

100M A

1 Paul Judson	NOT	10.77
2 Andy Blow	BSK	10.93
3 Dave Cook	K&P	11.14
4 Gareth Price	TSN	11.26
5 Scott Craddock	M&M	11.32
6 Luke Stott	R&N	11.37
7 Tony Leigh	STK	11.54
8 Chris Morgan	CWL	11.64

100M B

1 Mark Dunwell	NOT	11.07
2 Andre Nembhard	K&P	11.22
3 Tony Higbee	BSK	11.39
4 Will McGee	TSN	11.47
5 Winston Rose	R&N	11.86
6 Chris Pink	M&M	11.96
7 Kevin Holland	CWL	13.23
8 Andy Prophett	STK	DNS

200M A

	Wind	+1.3 m/s
1 Paul Judson	NOT	21.33
2 Andy Blow	BSK	21.54
3 Ben Richardson	TSN	22.05
4 Chris Hall	K&P	22.31
5 Simon Wells	CWL	22.42
6 Scott Craddock	M&M	22.74
7 Tony Leigh	STK	22.85
8 Steve Maybury	R&N	22.99

200M B

	Wind	+1.7 m/s
1 Luke Smallwood	M&M	22.05
2 Luke Stott	R&N	22.16
3 Dave Cook	K&P	22.31
4 John Elderfield	BSK	22.34
5 Aaron Aplin	NOT	22.50
6 Gareth Price	TSN	22.61
7 Chris Morgan	CWL	23.17
8 Liam Tracey	STK	23.54

400M A

1 Mark Berridge	BSK	48.10
2 Will Oyowe	M&M	49.49
3 Darryn Campbell	TSN	49.58
4 Martyn Gibbons	NOT	49.74
5 Adam Bellis	K&P	50.26
6 Liam Tracey	STK	51.00
7 Jamie Downes	R&N	51.39
8 Matt Pattern	CWL	51.39

400M B

1 Jon Elderfield	BSK	49.17
2 Michael Baker	M&M	50.91
3 Adam Mole	R&N	50.99
4 Maris Kuklis	K&P	52.33
5 Adam Goulding	NOT	52.72
6 Kevin Holland	CWL	55.09
7 Liam Jones	STK	56.27
8 Will McGee	TSN	DNS

800M A

1 Chris Warburton	NOT	1.52.80
2 David Ragan	BSK	1.52.96
3 Tim Alexander	M&M	1.54.71
4 Matt Furber	CWL	1.55.62
5 Steve Emery	R&N	1.57.18
6 Andy Prophett	STK	1.57.62
7 Russell Osborn	TSN	1.57.96
8 Ron Taylor	K&P	2.01.83

800M B

1 Bruce Raeside	NOT	1.54.71
2 Robert Whittle	BSK	1.54.71
3 Chris Johnson	CWL	1.55.79
4 Matt Almond	R&N	1.58.02
5 Ben Tyler	M&M	1.59.13
6 Alex Wallclarke	TSN	2.00.45
7 Tom Hinds	K&P	2.02.18
8 Adrian Thiemere	STK	2.33.10

1500M A

1 Bruce Raeside	NOT	3.54.97
2 Tim Alexander	M&M	3.58.12
3 Steve Turville	BSK	3.58.49
4 Matt Almond	R&N	3.59.36
5 Matt Furber	CWL	4.00.48
6 Neil Phillips	TSN	4.04.00
7 Carl Shubotham	STK	4.04.60
8 Ron Taylor	K&P	4.22.74

1500M B

1 Ian Boneham	NOT	4.02.20
2 David Ragan	BSK	4.05.30
3 Russell Osborn	TSN	4.06.64
4 Chris Johnson	CWL	4.07.32
5 Ben Tyler	M&M	4.08.67
6 Steve Emery	R&N	4.11.68
7 Gavin Walters	STK	4.16.15
8 Tom Hinds	K&P	4.26.17

5000M A

1 Martin Whitehouse	NOT	14.50.65
2 Pat Curran	M&M	15.01.20
3 John Hutchins	BSK	15.02.48
4 Neil Phillips	TSN	15.41.17
5 Stuart Nelson	R&N	16.20.88
6 Mark Reed	K&P	16.22.69
7 Steve Bazell	STK	16.24.77
8 Joel Clewett	CWL	16.41.51

5000M B

1 Tim Hartley	NOT	14.56.65
2 Mike Coleman	M&M	15.12.10
3 Alex Wallclarke	TSN	16.09.66
4 Christian Stradzala	R&N	16.31.43
5 Ross Shaddick	K&P	16.55.28
6 Max Roberts	BSK	17.24.01
7 Kevin Holland	CWL	17.38.59
8 Peter Benyon	STK	17.53.53

