



Premiership Match 1 - Barnet Cophall Stadium

				Perf	Record	Wind	UKA	AW	5 May 2007						
				Perf	Record	Wind	UKA	AW							
Men's 100m A				Wind=	NT				Men's 100m B						
				Wind=	NT										
1	8	Tim Abeyie	Woodford Green w Essex L	10.4			180	☑	1	55	Chris Tomlinson	Newham & Essex Beagles	10.7	120	☑
2	3	Alex Nelson	City of Manchester (Sale)	10.5			160	☑	2	22	Nathan Morgan	Birchfield Harriers	10.7	120	☑
3	6	Ryan Moseley	Shaftesbury Barnet Harrie	10.6			140	☑	3	88	Josephus Thomas	Woodford Green w Essex L	10.7	120	☑
4	1	Darren Chin	Belgrave Harriers	10.6			140	☑	4	66	Justin Geohagan	Shaftesbury Barnet Harrie	10.8	100	☑
5	4	Gerald Phiri	City of Sheffield	10.7			120	☑	5	77	Darren Scott	Trafford AC	11.1		☑
6	2	Jermaine Downie	Birchfield Harriers	10.8			100	☑	6	11	Will Sharman	Belgrave Harriers	11.1		☑
7	7	Richard Beardsell	Trafford AC	10.8			100	☑	7	33	Adam Rogers	City of Manchester (Sale)	11.1		☑
8	5	Andre Fernandez	Newham & Essex Beagles	11.0			60	☑	8	44	Rafael Alleyne	City of Sheffield	11.2		☑

Men's 200m A				Wind=	+0.4 M/S	Men's 200m B				Wind=	+0.4 M/S			
1	8	Tim Abeyie	Woodford Green w Essex L	21.10		165	☑	1	22	Robert Davis	Birchfield Harriers	21.87	87	☑
2	7	Andrew Steele	Trafford AC	21.27		148	☑	2	88	Colin Wilson	Woodford Green w Essex L	21.96	78	☑
3	4	Gerald Phiri	City of Sheffield	21.36		139	☑	3	77	Darren Scott	Trafford AC	21.98	77	☑
4	5	Mark Findlay	Newham & Essex Beagles	21.43		132	☑	4	33	Gareth Jones	City of Manchester (Sale)	22.11	64	☑
5	6	Ryan Moseley	Shaftesbury Barnet Harrie	21.75		100	☑	5	44	Elderidge Phiri	City of Sheffield	22.18	57	☑
6	1	Darren Chin	Belgrave Harriers	21.76		98	☑	6	11	Luke Sergeant	Belgrave Harriers	22.91		☑
7	2	Jermaine Downie	Birchfield Harriers	21.91		84	☑	7	66	Philip Octave	Shaftesbury Barnet Harrie	22.94		☑
8	3	Adam Rogers	City of Manchester (Sale)	21.95		80	☑	8	55	Ade Adesoji	Newham & Essex Beagles	23.35		

Men's 400m A				Men's 400m B										
1	5	Rabah Yusef	Newham & Essex Beagles	46.8		168	☑	1	66	Hamin Lubega	Shaftesbury Barnet Harrie	49.4	64	☑
2	2	Dale Garland	Birchfield Harriers	46.8		168	☑	2	88	Dan Awde	Woodford Green w Essex L	50.0		☑
3	3	Debo Ademuyewo	City of Manchester (Sale)	48.2		112	☑	3	33	Andy Wilkinson	City of Manchester (Sale)	50.1		☑
4	6	Kris Robertson	Shaftesbury Barnet Harrie	48.4		104	☑	4	44	Sean Brindley	City of Sheffield	50.2		☑
5	7	Richard Beardsell	Trafford AC	48.4		104	☑	5	77	Neil Hewson	Trafford AC	50.7		☑
6	8	Leon Grant	Woodford Green w Essex L	49.1		75	☑	6	55	Kelvin Goodwin	Newham & Essex Beagles	53.9		
7	4	Philiph Mukomana	City of Sheffield	50.2			☑	7	11	Paul Beaumont	Belgrave Harriers	53.9		
8	1	Richard Aspden	Belgrave Harriers	50.4			☑	8	22	Lloyd Tsanazisiya	Birchfield Harriers	DNF		

Men's 800m A				Men's 800m B										
1	2	Oliver Teesel	Birchfield Harriers	01:53.6			☑	1	88	Damien Moss	Woodford Green w Essex L	01:54.3		☑
2	3	Ian Lowthian	City of Manchester (Sale)	01:53.7			☑	2	66	Neil Burnside	Shaftesbury Barnet Harrie	01:55.6		☑
3	7	Robert Banjac	Trafford AC	01:55.0			☑	3	33	James Bailey	City of Manchester (Sale)	01:55.9		☑
4	6	Gareth Price	Shaftesbury Barnet Harrie	01:55.1			☑	4	44	Martin Reid	City of Sheffield	01:56.3		☑
5	8	Andy Brown	Woodford Green w Essex L	01:55.3			☑	5	22	John Ndayisenga	Birchfield Harriers	01:59.0		☑
6	1	Shugri Omar	Belgrave Harriers	01:56.0			☑	6	11	George Martin	Belgrave Harriers	01:59.1		☑
7	4	Ian Hough	City of Sheffield	01:59.4			☑	7	55	Andre Duque	Newham & Essex Beagles	02:00.6		
8	5	Leigh Crispin	Newham & Essex Beagles	02:03.1				8	77	Tom Minshull	Trafford AC	DQ		

