ceri Stokoe	Swansea Harriers	1.73	135
2	6	Charis O'Connor	Newham & E	1.70	120
3	1	Antonia Bemrose	Aldershot, Farnham & Distr	1.60	70
4	7	RachelChristie	Thames Valley Harriers	1.55	
5=	2	Katie Murray	Blackheath & Bromley	1.50	
5=	44	Hayley Wills	Herts, Phoenix	1.50	
7	5	Kathryn Dunn	Liverpool Harriers A C	1.50	

Women's High Jump B

	Perf	Record	Wind	UKA	AW
1	66	Helen Morton	Newham & E	1.55	
2	88	Rhian Horlock	Swansea Harriers	1.55	
3	11	Rosie Curling	Aldershot, Farnham & Distr	1.50	
4	4	Emma Kavanagh	Herts, Phoenix	1.50	
5	77	Natalie Spencer	Thames Valley Harriers	1.45	
6	22	Rachel Arnheim	Blackheath & Bromley	1.40	
7	55	Rebecca Nuttall	Liverpool Harriers A C	1.25	

Women's Pole Vault A

	Perf	Record	Wind	UKA	AW
1	2	Liz Hughes	Blackheath & Bromley	3.45	130
2	8	Anna Leyshon	Swansea Harriers	2.70	55
3	5	Rachel Thomas	Liverpool Harriers A C	2.70	55
4	6	Melissa Strevens	Newham & E	2.50	

Women's Pole Vault B

	Perf	Record	Wind	UKA	AW
1	22	Rachel Arnheim	Blackheath & Bromley	3.45	130
2	66	Helen Morton	Newham & E	2.30	

Women's 4x100m Relay

	Perf	Record	Wind	UKA	AW			
1	2	Blackheath & Bromley	Katy Benneworth	Vicki Cole	Lauren Blackie	Amy Godsell	48.3	
2	4	Herts, Phoenix	Nicky Burows	Hayley Wills	Emma Kemp	Ciaran Andrews	49.2	
3	5	Liverpool Harriers A C	Ashley Helsby	Katey Read	Laura Holdsworth	Carmen Gedling	49.7	
4	8	Swansea Harriers	Leri Davies	Sian Davies	Anna Leyshon	Heather Jones	50.4	
5	7	Thames Valley Harriers	RachelChristie	Renee Robson	Ambwene Simukonda	Jodyann Walker	50.4	
6	6	Newham & E	Davine Thomas	Temi Erinoso	Henrietta Kodilinye Sims	Kara Graham	50.9	
7	1	Aldershot, Farnham & Dis	Felicity Gilbert	Rebecca Gray	Rosie Curling	Rhiannon Burden	DSQ	
8								

National Division 3 - Wavertree Liverpool

Perf Record Wind UKA AW Sunday 5th August 2007

Perf Wind UKA AW

Women's 4x400m Relay

1	4	Herts, Phoenix	Emma Kemp	Christina Silva	Nikki Silva	Hayley Wills	03:50.4	<input checked="" type="checkbox"/>
2	7	Thames Valley Harriers	Karolin Tsarski	Chrissie Foster	Rachel Christie	Renee Robson	03:51.6	<input checked="" type="checkbox"/>
3	5	Liverpool Harriers A C	Kathryn Dunn	Rebecca Nuttall	Carmen Gedling	Vicky Griffiths	03:55.0	<input checked="" type="checkbox"/>
4	2	Blackheath & Bromley	Vanessa Nakangu	Maureen Miller	Vicki Cole	Sam Singer	04:07.0	<input checked="" type="checkbox"/>
5	1	Aldershot, Farnham & Dis	Rosie Curling	Emily Adams	Rhiannon Burden	Clementine Adams	04:08.4	<input checked="" type="checkbox"/>
6	8	Swansea Harriers	Elin Leyshon	Non Stanford	Eleanor Sherrard Smith	Leri Davies	04:16.9	
7								
8								

