

## UKA RULES for COMPETITION 2018 - 2020

### Supplementary Guidance Notes

Since publication of the 2018 - 2020 UKA Rule Book the following amendments have been introduced and/or clarifications determined.

IAAF have amended their Rules for Competition to take effect from April 1<sup>st</sup>, 2019 and these are noted on Page 2 of this paper. The changes will apply to domestic competition in the UK. The detailed IAAF notes are available as a separate document.

<u>Rule</u>	<u>Comment</u>
143 Vest Colours	<p>It has been noted that clubs are moving away from traditional vest designs where the pattern on the vest is largely the same on the front and back, eg hoops, stripes or simple colours. Some suppliers are producing vests that differ significantly and may not be of the same colours. The current rule is somewhat ambiguous in that it says, “vests should have the same colour on the front and back” and that a governing body “may specify in the regulations for a competition that it is mandatory for the colour on athletes’ vests to be the same on the front and back.”</p> <p>The UKA Technical Advisory Group has considered this issue and agreed that a UKA Supplement Rule will be proposed which will allow vests to have different patterns on the front and back, but the colours used must be the same.</p>
147 S1 Mixed Graded Races	<p>The restriction on Under 15 and U13 athletes competing against older athletes in Mixed Graded track competition has been removed and it is again permitted across all age groups, subject to defined limitations regarding maximum distances applicable to particular age groups.</p>



#### REGISTERED OFFICE:

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<u>Rule</u>	<u>Comment</u>
149.3 Validity of Performances	The addition of Race Walking to the existing rule.
170.10 Relay Races	Rule amended to allow up to 4 substitutes in later rounds.
170.22 Relay Races	A new rule allowing variations from standard relay distances.
180.6 Competing Order & Trials	Allows the change of order of field trials if required after rounds 4 and/or 5.
180.17 Time Allowed for Trials	Already notified (see below)
200.1 – 5 Combined Events	Changes to terminology for Under 18s.
230.7 Race Walking	Change of terminology – ‘Pit Lane’ replaced by ‘Penalty Zone’.
250.6 Cross Country	Amends to allow the same start methods as already apply to Road Racing and Race Walking and removes the compulsory requirement of start funnels for team races.
180.17 Trials Times	IAAF have amended this rule, replacing the 30 seconds allowed for a trial with 1 minute. The change is to be applied immediately. The table now reads:

***Individual Events***

	High Jump	Pole Vault	Other
More than 3 athletes (or for the very first trial of each athlete)	<b>1min</b>	1min	<b>1min</b>
2 or 3 athletes	1.5min	2min	1min
1 athlete	3min	5min	-
Consecutive trials	2min	3min	2min



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**Combined Events**

	High Jump	Pole Vault	Other
More than 3 athletes (or for the very first trial of each athlete)	<b>1min</b>	1min	<b>1min</b>
2 or 3 athletes	1.5min	2min	1min
1 athlete	2min	3min	-
Consecutive trials	2min	3min	2min

UKA Rules Advisory Group  
April 2019



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