Men's 1500m A				Men's 1500m B										
1	6	Gareth Price	Shaftesbury Barnet Harrie	03:49.96		122	☑	1	33	James Bailey	City of Manchester (Sale)	03:55.21		☑
2	4	Mathew Bowser	City of Sheffield	03:50.10		121	☑	2	55	Rob Cole	Newham & Essex Beagles	03:56.90		☑
3	2	Tom Huimphries	Birchfield Harriers	03:50.80		115	☑	3	66	James Trapmore	Shaftesbury Barnet Harrie	03:57.52		☑
4	3	Matt Warley	City of Manchester (Sale)	03:53.78		91	☑	4	44	Richard Mace	City of Sheffield	04:01.08		☑
5	7	Tom Minshull	Trafford AC	03:53.90		90	☑	5	77	Robert Banjac	Trafford AC	04:04.67		☑
6	5	Scott Sterling	Newham & Essex Beagles	03:55.78			☑	6	11	Alex Bodin	Belgrave Harriers	04:05.32		☑
7	1	David Anderson	Belgrave Harriers	03:58.53			☑	7	88	Jamie Nunn	Woodford Green w Essex L	04:09.40		
8	8	Andy Brown	Woodford Green w Essex L	04:02.99			☑	8					X	☑

Men's 3000m S/Chase A				Men's 3000m S/Chase B										
1	3	Glen Comish	City of Manchester (Sale)	08:42.37		195	☑	1	55	Andy Mitchell	Newham & Essex Beagles	09:26.59	106	☑
2	5	Sam Farah	Newham & Essex Beagles	09:20.74		118	☑	2	4	James Cordwell	City of Sheffield	09:54.42		☑
3	8	Kevin Murphy	Woodford Green w Essex L	09:26.00		108	☑	3	33	Rob Flannery	City of Manchester (Sale)	10:05.43		
4	6	Orlando Edwards	Shaftesbury Barnet Harrie	09:41.60			☑	4	88	Jon Long	Woodford Green w Essex L	10:32.15		
5	44	Martin Reid	City of Sheffield	09:48.62			☑	5					X	☑
6	2	Abdul Abdu Irahman	Birchfield Harriers	10:01.73				6						☑
7	1	Will Cockerell	Belgrave Harriers	10:08.38				7						☑
8	7	Vincent Booth	Trafford AC	11:26.18				8						☑



