



BRITISH ATHLETICS

2016 MEDIA INSERT

EUROPEAN CROSS COUNTRY CHAMPIONSHIPS

SUNDAY 11 DECEMBER, CHIA, ITALY

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British Athletics Team Management

Team Leader

Spencer Duval

Head of Delegation

Wendy Sly

Team Manager

Pauline Holmes

Team Coaches

Chris Jones – Senior Men
Mick Woods – Senior Women
Mark Pollard – U23 men
Andi Drake – U23 women
Charlotte Fisher – Junior Men
Liz Yelling – Junior women

Medical

Dr John Rogers - Doctor
Andrew Walling – Therapist
Alex O’Gorman – Therapist

Media officers

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Senior Men

Andrew Butchart (Derek Easton)
Ben Connor (Spencer Duval)
Dewi Griffiths (Kevin Evans)
Callum Hawkins (Robert Hawkins)
Ross Millington (Steve Vernon)
Andy Vernon (Nic Bideau)

U23 Men

William Christofi (David Bedwell)
Ellis Cross (Mick Woods)
Jonathan Davies (Rob McKim)
Patrick Dever (Andy Bibby)
Alex George (Paul de-Camps)
Alex Short (Phillip O'Dell)

Junior men

William Fuller (George Gandy)
Josh Kerr (Joe Franklin)
Mahamed Mahamed (Peter Haynes)
Sam Stevens (Alan Maddocks)
Paulos Surafel (Craig Winrow)
Alex Yee (Kenneth Pike)

Senior women

Charlotte Arter (James Thie)
Katrina Jones (Harvey Rose)
Emily Hosker-Thornhill (Mick Woods)
Gemma Steel (Rob Denmark)
Steph Twell (Mick Woods)
Pippa Woolven (Luke Gunn)

U23 women

Jessica Judd (Mick Judd)
Rebecca Murray (Alex Stanton)
Georgina Outten (Andrew Walling)
Mari Smith (William Alan Winter)
Charlotte Taylor (Helen Lehman-Winters)
Alice Wright (Joe Franklin)

Junior women

Gemma Holloway (Brenda Stone)
Harriet Knowles-Jones (Paul Roden)
Phoebe Law (Mick Woods)
Hannah Nuttall (John Nuttall)
Amelia Quirk (Beverly Kitching)
Victoria Weir (Simon Anderson)

Senior men

Name: Andrew Butchart
DOB: 14/10/1991
Coach: Derek Easton
Club: Central AC
Best Int'l XC results: 86th – 2015 IAAF World Cross XC SM; 35th – 2014 European XC Champs SM
Other career highlights: 6th – 2016 Olympic Games 5000m

Name: Ben Connor
DOB: 17/10/1992
Coach: Spencer Duval
Club: Derby AC
Best Int'l XC results: 67th – 2011 IAAF World XC Champs U20; 23rd 2010 European XC Champs U20; 2010 U20 team gold medallist

Name: Dewi Griffiths
DOB: 09/08/1991
Coach: Kevin Evans
Club: Swansea
Best Int'l XC results: 70th – 2015 IAAF World XC Champs SM; 20th – 2015 European XC Champs SM; 2015 SM team bronze medallist
Other career highlights: 5th – 2016 European Championships 10,000m; 4th – 2009 European Junior Champs 10,000m

Name: Callum Hawkins
DOB: 22/06/1992
Coach: Robert Hawkins
Club: Kilbarchan
Best Int'l XC results: 5th – 2014 European XC Champs U23; 2014 U23 team silver medallist
Other career highlights: 9th - Olympic Games Marathon; 15th – 2016 IAAF World Half Marathon Champs

Name: Ross Millington
DOB: 19/09/1989
Coach: Steve Vernon
Club: Stockport
Best Int'l XC results: 5th – 2014 European XC Champs SM;
Other career highlights: 31st – 2016 Olympic Games 10,000m