MATCH RESULT	League Points	Match	STANDINGS	League Points	Match
1 Blackheath & Bromley	8	209.5	1 Swansea H	22	626.5
2 Liverpool Harriers	7	205.0	2 Liverpool Harriers	20	569.5
3 Swansea H	6	200.0	3 Blackheath & Bromley	20	560.5
4 Herts Phoenix	5	162.5	4 Herts Phoenix	13	493.5
5 TVH	4	149.0	5 Newham & Essex B	13	448.0
6 Aldershot Farnham & D	3	109.0	6 TVH	10	421.0
7 Newham & Essex B	2	99.0	7 Aldershot Farnham & D	7	297.0
8 Norwich	1		8 Norwich	1	

UK Women's Athletics League 2007

National Division 3 - Wavertree Liverpool

Sunday 5th August 2007

Events	shot Farnham	kheath & Bro	Norwich	Herts Phoenix	Liverpool Harrier	Wham & Essex	TVH	Swansea H	UNUSED	TOTAL										
Women's 100m	9	5	6	7	4	3	5	9	2	4	3	2	7	6	1	1	37	37		
Women's 200m			5	7			3	6	6	5	7	9	9	4	4	3	3	37	37	
Women's 400m	2	5	6	9			7	3	5	6	9	4	4	7	3	2	1	1	37	37
Women's 800m	7	9	4	6			5	3	9	4			3	7	6	5	3	3	37	37
Women's 1500m	7		5	7			3	4	9	9			4	5	6	6	3	6	37	37
Women's 3000m S/Chase																				
Women's 3000m			5	5			6	6	7	7	4			9	9	6	10	37	37	
Women's 400m Hurdles	3	4	4	5			7	9	5			6	6	9	7	3	6	37	37	
Women's 100m Hurdles	2		3	4			5	7	7	9	4		6	5	9	6	1	6	37	37
Women's Hammer	2	3	9	6			4	4	6	7	3		5	5	7	9	1	3	37	37
Women's Discus	3	3	9	7			4	4	7	9	2	2	6	5	5	6	1	1	37	37
Women's Javelin	5	6	3	3			7	7	4	4			6	5	9	9	3	3	37	37
Women's Shot Putt	3	2	9	7			4	4	7	9	2	3	5	5	6	6	1	1	37	37
Women's Long Jump	6	7	5	9			4	4	9	3	7	6	3	5	2	2	1	1	37	37
Women's Triple Jump			7	9			5	6	9	7			4	4	6	5	6	6	37	37
Women's High Jump	6	6	3.5	3			3.5	5	2	2	7	9	5	4	9	7	1	1	37	37
Women's Pole Vault			9	9					6		5	7		7		10	21	37	37	
Women's 4x100m Relay			9				7		6		3		4		5		3	37	37	
Women's 4x400m Relay	4		5				9		6				7		3		3	37	37	
	59	50	107	103			87.5	75	115	90	55	44	80	69	112	88	51	147	666	666

Match Summary	shot Farnham	kheath & Bro	Norwich	Herts Phoenix	Liverpool Harrier	Wham & Essex	TVH	Swansea H	UNUSED	TOTAL
Teams	109.0	209.5		162.5	205.0	99.0	149.0	200.0	198.0	1332.0
Match Position	6	1	8	4	2	7	5	3		
League Points	3	8	1	5	7	2	4	6		

Standings	shot Farnham	kheath & Bro	Norwich	Herts Phoenix	Liverpool Harrier	Wham & Essex	TVH	Swansea H
League Points	7.0	20.0	1.0	13.0	20.0	13.0	10.0	22.0
Match Points	297.0	560.5		493.5	569.5	448.0	421.0	626.5
League Positions	7	3	8	4	2	5	6	1