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	Perf	Record	Wind	UKA	AW		Perf	Wind	UKA	AW			
<u>Men's 5000m A</u>					<u>Men's 5000m B</u>								
1	6	Phil Nicholls	Shaftesbury Barnet Harrie	13:59.20	141	✓	1	11	Phil Wicks	Belgrave Harriers	14:24.50	91	✓
2	1	Stephen Sharp	Belgrave Harriers	14:02.30	135	✓	2	66	Kojo Kyereme	Shaftesbury Barnet Harrie	14:47.80		✓
3	4	Jason Ward	City of Sheffield	14:07.20	125	✓	3	88	Andrew Livingstone	Woodford Green w Essex L	15:14.70		✓
4	8	Simon Plummer	Woodford Green w Essex L	14:09.30	121	✓	4	44	Paul Green	City of Sheffield	15:34.80		✓
5	7	Gregg Taylor	Trafford AC	14:30.90	78	✓	5	33	Dave Marsh	City of Manchester (Sale)	17:03.70		
6	55	Kevin Skinner	Newham & Essex Beagles	14:48.90		✓	6	2	Addul Abdu Irahman	Birchfield Harriers	17:13.90		
7	22	James Trollop	Birchfield Harriers	14:53.70		✓	7	77	Vincent Booth	Trafford AC	17:26.70		
8	3	Simon Mills	City of Manchester (Sale)	15:02.50		✓	8	5	Steve Hepples	Newham & Essex Beagles	DNF		
<u>Men's 400m Hurdles A</u>					<u>Men's 400m Hurdles B</u>								
1	2	Dale Garland	Birchfield Harriers	51.3	172	✓	1	22	Brad Yeind	Birchfield Harriers	53.7	112	✓
2	3	Dave Brackstone	City of Manchester (Sale)	52.5	142	✓	2	88	Richard Scott	Woodford Green w Essex L	54.6	90	✓
3	6	Lloyd Gumbs	Shaftesbury Barnet Harrie	53.3	122	✓	3	33	Andy Hopkinson	City of Manchester (Sale)	54.8	85	✓
4	8	Francis Smith	Woodford Green w Essex L	53.5	117	✓	4	66	J C Roghi	Shaftesbury Barnet Harrie	55.2	75	✓
5	4	Tom Grantham	City of Sheffield	55.3	72	✓	5	77	Andrew East	Trafford AC	56.8		✓
6	7	Paul Crossley	Trafford AC	56.5		✓	6	44	Andy Dean	City of Sheffield	61.3		
7	5	Enrique Melin	Newham & Essex Beagles	57.2		✓	7	55	Michael Osugsami	Newham & Essex Beagles	65.2		
8	1	Paul Beaumont	Belgrave Harriers	59.6			8						
<u>Men's 110m Hurdles A</u>					<i>Wind=</i>	<i>NT</i>	<u>Men's 110m Hurdles B</u>					<i>Wind=</i>	<i>+2.4 m/s</i>
1	3	Nick Gayle	City of Manchester (Sale)	14.30	171	✓	1	22	Rob James	Birchfield Harriers	14.89	127	✓
2	1	William Sharman	Belgrave Harriers	14.34	168	✓	2	55	Suote Nyonyonyo	Newham & Essex Beagles	14.93	124	✓
3	5	Duncan Malins	Newham & Essex Beagles	14.38	165	✓	3	88	Jamie Wright	Woodford Green w Essex L	15.00	118	✓
4	4	Domonic Girdler	City of Sheffield	14.48	157	✓	4	44	Charlie Kavanagh	City of Sheffield	15.05	115	✓
5	2	Edward Dunford	Birchfield Harriers	14.49	157	✓	5	77	Chris Hughff	Trafford AC	15.73		✓
6	8	Francis Smith	Woodford Green w Essex L	14.72	139	✓	6	33	Joe Lancaster	City of Manchester (Sale)	15.91		✓
7	6	Willem Coertzen	Shaftesbury Barnet Harrie	14.88	127	✓	7	66	J C Roghi	Shaftesbury Barnet Harrie	16.35		
8	7	Paul Crossley	Trafford AC	15.11	110	✓	8	11	Paul Beaumont	Belgrave Harriers	24.32		
<u>Men's Hammer A</u>					<u>Men's Hammer B</u>								
1	8	Andy Frost	Woodford Green w Essex L	70.00	195	✓	1	55	Amir Williamson	Newham & Essex Beagles	59.80	144	✓
2	5	Simon Bown	Newham & Essex Beagles	66.72	178	✓	2	6	Graham Holder	Shaftesbury Barnet Harrie	56.44	127	✓
3	3	Alex Smith	City of Manchester (Sale)	64.08	165	✓	3	88	Matt Frampton	Woodford Green w Essex L	55.98	124	✓
4	2	Matthew Bell	Birchfield Harriers	63.08	160	✓	4	11	Mark Allen	Belgrave Harriers	53.60	113	✓
5	1	Mick Jones	Belgrave Harriers	62.72	158	✓	5	77	Roger Bate	Trafford AC	52.63	108	✓
6	66	Graeme Allen	Shaftesbury Barnet Harrie	62.00	155	✓	6	22	Russell Payne	Birchfield Harriers	44.10	65	✓
7	7	Mathew Lambley	Trafford AC	61.84	154	✓	7	33	Mark Wiseman	City of Manchester (Sale)	36.47		
8	44	Daniel Brunt	City of Sheffield	31.47			8	4	Jamie Williamson	City of Sheffield	20.72		
<u>Men's Discus A</u>					<u>Men's Discus B</u>								
1	5	Abdul Buhari	Newham & Essex Beagles	55.17	171	✓	1	7	Chris Gaviglio	Trafford AC	52.18	150	✓
2	8	Emeka Udechuku	Woodford Green w Essex L	54.14	163	✓	2	1	Leith Marar	Belgrave Harriers	49.70	132	✓
3	3	Marcus Gouldbourne	City of Manchester (Sale)	54.01	163	✓	3	33	Mark Wiseman	City of Manchester (Sale)	47.71	118	✓
4	77	Les Richards	Trafford AC	53.46	159	✓	4	44	Daniel Brunt	City of Sheffield	44.68	97	✓
5	2	Scott Rider	Birchfield Harriers	51.72	147	✓	5	6	Angus McInroy	Shaftesbury Barnet Harrie	42.62	83	✓
6	11	Mark Allen	Belgrave Harriers	49.94	134	✓	6	55	Paul Head	Newham & Essex Beagles	40.12	65	✓
7	66	Neville Thompson	Shaftesbury Barnet Harrie	47.14	114	✓	7	88	Simon Fricker	Woodford Green w Essex L	38.61	55	✓
8	4	Jamie Williamson	City of Sheffield	44.95	99	✓	8	22	Steve Hale	Birchfield Harriers	36.58		✓
<u>Men's Javelin A</u>					<u>Men's Javelin B</u>								
1	33	Dorel Greta	City of Manchester (Sale)	69.79	161	✓	1	3	Gerard Plunkett	City of Manchester (Sale)	66.92	143	✓
2	11	Wesley Smith	Belgrave Harriers	64.97	131	✓	2	1	Tom Dobbie	Belgrave Harriers	64.41	127	✓
3	7	Chris Hughff	Trafford AC	62.64	116	✓	3	66	Graeme Allen	Shaftesbury Barnet Harrie	52.30	51	✓
4	6	Willem Coertzen	Shaftesbury Barnet Harrie	61.27	107	✓	4	88	Jamie Wright	Woodford Green w Essex L	51.54		✓
5	8	Simon Bennett	Woodford Green w Essex L	60.90	105	✓	5	22	Luke Millington	Birchfield Harriers	49.88		
6	5	Jon Lundman	Newham & Essex Beagles	58.75	92	✓	6	77	Paolo Ostapowycz	Trafford AC	49.75		
7	2	Michael Tarren	Birchfield Harriers	58.39	89	✓	7	55	Paul Tohill	Newham & Essex Beagles	48.19		
8	4	Luke Peters	City of Sheffield	47.58			8	44	Alex Kruger	City of Sheffield	45.80		