110MH A		110MH B		Wind -0.6 m/s
1 Ben Richardson	TSN 14.68	1 Ben McIlroy	CWL 16.09	
2 Tony Higbee	BSK 14.83	2 Rob Jones	TSN 16.61	
3 Simon Wells	CWL 14.87	3 Tom Fright	BSK 16.89	
4 Andrew Pearson	NOT 16.45	4 Maris Kuklis	K&P 17.43	
5 Chris Hall	K&P 17.11	5 Ian Gidley	R&N 18.06	
6 Luke Smallwood	M&M 18.81	6 Gary Oaks	M&M 19.23	
7 Andy Reeves	R&N 19.18	7 Richard Belton	NOT 22.40	
8 James Dohnal	STK DNS	8	STK DNS	

400MH A		400MH B	
1 Michael Baker	M&M 55.020	1 Luke Smallwood	M&M 54.547
2 Maris Kuklis	K&P 56.019	2 Howard Moscrop	K&P 58.343
3 Nick Bates	BSK 56.209	3 Steve Turville	BSK 58.977
4 Ben McIlroy	CWL 56.395	4 Gavin Hodgson	TSN 60.302
5 John Bell	R&N 56.531	5 Nick Pritchard	CWL 63.536
6 James Donhal	STK 60.486	6 Stuart Meadows	R&N 67.496
7 Richard Belton	NOT 67.191	7 Colin Palmer	NOT 69.645
8 Jamie Horder	TSN DNF		

3000M SC A		3000M SC B	
1 Nick Talbot	NOT 9.25.79	1 Colin Palmer	NOT 9.53.62
2 Darrell May	BSK 9.44.94	2 David Fry	BSK 10.06.36
3 Joel Clewett	CWL 9.50.54	3 Tom Collins	M&M 10.07.88
4 Adrian Lowther	M&M 9.58.18	4 Mike Maranzano	K&P 10.21.22
5 Andy Arbour	K&P 10.14.76	5 Rob Creed	CWL 10.30.24
6 Stuart Meadows	R&N 11.12.15		
7	TSN 11.57.92		

Discus Throw A		Discus Throw B	
1 Ben Hazell	BSK 46.44	1 Simon Williams	BSK 45.73
2 Nick Owen	K&P 43.82	2 Greg Nixon	STK 42.35
3 Nick Illife	TSN 42.96	3 Felix Hatton	K&P 41.63
4 Martin Bartholomew	STK 42.43	4 Robert Careless	NOT 29.81
5 Simon Wells	CWL 41.87	5 Richard Lainson	TSN 29.18
6 Nigel Winchcombe	NOT 37.23	6 Mark Sheridan	CWL 26.42
7 Justin Ling	M&M 34.51	7 Paul Oaks	M&M 24.86
8 John Bell	R&N 25.65	8 John Geracs	R&N 23.19

Hammer Throw A		Hammer Throw B	
1 Robert Careless	NOT 56.78	1 Chris Shorthouse	NOT 53.28
2 Gareth Cook	K&P 51.97	2 Kyle Stevens	K&P 50.81
3 Mark Sheridan	CWL 40.67	3 Martin Bartholomew	STK 30.86
4 Greg Nixon	STK 39.78	4 Ricard Lainson	TSN 25.10
5 Paul Oaks	M&M 28.89	5 Gary Oaks	M&M 21.98
6 Nick Illife	TSN 27.64	6 Leigh Walker	CWL 21.36
7 John Geracs	R&N 26.43	7 Tony Higbee	BSK 20.59
8 Ben Hazell	BSK 25.89		

High Jump A		High Jump B	
1 Dan Turner	TSN 1.95	1 Tony Higbee	BSK 1.75
2 Matt Ashley	NOT 1.95	2 Ian Gidley	R&N 1.75
3 Ben Hazell	BSK 1.85	3 Rob Jones	TSN 1.75
4 Andy Reeves	R&N 1.80	4=Chris Dack	K&P 1.70
5 Stuart Hitchcock	M&M 1.75	4=Matthew Madden	NOT 1.70
6 Prath Kaneri	K&P 1.75	6 Gary Oaks	M&M 1.60
7 Kev Holland	CWL 1.70	7 George Simpkins	CWL 1.50
8 James Dohnal	STK 1.45		

Javelin Throw A

1 Felix Hatton	K&P 68.80
2 Chris Eden	NOT 59.95
3 Ben Hazell	BSK 52.78
4 Simon Wells	CWL 50.59
5 Richard Lainson	TSN 48.82
6 Gary Oaks	M&M 43.68
7 James Dohnal	STK 43.23
8 Andy Reeves	R&N 33.37

Javelin Throw B

1 Chris Dack	K&P 54.66
2 Clem Bartley	NOT 44.58
3 Kevin Holland	CWL 40.15
4 Nick Illife	TSN 37.41
5 Paul Oaks	M&M 36.49
6 Tony Higbee	BSK 36.39
7 John Geracs	R&N 31.26

Long Jump A

1 Dave Cook	K&P 6.91-0.3
2 Ben Hazell	BSK 6.58+0.4
3 James Baines	NOT 6.30+0.2
4 James Dohnal	STK 6.29+1.2
5 Stuart Hitchcock	M&M 6.23-2.3
6 Chris Morgan	CWL 6.10-0.3
7 Chris Bull	TSN 5.86-1.1