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 3		VENUE		Wavertree Liverpool		DATE		Sunday 5th August 2007							
EVENT		Women's Hammer		TIME		12:00		RECORD		67.94m		Lorraine Shaw, Sale Harriers, 67.94m					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B			
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B		
1	4	Katie Parker	Herts, Phoenix	29.49	29.65	29.59	29.65	6	29.66	29.13	NT	29.66	6	A	5		
2	5	Vicky Johnson	Liverpool Harriers A C	NT	40.95	38.32	40.95	5	41.49	NT	42.24	42.24	4	A	3		
3	8	Nicola Stevens	Swansea Harriers	NT	44.44	48.84	48.84	2	47.66	NT	43.85	48.84	2	A	2		
4	1	Rachel Fraser	Aldershot, Farnham & Distri	NT	25.32	25.91	25.91	8	NT	27.82	27.35	27.82	8	A	7		
5	2	Rachel Blackie	Blackheath & Bromley	49.62	50.02	NT	50.02	1	48.21	NT	49.41	50.02	1	A	1		
6	7	Elisha Dee	Thames Valley Harriers	40.68	41.29	40.17	41.29	4	NT	NT	NT	41.29	5	A	4		
7	3	-	City of Norwich														
8	6	Adele Stach-Keviiz	Newham & E	23.03	26.17	26.69	26.69	7	NT	28.62	27.39	28.62	7	A	6		
9	44	Nikki Silva	Herts, Phoenix	12.24	14.25	12.30	14.25	12				14.25	12	B		5	
10	55	Gemma Llewellyn	Liverpool Harriers A C	21.31	23.12	23.70	23.70	9				23.70	9	B		2	
11	88	Charlotte Murray	Swansea Harriers	NT	43.24	43.38	43.38	3	43.73	44.06	46.21	46.21	3	B		1	
12	11	Felicity Gilbert	Aldershot, Farnham & Distri	5.55			5.55	13				5.55	13	B		6	
13	22	Shaunagh Brown	Blackheath & Bromley	NT	22.41	23.13	23.13	10				23.13	10	B		3	
14	77	Emma Grant	Thames Valley Harriers	14.96	NT	19.99	19.99	11				19.99	11	B		4	
15	33	-	City of Norwich														
16	66	-	Newham & E														

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	2	Rachel Blackie	Blackheath & Bromley	50.02	1	88	Charlotte Murray	Swansea Harriers	46.21		
2	8	Nicola Stevens	Swansea Harriers	48.84	2	55	Gemma Llewellyn	Liverpool Harriers A C	23.70		
3	5	Vicky Johnson	Liverpool Harriers A C	42.24	3	22	Shaunagh Brown	Blackheath & Bromley	23.13		
4	7	Elisha Dee	Thames Valley Harriers	41.29	4	77	Emma Grant	Thames Valley Harriers	19.99		
5	4	Katie Parker	Herts, Phoenix	29.66	5	44	Nikki Silva	Herts, Phoenix	14.25		
6	6	Adele Stach-Keviiz	Newham & E	28.62	6	11	Felicity Gilbert	Aldershot, Farnham & District	5.55	REFEREE'S SIGNATURE	
7	1	Rachel Fraser	Aldershot, Farnham & Distric	27.82	7						
8					8						

Results by Sprints Software 07973 827735

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 3		VENUE		Wavertree Liverpool		DATE		Sunday 5th August 2007							
EVENT		Women's Discus		TIME		13:40		RECORD		62.18m		M Ritchie, Edinburgh, 62.18m					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B			
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B		
1	1	Sam Male	Aldershot, Farnham & District	17.67	19.22	22.57	22.57	9				22.57	9	A	6		
2	3	-	City of Norwich														
3	7	Elisha Dee	Thames Valley Harriers	34.61	38.13	36.46	38.13	3	NT	33.59		38.13	3	A	3		
4	6	Adele Stach-Keviiz	Newham & E	17.59			17.59	13				17.59	13	A	7		
5	8	Nicola Stevens	Swansea Harriers	NT	23.95	25.08	25.08	7	27.61	25.88	NT	27.61	7	B		3	
6	5	Gemma Llewellyn	Liverpool Harriers A C	41.79	40.22	38.93	41.79	2	37.85	39.41	38.76	41.79	2	A	2		
7	2	Shaunagh Brown	Blackheath & Bromley	39.03	44.79	NT	44.79	1	NT	45.57	46.20	46.20	1	A	1		
8	4	Peta Lundgren	Herts, Phoenix	NT	20.14	19.60	20.14	11				20.14	11	B		5	
9	11	Rachel Fraser	Aldershot, Farnham & District	15.32	19.43	19.82	19.82	12				19.82	12	B		6	
10	33	-	City of Norwich														
11	77	Riquita Samuel	Thames Valley Harriers	20.67	21.17	19.68	21.17	10				21.17	10	B		4	
12	66	Melissa Strevens	Newham & E	11.36	NT	14.72	14.72	14				14.72	14	B		7	
13	88	Annen James	Swansea Harriers	30.95	31.60	NT	31.60	4	NT	31.09	31.60	31.60	5	A	4		
14	55	Faye Jones	Liverpool Harriers A C	30.61	25.18	30.29	30.61	5	NT	32.80	NT	32.80	4	B		1	
15	22	Rachel Blackie	Blackheath & Bromley	25.82	NT	30.59	30.59	6	30.32	29.06	NT	30.59	6	B		2	
16	44	Katie Parker	Herts, Phoenix	22.77	22.85	24.71	24.71	8	23.54	25.09	24.79	25.09	8	A	5		