Premiership Match 1 - Barnet Copthall Stadium

					5 May 2007										
			Perf	Record	Wind	UKA	AW				Perf	Wind	UKA	AW	
Men's Shot Putt A							Men's Shot Putt B								
1	2	Scott Rider	Birchfield Harriers	18.16		179	☑	1	33	Rimas Martisauskas	City of Manchester (Sale)	16.29		132	☑
2	7	Chris Gaviglio	Trafford AC	18.13		178	☑	2	77	Les Richards	Trafford AC	16.04		126	☑
3	1	Chris Gearing	Belgrave Harriers	16.84		146	☑	3	11	Mark Allen	Belgrave Harriers	15.66		116	☑
4	3	Kieran Kelly	City of Manchester (Sale)	16.67		141	☑	4	44	Daniel Brunt	City of Sheffield	14.82		95	☑
5	4	Jamie Williamson	City of Sheffield	16.19		129	☑	5	22	Edward Dunford	Birchfield Harriers	13.97		74	☑
6	8	Simon Fricker	Woodford Green w Essex L	13.77		69	☑	6	88	Andy Frost	Woodford Green w Essex L	13.30		57	☑
7	66	Graeme Allen	Shaftesbury Barnet Harrie	13.12		53	☑	7	6	Angus McInroy	Shaftesbury Barnet Harrie	12.44			
8	55	Simon Bown	Newham & Essex Beagles	12.64				8	5	Abdul Buhari	Newham & Essex Beagles	11.97			
Men's Long Jump A							Men's Long Jump B								
1	55	Rabah Yusef	Newham & Essex Beagles	7.61	+1.3	181	☑	1	22	Oliver McNellis	Birchfield Harriers	7.10	+1.1	130	☑
2	2	Jonathon Moore	Birchfield Harriers	7.40	+2.1	160	☑	2	5	Suote Nyonyanyo	Newham & Essex Beagles	6.81	+2.4	101	☑
3	11	Richard Danso	Belgrave Harriers	6.89	+2.8	109	☑	3	66	Jude Beimers	Shaftesbury Barnet Harrie	6.78	+2.3	97	☑
4	6	Nonso Okolo	Shaftesbury Barnet Harrie	6.82	+2.2	102	☑	4	33	Laurence Fitch	City of Manchester (Sale)	6.39	+1.4		
5	3	Simon Eupa Njoku	City of Manchester (Sale)	6.75	+1.7	94	☑	5	44	Jamie Russell	City of Sheffield	5.84	+1.9		
6	8	Jamie Wright	Woodford Green w Essex L	6.71	+0.8	90	☑	6	77	Carlos Holder	Trafford AC	5.62	+2.0		
7	4	Chris Wright	City of Sheffield	6.35	+0.6			7	88	Dan Awde	Woodford Green w Essex L	1.54	+1.4		
8	7	Chris Hughff	Trafford AC	6.07	+0.4			8							
Men's Triple Jump A							Men's Triple Jump B								
1	2	Michael McKienan	Birchfield Harriers	15.63	+0.6	187	☑	1	22	Phil Ferdinand	Birchfield Harriers	14.89	+1.1	157	☑
2	3	Simon Eupa Njoku	City of Manchester (Sale)	14.69	+0.2	149	☑	2	33	James Townsend	City of Manchester (Sale)	14.09	+0.3	125	☑
3	44	Graeme Mathews	City of Sheffield	14.41	+1.2	138	☑	3	4	Dave Budd	City of Sheffield	13.75	+1.2	112	☑
4	66	Daniel Lewis	Shaftesbury Barnet Harrie	13.93	+1.0	119	☑	4	6	Nonso Okolo	Shaftesbury Barnet Harrie	13.39	+2.0		☑
5	5	Tadjou Salou	Newham & Essex Beagles	13.93	+1.2	119	☑	5	8	Sayo Ojo	Woodford Green w Essex L	13.14	+1.9		☑
6	88	Keith Newton	Woodford Green w Essex L	13.34	+3.4		☑	6							
7								7							
8								8							
Men's High Jump A							Men's High Jump B								
1	1	Samson Oni	Belgrave Harriers	2.15		165	☑	1	11	Darvin Edwards	Belgrave Harriers	2.10		140	☑
2	8	Ben Challenger	Woodford Green w Essex L	2.10		140	☑	2	55	Nelson Oboh	Newham & Essex Beagles	1.95		65	☑
3	5	Matt Roberts	Newham & Essex Beagles	2.05		115	☑	3	88	Gareth Dyball	Woodford Green w Essex L	1.95		65	☑
4	66	Daryl Stone	Shaftesbury Barnet Harrie	2.00		90	☑	4	6	Willem Coertzen	Shaftesbury Barnet Harrie	1.85			
5	4	Wanagwa Mkandawire	City of Sheffield	2.00		90	☑	5	44	Kyle Hargreaves	City of Sheffield	1.85			
6	22	Edward Dunford	Birchfield Harriers	1.90			☑	6	7	Steven Ridgeway	Trafford AC	1.85			
7	77	Alex Girdler	Trafford AC	1.85				7	2	Jonathon Moore	Birchfield Harriers	1.80			
8	3	Peter Ringel	City of Manchester (Sale)	1.85				8	33	Joe Lancaster	City of Manchester (Sale)	1.80			
Men's Pole Vault A							Men's Pole Vault B								
1	8	Christian North	Woodford Green w Essex L	5.00		150	☑	1	88	Brendan McConville	Woodford Green w Essex L	4.40		90	☑
2=	1	Joe Ive	Belgrave Harriers	5.00		150	☑	2	44	Rhys Searles	City of Sheffield	4.40		90	☑
2=	3	Mark Christie	City of Manchester (Sale)	5.00		150	☑	3	22	Alex Williams	Birchfield Harriers	4.40		90	☑
4	4	Luke Cutts	City of Sheffield	5.00		150	☑	4	77	Ian Noble	Trafford AC	4.20		70	☑
5	2	Michael Barber	Birchfield Harriers	4.80		130	☑	5	33	Matt Cullen	City of Manchester (Sale)	3.60			
6	7	Allan Richardson	Trafford AC	4.40		90	☑	6	66	Jack Witherington	Shaftesbury Barnet Harrie	3.00			
7	6	James Grant	Shaftesbury Barnet Harrie	3.60											
8	5	Shaun Slater	Newham & Essex Beagles	2.20											
Men's 4x100m Relay															
1	8	Woodford Green w Essex L	Justin Duah	Josephus Thomas	Jamie Wright	Tim Abeyie	41.44							☑	
2	5	Newham & Essex Beagles	Ade Adesoji	Chris Tomlinson	Andre Fernandez	Mark Findlay	41.76							☑	
3	2	Birchfield Harriers	Domonic Bradley	Jermaine Downie	Ryan James	Cloran Hyllton	42.03							☑	
4	3	City of Manchester (Sale)	Nick Gayle	Adam Rogers	Gareth Jones	Alex Nelson	42.23							☑	
5	7	Trafford AC	Lawrence Baird	Darren Scott	Carlos Holder	Richard Beardsell	42.39							☑	
6	1	Belgrave Harriers	Will Sharman	Darren Chin	Luke Sergeant	Richard Aspden	43.47							☑	
7	6	Shaftesbury Barnet Harrie	Justin Geohagan	Phil Octave	Hamin Lubega	Ryan Moseley	44.59								
8	4	City of Sheffield	Rafael Alleyne	Domonic Girdler	Elderidge Phiri	Gerald Phiri	DNF								