Name: Andy Vernon
DOB: 07/01/1986

Coach: Nic Bideau
Club: Aldershot Farnham & District
Best Int'l XC results: Bronze – 2013 European XC Champs SM; Silver – 2008 European XC Champs U23; Bronze – 2007 European XC Champs U23; Silver – European XC Champs U20
Other career highlights: 25th – 2016 Olympic Games 10,000m; Silver & Bronze – 2014 European Championships 10,000m & 5000m

U23 Men

Name: William Christofi
DOB: 17/09/1994
Coach: David Bedwell
Club: Bristol & West
Best Int'l XC results: Euro XC Champs Debut

Name: Ellis Cross
DOB: 22/09/1996
Coach: Mick Woods
Club: Aldershot Farnham & District
Best Int'l XC results: Euro XC Champs Debut

Name: Jonathan Davies
DOB: 28/10/1994
Coach: Rob McKim
Club: Reading AC
Best Int'l XC results: Gold – 2015 European XC Champs U23; 35th – 2013 IAAF World XC Champs U20
Other career highlights: Bronze – 2013 European Junior Champs 5000m

Name: Patrick Dever
DOB: 05/09/1996
Coach: Andy Bibby
Club: Preston
Best Int'l XC results: Euro XC Champs Debut

Name: Alex George
DOB: 06/02/1996
Coach: Paul de-Camps
Club: Gloucester
Best Int'l XC results: 39th – 2015 IAAF World XC Champs
Other career highlights: Gold - 2015 European Junior Champs 5000m

Name: Alex Short
DOB: 07/01/1994
Coach: Philip O'Dell
Club: Bedford & County
Best Int'l XC results: 26th – 2013
European XC Champs U20

Other career highlights: 9th – 2016 IAAF
World Junior Champs 5000m; 6th – 2015
IAAF World Youth Champs 3000m

Junior men

Name: William Fuller
DOB: 14/05/1997
Coach: George Gandy
Club: Blackheath & Bromley
Best Int'l XC results: Euro XC Champs
Debut

Name: Josh Kerr
DOB: 14/05/1997
Coach: Joe Franklin
Club: Edinburgh
Best Int'l XC results: Euro XC Champs
Debut
Other career highlights: Gold – 2015
European Junior Champs 1500m

Name: Mahamed Mahamed
DOB: 18/09/1997
Coach: Peter Haynes
Club: Southampton
Best Int'l XC results: 22nd – 2015
European XC Champs JM; 2015 U20
team bronze medallist

Name: Sam Stevens
DOB: 27/03/1998
Coach: Alan Maddocks
Club: Leicester Coritians
Best Int'l XC results: Euro XC Champs
Debut

Name: Paulos Surafel
DOB: 12/01/1997
Coach: Craig Winrow
Club: Enfield & Haringey
Best Int'l XC results: Euro XC Champs
Debut

Name: Alex Yee
DOB: 18/02/1998
Coach: Kenneth Pike
Club: Kent
Best Int'l XC results: 9th – 2015
European XC Champs U20; 2015 U20
team bronze medallist

Senior women

Name: Charlotte Arter
DOB: 18/06/1991
Coach: James Thie
Club: Cardiff
Best Int'l XC results: Euro Cross Debut

Name: Emily Hosker-Thornhill
DOB: 27/10/1992
Coach: Mick Woods
Club: Aldershot Farnham & District
Best Int'l XC results: Euro XC Champs Debut

Name: Gemma Steel
DOB: 12/11/1985
Coach: Rob Denmark
Club: Charnwood
Best Int'l XC results: Gold – 2016 European XC Champs SW; Silver- 2013 European XC Champs SW; Bronze – 2011 European XC Champs SW; 15th – IAAF World XC Champs SW; 4 x Team gold medallist
Other career highlights: 7th – 2012 IAAF World Half Marathon Champs

Name: Steph Twell
DOB: 17/08/1989
Coach: Mick Woods
Club: Aldershot Farnham & District
Best Int'l XC results: 3 x Gold – (2006/07/08) European XC Champs JW; 6th – 2015 European XC Champs SW; 23rd – IAAF World XC Champs SW; 9 x Team gold medallist
Other career highlights: Bronze – 2016 European Champs 5000m; Bronze - 2010 Commonwealth Games 1500m; Gold – 2008 IAAF World Junior Champs 1500m