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	2	Shaunagh Brown	Blackheath & Bromley	46.20	1	55	Faye Jones	Liverpool Harriers A C	32.80		
2	5	Gemma Llewellyn	Liverpool Harriers A C	41.79	2	22	Rachel Blackie	Blackheath & Bromley	30.59		
3	7	Elisha Dee	Thames Valley Harriers	38.13	3	8	Nicola Stevens	Swansea Harriers	27.61		
4	88	Annen James	Swansea Harriers	31.60	4	77	Riquita Samuel	Thames Valley Harriers	21.17		
5	44	Katie Parker	Herts, Phoenix	25.09	5	4	Peta Lundgren	Herts, Phoenix	20.14		
6	1	Sam Male	Aldershot, Farnham & District	22.57	6	11	Rachel Fraser	Aldershot, Farnham & District	19.82	REFEREE'S SIGNATURE	
7	6	Adele Stach-Keviiz	Newham & E	17.59	7	66	Melissa Strevens	Newham & E	14.72		
8					8						

Results by Sprints Software 07973 827735

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 3		VENUE		Wavertree Liverpool		DATE		Sunday 5th August 2007						
EVENT		Women's Javelin		TIME		15:20		RECORD		57.99m K Morgan, Windsor, 57.99m						
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	6	-	Newham & E													
2	7	Natalie Spencer	Thames Valley Harriers	34.62	NT	34.48	34.62	4	31.86	35.56		35.56	4	A	3	
3	4	Peta Lundgren	Herts, Phoenix	39.82	40.16	38.27	40.16	3	36.60	NT	NT	40.16	3	A	2	
4	5	Vicky Johnson	Liverpool Harriers A C	19.15	21.74	22.01	22.01	7	NT	NT	NT	22.01	7	A	5	
5	3	-	City of Norwich													
6	8	Alison Siggery	Swansea Harriers	36.73	40.45	NT	40.45	2	39.74	NT	NT	40.45	2	B		1
7	2	Liz Hughes	Blackheath & Bromley	NT	9.65	NT	9.65	11				9.65	11	A	6	
8	1	Sam Male	Aldershot, Farnham & Distri	25.01	27.10	NT	27.10	5	NT		28.12	28.12	5	A	4	
9	66	-	Newham & E													
10	77	Riquita Samuel	Thames Valley Harriers	NT	20.00	NT	20.00	9				20.00	9	B		4
11	44	Emma Kavanagh	Herts, Phoenix	20.67	17.82	22.09	22.09	6				22.09	6	B		2
12	55	Rebecca Nuttall	Liverpool Harriers A C	13.38	13.66	NT	13.66	10				13.66	10	B		5
13	33	-	City of Norwich													
14	88	Sara Siggery	Swansea Harriers	39.78	NT	41.67	41.67	1	42.88	NT	NT	42.88	1	A	1	
15	22	Maureen Miller	Blackheath & Bromley	7.44	9.41		9.41	12				9.41	12	B		6
16	11	Antonia Bemrose	Aldershot, Farnham & Distri	17.43	21.07	18.80	21.07	8	18.07	20.52	21.88	21.88	8	B		3