Premiership Match 1 - Barnet Copthall Stadium

Perf Record Wind UKA AW

5 May 2007

Perf Wind UKA AW

Men's 4x400m Relay

1	7	Trafford AC	Lawrence Baird	Neil Hewson	Richard Beardsell	Andrew Steele	03:15.06	<input checked="" type="checkbox"/>
2	3	City of Manchester (Sale)	Dave Brackstone	Andy Hopkinson	Debo Ademuyewo	Ian Lowthian	03:15.46	<input checked="" type="checkbox"/>
3	8	Woodford Green w Essex L	Leon Grant	Colin Wilson	Jamie Wright	Damien Moss	03:15.70	<input checked="" type="checkbox"/>
4	4	City of Sheffield	Philiph Mukomana	Elderidge Phiri	Tom Grantham	Sean Brindley	03:16.68	<input checked="" type="checkbox"/>
5	2	Birchfield Harriers	Robert Davis	Oliver Teesel	Brad Yeind	Luke Lennon Ford	03:17.47	<input checked="" type="checkbox"/>
6	5	Newham & Essex Beagles	Enrique Melin	Kelvin Goodwin	Rabah Yusef	Andre Fernandez	03:32.57	
7	6	Shaftesbury Barnet Harriei	Lloyd Gumbs	Phil Octave	Hamin Lubega	Kris Robertson	DQ	
8								

MATCH RESULT

League Points

Match

STANDINGS

League Points

Match

1	Sale	8	331.0	1	Sale	8	331.0
2	WGwEL	7	321.0	2	WGwEL	7	321.0
3	Bir	6	290.0	3	Bir	6	290.0
4	SBH	5	268.0	4	SBH	5	268.0
5	N&EB	4	267.0	5	N&EB	4	267.0
6	Sheffield	3	235.0	6	Sheffield	3	235.0
7	Belg	2	228.0	7	Belg	2	228.0
8	TRAF	1	220.0	8	TRAF	1	220.0

Men's 100m Non Scoring

Wind= +0.1 m/s

1	2	Ryan James	Birchfield Harriers	11.1	
2	8	Colin Wilson	Woodford Green w Essex L	11.1	<input checked="" type="checkbox"/>
3	22	Cloran Hylton	Birchfield Harriers	11.3	<input checked="" type="checkbox"/>
4	6	Michael Boateng	Shaftesbury Barnet Harriei	11.5	
4	7	Lawrence Baird	Trafford AC	11.6	
5	1	Luke Sergeant	Belgrave Harriers	11.8	
6					

Men's 100m Scoring (2)

Wind +0.8 m/s

1	22	Dominic Bradley	Birchfield Harriers	11.1	<input checked="" type="checkbox"/>
2	7	Carlos Hader	Trafford AC	11.1	<input checked="" type="checkbox"/>
3	22	Stuart Barnes	Birchfield Harriers	11.5	
4	22	Luke Lennon-Ford	Birchfield Harriers	11.5	
5					
6					
7					

British Athletics League 2007

Premiership Match 1 - Barnet Copthall Stadium

05 May 2007

Events	Belg		Bir		Sale		Sheffield		N&EB		SBH		TRAF		WGwEL		UNUSED		TOTAL	
Men's 100m	10	3	6	10	14	2	8	1	4	12	12	6	5	4	16	8			75	46
Men's 200m	6	3	5	12	4	6	12	4	10	1	8	2	14	8	16	10			75	46
Men's 400m	4	2	14		12	8	5	6	16	3	10	12	8	4	6	10		1	75	46
Men's 800m	6	3	16	4	14	8	5	6	4	2	10	10	12		8	12		1	75	46
Men's 1500m	5	3	12		10	12	14	6	6	10	16	8	8	4	4	2		1	75	46
Men's 3000m S/Chase	5		6		16	8	8	10	14	12	10		4		12	6		10	75	46
Men's 5000m	14	12	5	3	4	4	12	6	6		16	10	8	2	10	8		1	75	46
Men's 400m Hurdles	4		16	12	14	8	8	3	5	2	12	6	6	4	10	10		1	75	46
Men's 110m Hurdles	14	1	8	12	16	3	10	6	12	10	5	2	4	4	6	8			75	46
Men's Hammer	8	6	10	3	12	2	4	1	14	12	6	10	5	4	16	8			75	46
Men's Discus	6	10	8	1	12	8	4	6	16	3	5	4	10	12	14	2			75	46
Men's Javelin	14	10	5	4	16	12	4	1	6	2	10	8	12	3	8	6			75	46
Men's Shot Putt	12	8	16	4	10	12	8	6	4	1	5	2	14	10	6	3			75	46
Men's Long Jump	12		14	12	8	6	5	4	16	10	10	8	4	3	6	2		1	75	46
Men's Triple Jump			16	12	14	10	12	8	8		10	6			6	4	9	6	75	46
Men's High Jump	16	12	6	2	4	1	8	4	12	10	10	6	5	3	14	8			75	46
Men's Pole Vault	13		8	8	13	4	10	10	4		5	3	6	6	16	12		3	75	46
Men's 4x100m Relay	6		12		10				14		5		8		16		4	46	75	46
Men's 4x400m Relay			8		14		10		6				16		12		9	46	75	46
	155	73	191	99	217	114	147	88	177	90	165	103	149	71	202	119	22	117	1425	874