Long Jump B

1 James Heptonstall	K&P 6.70-1.5
2 Tom Fright	BSK 5.91-0.3
3 Matt Sinclair	CWL 5.80-1.5
4 Dave Posnett	NOT 5.77-0.5
5 Rob Jones	TSN 5.69+0.2
6 Chris Harvey	STK 5.66-1.3
7 Luke Smallwood	M&M 4.28-1.5

Pole Vault A

1 Leigh Walker	CWL 4.00
2 Gary Oaks	M&M 3.55
3 Adam Lyons	NOT 3.40
4 Tom Fright	BSK 2.80
5 Maurice Joyce	K&P 2.40
6 Gavin Hodgson	TSN 1.20

Pole Vault B

1 Ben McIlroy	CWL 3.40
2 Paul Oaks	M&M 2.80
3 Bob Brown	NOT 2.40
4 Ben Hazell	BSK 2.20
5 Dan Turner	TSN 1.20

Shot Putt A

1 Nick Owen	K&P 15.15
2 Simon Wells	CWL 13.45
3 Simon Williams	BSK 12.88
4 Greg Nixon	STK 12.10
5 Robert Careless	NOT 11.96
6 Nick Illife	TSN 10.34
7 Justin Ling	M&M 10.16
8 John Geracs	R&N 7.25

Shot Putt B

1 Kyle Stevens	K&P 14.89
2 Tony Higbee	BSK 11.38
3 Nigel Winchcombe	NOT 11.35
4 Mark Sheridan	CWL 10.27
5 Richard Lainson	TSN 10.04
6 Gary Oaks	M&M 8.27

Triple Jump A

1 James Heptonstall	K&P 13.16+0.8
2 Dave Posnett	NOT 12.99+2.5
3 Stuart Hitchcock	M&M 12.90+0.2
4 Chris Bull	TSN 12.59+0.8
5 Chris Harvey	STK 12.13-0.6
6 Ian Gidley	R&N 11.82-0.2
7 Tom Fright	BSK 11.73-0.1
8 George Simpkin	CWL 11.33+1.5

Triple Jump B

1 Dave Cook	K&P 13.15+1.0
2 Gareth Price	TSN 12.16+1.0
3 James Baines	NOT 12.14+0.9
4	M&M 11.66+1.4
5 Steve Maybury	R&N 11.60+0.2
6 John Elderfield	BSK 11.46-0.2
7 Kevin Holland	CWL 10.53+1.7

4x100M Relay

1 NOT 42.66	1 Andrew Pearson	2 Aaron Aplin
	3 Mark Dunwell	4 Paul Judson
2 TSN 43.10	1 B Richardson	2 D Campbell
	3 W McGee	4 G Price
3 M&M 43.51	1 Scott Craddock	2 Michael Baker
	3 Chris Pink	4 Luke Smallwood
4 BSK 43.51	1 Tom Fright	2 Andy Blow
	3 Ben Hazell	4 Tony Higbee
5 K&P 43.52	1 Chris Hall	2 Dave Cook
	3 James Heptonstall	4 Andre Nembhard
6 R&N 44.47	1 W Rose	2 S Maybury
	3 A Reeves	4 L Stott
7 CWL 45.47	1 Chris Morgan	2 Walker
	3 George Simpkins	4 Patten
8 STK 47.87	1 Dohnal	2 Harvey
	3 Tracey	4 Thiemicke

4x400M Relay

1 M&M 3.21.46	1 Will Oyowe	2 Tim Alexander
	3 Michael Baker	4 Luke Smallwood
2 NOT 3.22.11	1 Martyn Gibbons	2 Paul Judson
	3 Chris Warburton	4 Adam Goudling
3 BSK 3.23.12	1 Nick Bates	2 David Ragan
	3 Steve Turville	4 Jon Elderfield
4 CWL 3.25.40	1 Ben McIlroy	2 Johnson
	3 Matt Patten	4 Simon Wells
5 R&N 3.29.63	1 J Downes	2 A Mole
	3 S Maybury	4 L Stott
6 K&P 3.32.25	1 Jason Bernard	2 Adam Bellis
	3 James Heptonstall	4 Maris Kuklis
7 TSN 3.50.80	1 D Campbell	2 Price
	3 B Richardson	4 R Jones
8 STK 4.01.66	1 Shubottom	2 Jones
	3 Walters	4 Prophett

MATCH RESULT

	Event	Lge
1 Notts AC	382	8
2 Basingstoke & Mid-Hants	362	7
3 Kingston & Polytechnic	318	6
4 Medway & Maidstone AC	294	5
5 Team Southampton	254	4
6 Crawley AC	249	3
7 Rugby & Northampton AC	168	2
8 City of Stoke AC	131	1

LEAGUE STANDINGS Not Available

Competition: BAL Div 3 Round: 4 GUEST EVENTS  
Venue: Derby, Moorways Stadium, Sat 4 August 2007

Page 1 of 1

**100m**

1 Jason Bernard	KIN 12.09
2 Mike May	KIN 13.61