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	88	Sara Siggery	Swansea Harriers	42.88	1	8	Alison Siggery	Swansea Harriers	40.45		
2	4	Peta Lundgren	Herts, Phoenix	40.16	2	44	Emma Kavanagh	Herts, Phoenix	22.09		
3	7	Natalie Spencer	Thames Valley Harriers	35.56	3	11	Antonia Bemrose	Aldershot, Farnham & District	21.88		
4	1	Sam Male	Aldershot, Farnham & District	28.12	4	77	Riquita Samuel	Thames Valley Harriers	20.00		
5	5	Vicky Johnson	Liverpool Harriers A C	22.01	5	55	Rebecca Nuttall	Liverpool Harriers A C	13.66		
6	2	Liz Hughes	Blackheath & Bromley	9.65	6	22	Maureen Miller	Blackheath & Bromley	9.41	REFEREE'S SIGNATURE	
7					7						
8					8						

Results by Sprints Software 07973 827735

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 3		VENUE		Wavertree Liverpool		DATE		Sunday 5th August 2007							
EVENT		Women's Shot Putt		TIME		15:00		RECORD		18.88m		Judy Oakes, Croydon, 18.88m					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B			
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B		
1	5	Gemma Llewellyn	Liverpool Harriers A C	10.43	NT	10.60	10.60	3	11.05	NT	10.65	11.05	2	A	2		
2	1	Rachel Fraser	Aldershot, Farnham & Distri	7.43	7.23		7.43	9				7.43	9	A	6		
3	7	Elisha Dee	Thames Valley Harriers	10.29	9.94		10.29	6				10.29	6	A	4		
4	4	Peta Lundgren	Herts, Phoenix	9.75			9.75	7				9.75	7	A	5		
5	2	Shaunagh Brown	Blackheath & Bromley	12.37	12.64	NT	12.64	1	12.29	13.03	NT	13.03	1	A	1		
6	6	Melissa Strevens	Newham & E	5.95	6.36	6.45	6.45	12				6.45	12	A	7		
7	3	-	City of Norwich														
8	8	Nicola Stevens	Swansea Harriers	9.28	9.04	8.94	9.28	8	9.42	NT	NT	9.42	8	B		3	
9	55	Vicky Johnson	Liverpool Harriers A C	10.68	10.85	10.41	10.85	2	10.46	NT	NT	10.85	3	B		1	
10	11	Clementine Adams	Aldershot, Farnham & Distri	3.84	4.42		4.42	14				4.42	14	B		7	
11	77	Riquita Samuel	Thames Valley Harriers	6.60	6.78	7.28	7.28	10				7.28	10	B		4	
12	44	Katie Parker	Herts, Phoenix	6.59	6.40		6.59	11				6.59	11	B		5	
13	22	Liz Hughes	Blackheath & Bromley	10.25	9.69	10.49	10.49	4	9.99	10.45	10.54	10.54	4	B		2	
14	66	Susannah Banjo	Newham & E	5.91			5.91	13				5.91	13	B		6	
15	33	-	City of Norwich														
16	88	Charlotte Murray	Swansea Harriers	9.51	9.86	10.38	10.38	5	10.03	10.09	NT	10.38	5	A	3		

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	2	Shaunagh Brown	Blackheath & Bromley	13.03	1	55	Vicky Johnson	Liverpool Harriers A C	10.85		
2	5	Gemma Llewellyn	Liverpool Harriers A C	11.05	2	22	Liz Hughes	Blackheath & Bromley	10.54		
3	88	Charlotte Murray	Swansea Harriers	10.38	3	8	Nicola Stevens	Swansea Harriers	9.42		
4	7	Elisha Dee	Thames Valley Harriers	10.29	4	77	Riquita Samuel	Thames Valley Harriers	7.28		
5	4	Peta Lundgren	Herts, Phoenix	9.75	5	44	Katie Parker	Herts, Phoenix	6.59		
6	1	Rachel Fraser	Aldershot, Farnham & Distri	7.43	6	66	Susannah Banjo	Newham & E	5.91	REFEREE'S SIGNATURE	
7	6	Melissa Strevens	Newham & E	6.45	7	11	Clementine Adams	Aldershot, Farnham & District	4.42		
8					8						