Name: Pippa Woolven
DOB: 26/07/1993
Coach: Luke Gunn
Club: Wycombe
Best Int'l XC results: Euro XC Champs Debut
Other career highlights: 8th – 2014 Commonwealth Games 3000m Steeplechase

Name: Katrina Wootton
DOB: 02/09/1985
Coach: Harvey Rose

Club: Coventry
Best Int'l XC results: 8th – 2007 European XC Champs U23; 5 x Team medallist

U23 Women

Name: Jessica Judd
DOB: 07/01/1995
Coach: Mick Judd
Club: Chelmsford
Best Int'l XC results: Silver – 2014 European XC Champs U20
Other career highlights: Silver – 2012 IAAF World Junior Champs 800m; Bronze – 2011 IAAF World Youth Champs 800m

Name: Rebecca Murray
DOB: 26/09/1994
Coach: Alex Stanton
Club: Bedford & County
Best Int'l XC results: 14th – 2015 European XC Champs U23; 2015 U23 Team gold medallist

Name: Georgina Outten
DOB: 26/06/1996
Coach: Andrew Walling
Club: Birchfield Harriers
Best Int'l XC results: 26th – 2014 European XC Champs U20; 2014 U20 Team gold medallist

Name: Mari Smith
DOB: 14/11/1996
Coach: William Alan Winter
Club: Birchfield Harriers
Best Int'l XC results: 22nd – 2015 European XC Champs U20; 2015 U20 silver medallist

Name: Charlotte Taylor
DOB: 17/01/1994
Coach: Helen Lehman-Winters
Club: Nene Valley
Best Int'l XC results: Euro XC Champs Debut

Name: Alice Wright
DOB: 03/11/1994
Coach: Joe Franklin
Club: Worcester
Best Int'l XC results: 9th – 2014 European XC Champs U23

Other career highlights: Bronze – 2015
European U23 Champs 10,000m

Junior women

Name: Gemma Holloway
DOB: 07/04/1997
Coach: Brenda Stone
Club: Thurrock
Best Int'l XC results: Euro XC Champs
Debut

Name: Harriet Knowles-Jones
DOB: 03/04/1998
Coach: Paul Roden
Club: Warrington
Best Int'l XC results: Silver – 2015
European XC Champs U20; 2015 U20
silver medallist
Other career highlights: 8th – 2016 IAAF
World Junior Champs 1500m; 4th – 2015
IAAF World Youth Champs 1500m

Name: Phoebe Law
DOB: 12/01/1997
Coach: Mick Woods
Club: Kingston & Poly
Best Int'l XC results: 14th – 2014
European XC Champs U20; 2014 U20
gold medallist
Other career highlights: 14th – 2015
European Junior Champs 5000m

Name: Hannah Nuttall
DOB: 07/07/1997
Coach: John Nuttall
Club: Charnwood
Best Int'l XC results: 45th – 2015 IAAF
World XC Champs U20

Name: Amelia Quirk
DOB: 18/12/1999
Coach: Beverley Kitching
Club: Bracknell
Best Int'l XC results: Euro XC Champs
Debut

Name: Victoria Weir
DOB: 17/03/1998
Coach: Simon Anderson
Club: City of Plymouth
Best Int'l XC results: Euro XC Champs
Debut

2015 European Cross Country Championships medal table

		Gold	Silver	Bronze	Total
1 st	Great Britain & Northern Ireland	3	4	2	9
2 nd	Spain	2	2	2	6
3 rd	France	1	4	1	6
4 th	Germany	2	0	2	4
5 th	Italy	1	1	1	3
6 th	Netherlands	1	1	0	2
=7 th	Belgium	1	0	0	1
=7 th	Turkey	1	0	0	1
=9 th	Denmark	0	0	1	1
=9 th	Ireland	0	0	1	1
=9 th	Norway	0	0	1	1
=9 th	Serbia	0	0	1	1

- Great Britain & Northern Ireland have topped the medal table at the event for the last 13 years.