Match Summary	Belg	Bir	Sale	Sheffield	N&EB	SBH	TRAF	WGwEL	UNUSED	TOTAL
Teams	228.0	290.0	331.0	235.0	267.0	268.0	220.0	321.0	139.0	2299.0
Match Position	7	3	1	6	5	4	8	2		
League Points	2	6	8	3	4	5	1	7		

Standings	Belg	Bir	Sale	Sheffield	N&EB	SBH	TRAF	WGwEL
League Points	2.0	6.0	8.0	3.0	4.0	5.0	1.0	7.0
Match Points	228.0	290.0	331.0	235.0	267.0	268.0	220.0	321.0
League Positions	7	3	1	6	5	4	8	2

UK ATHLETICS: DISTANCE CARD

MEETING		Premiership Match 1		VENUE		Barnet Cophall Stadium		DATE		05 May 2007								
EVENT		Men's Hammer		TIME		11:30		RECORD		12/05/1984		Martin Girvan, Wolverhampton & Bilston, 77.54m						
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B				
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B		
1	5	Simon Bown	Newham & Essex Beagles	NT	64.46	66.39	66.39	2	64.84	65.50	66.72	66.72	2	A	2			
2	1	Mick Jones	Belgrave Harriers	61.70	62.20	59.78	62.20	4	62.43	62.72	59.93	62.72	5	A	5			
3	7	Mathew Lambley	Trafford AC	60.01	60.81	NT	60.81	5	60.36	61.84	60.72	61.84	7	A	7			
4	8	Andy Frost	Woodford Green w Essex Ladies	69.05	70.00	69.03	70.00	1	NT	NT	NT	70.00	1	A	1			
5	3	Alex Smith	City of Manchester (Sale)	57.58	57.69	NT	57.69	8	62.45	61.66	64.08	64.08	3	A	3			
6	2	Matthew Bell	Birchfield Harriers	NT	59.17	63.08	63.08	3	59.45	61.57	NT	63.08	4	A	4			
7	4	Jamie Williamson	City of Sheffield	20.72	RETIRED	-	20.72	16				20.72	16	B		8		
8	6	Graham Holder	Shaftesbury Barnet Harriers	53.42	56.44	56.39	56.44	9				56.44	9	B		2		
9	33	Mark Wiseman	City of Manchester (Sale)	35.37	36.47	RETIRED	36.47	14				36.47	14	B		7		
10	22	Russell Payne	Birchfield Harriers	44.10	43.79	43.91	44.10	13				44.10	13	B		6		
11	44	Daniel Brunt	City of Sheffield	31.47	RETIRED	-	31.47	15				31.47	15	A	8			
12	66	Graeme Allen	Shaftesbury Barnet Harriers	NT	60.07	NT	60.07	6	62.00	61.39	61.92	62.00	6	A	6			
13	55	Amir Williamson	Newham & Essex Beagles	NT	58.71	NT	58.71	7	59.80	NT	NT	59.80	8	B		1		
14	11	Mark Allen	Belgrave Harriers	50.63	50.21	53.60	53.60	11				53.60	11	B		4		
15	77	Roger Bate	Trafford AC	50.72	52.08	52.63	52.63	12				52.63	12	B		5		
16	88	Matt Frampton	Woodford Green w Essex Ladies	55.23	55.98	52.36	55.98	10				55.98	10	B		3		

"A" STRING RESULT				"B" STRING RESULT				JUDGES' SIGNATURES					
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE				
1	8	Andy Frost	Woodford Green w Essex Ladies	70.00	1	55	Amir Williamson	Newham & Essex Beagles	59.80				
2	5	Simon Bown	Newham & Essex Beagles	66.72	2	6	Graham Holder	Shaftesbury Barnet Harriers	56.44				
3	3	Alex Smith	City of Manchester (Sale)	64.08	3	88	Matt Frampton	Woodford Green w Essex Ladies	55.98				
4	2	Matthew Bell	Birchfield Harriers	63.08	4	11	Mark Allen	Belgrave Harriers	53.60				
5	1	Mick Jones	Belgrave Harriers	62.72	5	77	Roger Bate	Trafford AC	52.63				
6	66	Graeme Allen	Shaftesbury Barnet Harriers	62.00	6	22	Russell Payne	Birchfield Harriers	44.10	REFEREE'S SIGNATURE			
7	7	Mathew Lambley	Trafford AC	61.84	7	33	Mark Wiseman	City of Manchester (Sale)	36.47				
8	44	Daniel Brunt	City of Sheffield	31.47	8	4	Jamie Williamson	City of Sheffield	20.72				