Results by Sprints Software 07973 827735

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 3		VENUE		Wavertree Liverpool		DATE		Sunday 5th August 2007						
EVENT		Women's Long Jump		TIME		12:00		RECORD		6.69m		Fiona May, Derby, 6.69m				
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	6	Charis O'Connor	Newham & E	5.39	5.18	5.51	5.51	2	5.10	5.23		5.51	2	A	2	
2	8	Carly Austin	Swansea Harriers	NJ	4.84	NJ	4.84	10				4.84	10	A	7	
3	2	Katy Benneworth	Blackheath & Bromley	4.90	4.96	5.22	5.22	5	5.18	5.30	5.30	5.30	4	A	4	
4	4	Ciaran Andrews	Herts, Phoenix	4.78	5.20	4.91	5.20	6	4.80	4.88	4.78	5.20	6	A	5	
5	1	Rosie Curling	Aldershot, Farnham & Distri	5.37	4.40	4.98	5.37	3	5.30	NJ	NJ	5.37	3	A	3	
6	5	Sally Peake	Liverpool Harriers A C	5.80	4.16	5.70	5.80	1	5.76			5.80	1	A	1	
7	7	Karolin Tsarski	Thames Valley Harriers	4.98	4.89	4.79	4.98	7				4.98	7	A	6	
8	3	-	City of Norwich													
9	66	Temi Erinoso	Newham & E	4.87	4.75	4.90	4.90	9				4.90	9	B		3
10	88	Kathryn Healey	Swansea Harriers	3.57	3.80	2.67	3.80	14				3.80	14	B		7
11	22	Lauren Blackie	Blackheath & Bromley	NJ	5.23	NJ	5.23	4	NJ	NJ	NJ	5.23	5	B		1
12	44	Zoe Delaney	Herts, Phoenix	4.46	4.37	NJ	4.46	12				4.46	12	B		5
13	11	Antonia Bemrose	Aldershot, Farnham & Distri	4.96	2.18	4.82	4.96	8	4.72	4.66		4.96	8	B		2
14	55	Laura Holdsworth	Liverpool Harriers A C	NJ	3.54	4.33	4.33	13				4.33	13	B		6
15	77	RachelChristie	Thames Valley Harriers	4.50	4.33	4.60	4.60	11				4.60	11	B		4
16	33	-	City of Norwich													

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	5	Sally Peake	Liverpool Harriers A C	5.80	1	22	Lauren Blackie	Blackheath & Bromley	5.23		
2	6	Charis O'Connor	Newham & E	5.51	2	11	Antonia Bemrose	Aldershot, Farnham & District	4.96		
3	1	Rosie Curling	Aldershot, Farnham & Distric	5.37	3	66	Temi Erinoso	Newham & E	4.90		
4	2	Katy Benneworth	Blackheath & Bromley	5.30	4	77	RachelChristie	Thames Valley Harriers	4.60		
5	4	Ciaran Andrews	Herts, Phoenix	5.20	5	44	Zoe Delaney	Herts, Phoenix	4.46		
6	7	Karolin Tsarski	Thames Valley Harriers	4.98	6	55	Laura Holdsworth	Liverpool Harriers A C	4.33	REFEREE'S SIGNATURE	
7	8	Carly Austin	Swansea Harriers	4.84	7	88	Kathryn Healey	Swansea Harriers	3.80		
8					8						