British Athletics Gold medallists at the European Cross Country Championships

Mo Farah – Senior men 2006
Jon Brown – Senior men 1996
Paula Radcliffe – Senior women 1998 & 2003
Hayley Yelling – Senior women 2004 & 2009
Gemma Steel – Senior women 2014
Jonathan Davies – U23 men 2015
Rhona Auckland – U23 women 2014
Jessica Coulson – U23 women 2012
Emma Pallant – U23 women 2011
Emelia Gorecka – U20 women 2011 & 2013
Charlotte Purdue – U20 women 2010
Steph Twell – U20 women 2006, 2007 & 2008
Charlotte Dale – U20 women - 2002

British Athletics medallists at the European Cross Country Championships since 2006

2015

Senior women

Kate Avery – Silver

Team gold

U23 women

Team gold

U20 women

Harriet Knowles-Jones – Silver

Team silver

Senior men

Team bronze

U23 Men

Jonny Davies – Gold

Team silver

U20 Men

Team silver

2014

Senior women

Gemma Steel – Gold

Kate Avery – Silver

Team gold

U23 Women

Rhona Auckland – Gold

Team silver

U20 Women

Jessica Judd – Silver

Lydia Turner – Bronze

Team gold

U23 Men

Team silver

2013

Senior men

Andy Vernon – Bronze

Team bronze

Senior Women

Gemma Steel - Silver

Team silver

U23 men

Team gold

U23 women

Charlotte Purdue – Bronze

Team gold

U20 women

Emelia Gorecka – Gold

Team gold

2012

Junior men

Kieran Clements – Bronze

Team bronze

Junior women

Emelia Gorecka – Bronze

Team gold

U23 men

James Wilkinson – Bronze

Team bronze

U23 women

Jess Coulson – Gold

Team silver

Senior men

Team silver

Senior women

Team bronze

2011

Junior men

Richard Goodman – silver

Team gold

Junior women

Emelia Gorecka – Gold

Team gold

U23 Men