UK ATHLETICS: DISTANCE CARD

MEETING		Premiership Match 1		VENUE		Barnet Copthall Stadium		DATE		05 May 2007						
EVENT		Men's Discus		TIME		13:00		RECORD		16/08/1997 Robert Weir, Birchfield H, 62.10m						
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	3	Marcus Gouldbourne	City of Manchester (Sale)	52.33	54.01	52.40	54.01	1	NT	51.31	53.19	54.01	3	A	3	
2	2	Scott Rider	Birchfield Harriers	49.47	44.56	50.63	50.63	6	48.58	NT	51.72	51.72	6	A	5	
3	4	Jamie Williamson	City of Sheffield	NT	44.95	NT	44.95	11				44.95	11	A	8	
4	7	Chris Gaviglio	Trafford AC	49.63	50.44	50.67	50.67	5	51.72	NT	52.18	52.18	5	B		1
5	5	Abdul Buhari	Newham & Essex Beagles	54.01	NT	51.50	54.01	1	52.19	55.17	NT	55.17	1	A	1	
6	1	Leith Marar	Belgrave Harriers	49.70	48.87	48.55	49.70	8	48.96	NT	48.81	49.70	8	B		2
7	6	Angus McInroy	Shaftesbury Barnet Harriers	42.62	NT	NT	42.62	13				42.62	13	B		5
8	8	Emeka Udechuku	Woodford Green w Essex Ladies	NT	51.71	NT	51.71	4	53.46	54.14	53.76	54.14	2	A	2	
9	55	Paul Head	Newham & Essex Beagles	NT	40.12	NT	40.12	14				40.12	14	B		6
10	11	Mark Allen	Belgrave Harriers	49.94	NT	47.26	49.94	7	NT	49.47	49.48	49.94	7	A	6	
11	66	Neville Thompson	Shaftesbury Barnet Harriers	47.04	NT	47.14	47.14	10				47.14	10	A	7	
12	88	Simon Fricker	Woodford Green w Essex Ladies	37.77	38.61	38.25	38.61	15				38.61	15	B		7
13	33	Mark Wiseman	City of Manchester (Sale)	47.71	NT	NT	47.71	9				47.71	9	B		3
14	22	Steve Hale	Birchfield Harriers	NT	NT	36.58	36.58	16				36.58	16	B		8
15	44	Daniel Brunt	City of Sheffield	NT	44.68	43.07	44.68	12				44.68	12	B		4
16	77	Les Richards	Trafford AC	48.06	47.82	53.46	53.46	3	52.07	NT	NT	53.46	4	A	4	

"A" STRING RESULT				"B" STRING RESULT				JUDGES' SIGNATURES					
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE				
1	5	Abdul Buhari	Newham & Essex Beagles	55.17	1	7	Chris Gaviglio	Trafford AC	52.18				
2	8	Emeka Udechuku	Woodford Green w Essex Ladies	54.14	2	1	Leith Marar	Belgrave Harriers	49.70				
3	3	Marcus Gouldbourne	City of Manchester (Sale)	54.01	3	33	Mark Wiseman	City of Manchester (Sale)	47.71				
4	77	Les Richards	Trafford AC	53.46	4	44	Daniel Brunt	City of Sheffield	44.68				
5	2	Scott Rider	Birchfield Harriers	51.72	5	6	Angus McInroy	Shaftesbury Barnet Harriers	42.62				
6	11	Mark Allen	Belgrave Harriers	49.94	6	55	Paul Head	Newham & Essex Beagles	40.12	REFEREE'S SIGNATURE			
7	66	Neville Thompson	Shaftesbury Barnet Harriers	47.14	7	88	Simon Fricker	Woodford Green w Essex Ladies	38.61				
8	4	Jamie Williamson	City of Sheffield	44.95	8	22	Steve Hale	Birchfield Harriers	36.58				

UK ATHLETICS: DISTANCE CARD

MEETING		Premiership Match 1		VENUE		Barnet Cophall Stadium		DATE		05 May 2007								
EVENT		Men's Javelin		TIME		16:15		RECORD		07/08/1993		Colin Mackenzie, Newham & Essex Beagles, 82.38m						
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B				
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B		
1	2	Michael Tarren	Birchfield Harriers	57.77	57.42	58.39	58.39	9				58.39	9	A	7			
2	8	Simon Bennett	Woodford Green w Essex Ladies	60.15	59.70	57.27	60.15	7	59.81	59.80	60.90	60.90	7	A	5			
3	1	Tom Dobbings	Belgrave Harriers	62.41	NT	56.41	62.41	4	64.41	61.00	NT	64.41	4	B		2		
4	4	Luke Peters	City of Sheffield	NT	47.58	46.59	47.58	15				47.58	15	A	8			
5	6	Willem Coertzen	Shaftesbury Barnet Harriers	61.06	61.27	NT	61.27	6	WITHDRAWN			61.27	6	A	4			
6	7	Chris Hughff	Trafford AC	62.64	NT	NT	62.64	3				62.64	5	A	3			
7	5	Jon Lundman	Newham & Essex Beagles	58.75	NT	NT	58.75	8	NT	NT	NT	58.75	8	A	6			
8	3	Gerard Plunkett	City of Manchester (Sale)	66.92	65.22	62.90	66.92	2	59.27	60.09	62.44	66.92	2	B		1		
9	66	Graeme Allen	Shaftesbury Barnet Harriers	NT	49.52	52.30	52.30	10				52.30	10	B		3		
10	77	Paolo Ostapowycz	Trafford AC	47.30	49.46	49.75	49.75	13				49.75	13	B		6		
11	55	Paul Tohill	Newham & Essex Beagles	35.38	48.19	47.79	48.19	14				48.19	14	B		7		
12	33	Dorel Greta	City of Manchester (Sale)	68.07	65.36	69.79	69.79	1	65.24	62.41	NT	69.79	1	A	1			
13	22	Luke Millington	Birchfield Harriers	NT	49.88	42.53	49.88	12				49.88	12	B		5		
14	88	Jamie Wright	Woodford Green w Essex Ladies	48.71	47.90	51.54	51.54	11				51.54	11	B		4		
15	11	Wesley Smith	Belgrave Harriers	60.03	56.58	61.98	61.98	5	64.56	63.16	64.97	64.97	3	A	2			
16	44	Alex Kruger	City of Sheffield	44.55	45.80	45.03	45.80	16				45.80	16	B		8		