Results by Sprints Software 07973 827735

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 3		VENUE		Wavertree Liverpool		DATE		Sunday 5th August 2007							
EVENT		Women's Triple Jump		TIME		14:00		RECORD		14.55m		Y Aldama, Shaftesbury Barnet H, 14.55m					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B			
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B		
1	3	-	City of Norwich														
2	6	-	Newham & E														
3	7	-	Aldershot, Farnham & Distri														
4	4	Emma Kemp	Herts, Phoenix	9.79	NJ	NJ	9.79	7	9.59	9.98	NJ	9.98	7	B		3	
5	8	Carly Austin	Swansea Harriers	NJ	NJ	9.39	9.39	9				9.39	9	B		4	
6	7	Lisa Blackman	Thames Valley Harriers	8.40	8.44	NJ	8.44	10				8.44	10	B		5	
7	5	Sally Peake	Liverpool Harriers A C	NJ	12.05	NJ	12.05	1	NJ	NJ	NJ	12.05	1	A	1		
8	2	Lauren Blackie	Blackheath & Bromley	NJ	11.40	11.61	11.61	2	NJ	11.70	11.70	11.70	2	A	2		
9	33	-	City of Norwich														
10	66	-	Newham & E														
11	11	-	Aldershot, Farnham & Distri														
12	44	Christina Silva	Herts, Phoenix	9.90	10.30	NJ	10.30	5	10.40	10.60	NJ	10.60	5	A	4		
13	88	Sian Davies	Swansea Harriers	10.74	11.04	11.13	11.13	3	10.91	11.31	11.12	11.31	3	A	3		
14	77	Natalie Spencer	Thames Valley Harriers	8.79	9.20	9.39	9.39	8				9.39	8	A	5		
15	55	Rachel Thomas	Liverpool Harriers A C	10.05	10.15	NJ	10.15	6	NJ	NJ	NJ	10.15	6	B		2	
16	22	Katy Benneworth	Blackheath & Bromley	9.89	10.55	10.08	10.55	4	10.48	10.66	10.79	10.79	4	B		1	

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	5	Sally Peake	Liverpool Harriers A C	12.05	1	22	Katy Benneworth	Blackheath & Bromley	10.79		
2	2	Lauren Blackie	Blackheath & Bromley	11.70	2	55	Rachel Thomas	Liverpool Harriers A C	10.15		
3	88	Sian Davies	Swansea Harriers	11.31	3	4	Emma Kemp	Herts, Phoenix	9.98		
4	44	Christina Silva	Herts, Phoenix	10.60	4	8	Carly Austin	Swansea Harriers	9.39		
5	77	Natalie Spencer	Thames Valley Harriers	9.39	5	7	Lisa Blackman	Thames Valley Harriers	8.44		
6					6					REFEREE'S SIGNATURE	
7					7						
8					8						

Results by Sprints Software 07973 827735

UK ATHLETICS: HEIGHT CARD

MEETING		National Division 3				VENUE		Wavertree Liverpool							DATE		Sunday 5th August 2007							
EVENT		Women's High Jump				TIME		13:30		League Record			1.91m		Debbi Marti, Bromley, 1.91m									
Order	No	NAME	CLUB	1.25	1.35	1.40	1.45	1.50	1.55	1.60	1.65	170.00	1.73	1.76		Best of All	Trials at HL Cleared	Total	Failures	Total	Trials	Final Position	A or B	
				Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres								
1	2	Katie Murray	Blackheath & Bromley		0	0	0	0								1.50						7	A	5
2	5	Kathryn Dunn	Liverpool Harriers A C			0	0	x0	xxx							1.50						11	A	7
3	3	-	City of Norwich																					
4	1	Antonia Bemrose	Aldershot, Farnham & District					0	0	0	xxx					1.60						3	A	3
5	7	Rachel Christie	Thames Valley Harriers			0	0	x0	x0	xxx						1.55						5	A	4
6	8	Ceri Stokoe	Swansea Harriers								0	x0	0	xxx		1.73						1	A	1
7	6	Charis O'Connor	Newham & E								0	0	xxx			1.70						2	A	2
8	4	Emma Kavanagh	Herts, Phoenix				x0	0	xxx							1.50						10	B	4
9	22	Rachel Arnheim	Blackheath & Bromley		x0	0	xxx									1.40						13	B	6
10	55	Rebecca Nuttall	Liverpool Harriers A C	0												1.25						14	B	7
11	33	-	City of Norwich																					
12	11	Rosie Curling	Aldershot, Farnham & District			0	0	0	xx							1.50						9	B	3
13	77	Natalie Spencer	Thames Valley Harriers			0	0	xxx								1.45						12	B	5
14	88	Rhian Horlock	Swansea Harriers			0	0	x0	x0	xxx						1.55						5	B	2
15	66	Helen Morton	Newham & E					x0	0	xxx						1.55						4	B	1
16	44	Hayley Wills	Herts, Phoenix		0	0	0	0								1.50						7	A	5