James Wilkinson – Silver

Team silver

U23 Women

Emma Pallant – silver

Naomi Taschimotowitz – Bronze

Team gold

Senior men

Team silver

Senior women

Team bronze

2010

Junior men

Team gold

Junior women

Charlotte Purdue – Gold

Emelia Gorecka – Bronze

Team gold

U23 women

Emma Pallant – Bronze

Team gold

Senior women

Team silver

2009

Junior men

Nick Goolab – Silver

James Wilkinson – Bronze

Team gold

Junior women

Kate Avery – Bronze

Team silver

U23 men

Team silver

U23 women

Jess Sparke – Bronze

Team gold

Senior men

Mo Farah – Silver

Team silver

Senior women

Hayley Yelling-Higham – Gold

Team silver

2008**Junior men**

Team bronze

Junior women

Steph Twell – Gold

Charlotte Purdue – Silver

Lauren Haworth – Bronze

Team gold

U23 Men

Andy Vernon – Silver

Team gold

U23 women

Sarah Tunstall – silver

Team gold

Senior men

Mo Farah – silver

Team bronze

Senior women

Team silver

2007**Junior men**

Team silver

Junior women

Steph Twell – Gold

Charlotte Purdue – Bronze

Team gold

U23 men

Andy Vernon – Bronze

Team gold

U23 women

Team gold

Senior women

Team silver

2006**Junior women**

Steph Twell – Gold

Team gold

U23 women

Team gold

Senior men

Mo Farah – Gold

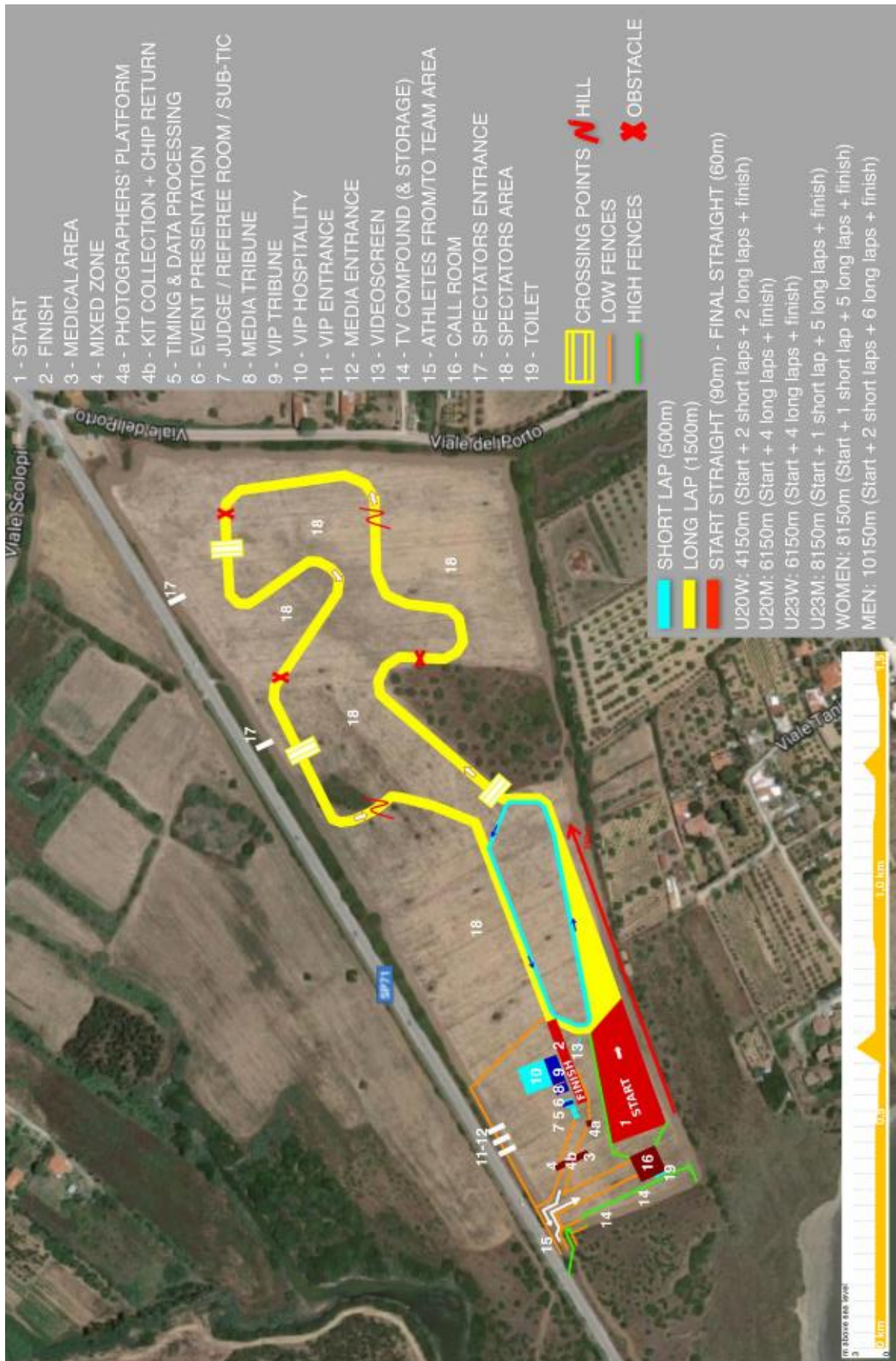
Senior women

Team silver

Competition timetable

Event	Start time
Opening ceremony	10:00
Junior women	10:15
Junior men	10:40
U23 women	11:10
U23 men	11:50
Senior women	12:30
Senior men	13:10
Victory ceremonies	14:15

Course map for the 2016 European Cross Country Championships





BRITISH
ATHLETICS

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