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES		
Posn	No.	NAME	CLUB	HEIGHT	Posn	No.	NAME	CLUB	HEIGHT			
1	8	Ceri Stokoe	Swansea Harriers	1.73	1	66	Helen Morton	Newham & E	1.55			
2	6	Charis O'Connor	Newham & E	1.70	2	88	Rhian Horlock	Swansea Harriers	1.55			
3	1	Antonia Bemrose	Aldershot, Farnham & District	1.60	3	11	Rosie Curling	Aldershot, Farnham & District	1.50			
4	7	Rachel Christie	Thames Valley Harriers	1.55	4	4	Emma Kavanagh	Herts, Phoenix	1.50			
5=	2	Katie Murray	Blackheath & Bromley	1.50	5	77	Natalie Spencer	Thames Valley Harriers	1.45			
5=	44	Hayley Wills	Herts, Phoenix	1.50	6	22	Rachel Arnheim	Blackheath & Bromley	1.40	REFEREE'S SIGNATURE		
7	5	Kathryn Dunn	Liverpool Harriers A C	1.50	7	55	Rebecca Nuttall	Liverpool Harriers A C	1.25			

UK ATHLETICS: HEIGHT CARD

MEETING		National Division 3				VENUE		Wavertree Liverpool								DATE		Sunday 5th August 2007						
EVENT		Women's Pole Vault				TIME		12:00		League Record			4.20m			Jannine Whitlock, Trafford, 4.20m								
Order	No	NAME	CLUB	2.10	2.30	2.50	2.70	2.80	3.15	3.25	3.35	3.45	3.55			Best of All	Trials at HT Cleared	Total	Failures	Total	Trials	Final Position	A or B	
				Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres								
1	7	-	Thames Valley Harriers																					
2	1	-	Aldershot, Farnham & District																					
3	6	Melissa Strevens	Newham & E		xo	xo	xxx									2.50						5	A	4
4	2	Liz Hughes	Blackheath & Bromley							o		o	xxx			3.45						1	A	1
5	4	-	Herts, Phoenix																					
6	3	-	City of Norwich																					
7	5	Rachel Thomas	Liverpool Harriers A C			xo	xxo	xxx								2.70						4	A	3
8	8	Anna Leyshon	Swansea Harriers		o	o	xo									2.70						3	A	2
9	77	-	Thames Valley Harriers																					
10	11	-	Aldershot, Farnham & District																					
11	66	Helen Morton	Newham & E	o	o	xxx										2.30						6	B	2
12	22	Rachel Arnheim	Blackheath & Bromley						o	o	o	xxo	xxx			3.45						2	B	1
13	44	-	Herts, Phoenix																					
14	33	-	City of Norwich																					
15	55	-	Liverpool Harriers A C																					
16	88	Elin Leyshon	Swansea Harriers																					

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES		
Posn	No.	NAME	CLUB	HEIGHT	Posn	No.	NAME	CLUB	HEIGHT			
1	2	Liz Hughes	Blackheath & Bromley	3.45	1	22	Rachel Arnheim	Blackheath & Bromley	3.45			
2	8	Anna Leyshon	Swansea Harriers	2.70	2	66	Helen Morton	Newham & E	2.30			
3	5	Rachel Thomas	Liverpool Harriers A C	2.70								
4	6	Melissa Strevens	Newham & E	2.50								
										REFEREE'S SIGNATURE		