"A" STRING RESULT				"B" STRING RESULT					JUDGES' SIGNATURES			
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE			
1	33	Dorel Greta	City of Manchester (Sale)	69.79	1	3	Gerard Plunkett	City of Manchester (Sale)	66.92			
2	11	Wesley Smith	Belgrave Harriers	64.97	2	1	Tom Dobbings	Belgrave Harriers	64.41			
3	7	Chris Hughff	Trafford AC	62.64	3	66	Graeme Allen	Shaftesbury Barnet Harriers	52.30			
4	6	Willem Coertzen	Shaftesbury Barnet Harriers	61.27	4	88	Jamie Wright	Woodford Green w Essex Ladies	51.54			
5	8	Simon Bennett	Woodford Green w Essex Ladies	60.90	5	22	Luke Millington	Birchfield Harriers	49.88			
6	5	Jon Lundman	Newham & Essex Beagles	58.75	6	77	Paolo Ostapowycz	Trafford AC	49.75	REFEREE'S SIGNATURE		
7	2	Michael Tarren	Birchfield Harriers	58.39	7	55	Paul Tohill	Newham & Essex Beagles	48.19			
8	4	Luke Peters	City of Sheffield	47.58	8	44	Alex Kruger	City of Sheffield	45.80			

UK ATHLETICS: DISTANCE CARD

MEETING		Premiership Match 1		VENUE		Barnet Cophall Stadium		DATE		05 May 2007						
EVENT		Men's Shot Putt		TIME		14:45		RECORD		07/07/2001 Adam Nelson, Birchfield H (USA), 20.76m						
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	8	Simon Fricker	Woodford Green w Essex Ladies	NT	13.77	NT	13.77	11				13.77	11	A	6	
2	7	Chris Gaviglio	Trafford AC	18.01	NT	NT	18.01	2	18.00	NT	18.13	18.13	2	A	2	
3	6	Angus McInroy	Shaftesbury Barnet Harriers	12.44	NT	NT	12.44	15				12.44	15	B		7
4	3	Kieran Kelly	City of Manchester (Sale)	16.67	16.50	NT	16.67	4	NT	16.48	16.00	16.67	4	A	4	
5	4	Jamie Williamson	City of Sheffield	15.60	15.90	NT	15.90	5	NT	16.19	NT	16.19	6	A	5	
6	5	Abdul Buhari	Newham & Essex Beagles	10.87	11.97		11.97	16				11.97	16	B		8
7	1	Chris Gearing	Belgrave Harriers	16.55	16.65	16.84	16.84	3	16.65	NT	NT	16.84	3	A	3	
8	2	Scott Rider	Birchfield Harriers	18.07	NT	NT	18.07	1	18.16	NT	18.05	18.16	1	A	1	
9	44	Daniel Brunt	City of Sheffield	14.59	14.66	14.82	14.82	9				14.82	9	B		4
10	55	Simon Bown	Newham & Essex Beagles	12.64			12.64	14				12.64	14	A	8	
11	11	Mark Allen	Belgrave Harriers	15.19	14.45	15.66	15.66	7	15.14	NT	15.58	15.66	8	B		3
12	22	Edward Dunford	Birchfield Harriers	13.08	13.97		13.97	10				13.97	10	B		5
13	88	Andy Frost	Woodford Green w Essex Ladies	13.30	NT		13.30	12				13.30	12	B		6
14	77	Les Richards	Trafford AC	14.74	15.21	NT	15.21	8	15.48	15.57	16.04	16.04	7	B		2
15	66	Graeme Allen	Shaftesbury Barnet Harriers	13.04	13.12	13.04	13.12	13				13.12	13	A	7	
16	33	Rimas Martisuskas	City of Manchester (Sale)	15.84	15.44	NT	15.84	6	NT	16.29	NT	16.29	5	B		1

"A" STRING RESULT				"B" STRING RESULT					JUDGES' SIGNATURES			
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE			
1	2	Scott Rider	Birchfield Harriers	18.16	1	33	Rimas Martisuskas	City of Manchester (Sale)	16.29			
2	7	Chris Gaviglio	Trafford AC	18.13	2	77	Les Richards	Trafford AC	16.04			
3	1	Chris Gearing	Belgrave Harriers	16.84	3	11	Mark Allen	Belgrave Harriers	15.66			
4	3	Kieran Kelly	City of Manchester (Sale)	16.67	4	44	Daniel Brunt	City of Sheffield	14.82			
5	4	Jamie Williamson	City of Sheffield	16.19	5	22	Edward Dunford	Birchfield Harriers	13.97			
6	8	Simon Fricker	Woodford Green w Essex Ladies	13.77	6	88	Andy Frost	Woodford Green w Essex Ladies	13.30	REFEREE'S SIGNATURE		
7	66	Graeme Allen	Shaftesbury Barnet Harriers	13.12	7	6	Angus McInroy	Shaftesbury Barnet Harriers	12.44			
8	55	Simon Bown	Newham & Essex Beagles	12.64	8	5	Abdul Buhari	Newham & Essex Beagles	11.97			

UK ATHLETICS: DISTANCE CARD

MEETING		Premiership Match 1		VENUE		Barnet Cophall Stadium		DATE		05 May 2007									
EVENT		Men's Long Jump		TIME		12:30		RECORD		07/07/1990							Stewart Faulkner, Birchfield H, 7.91m		
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B					
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	Metres	A	B		
1	4	Chris Wright	City of Sheffield	6.24	6.10	6.35	6.35	11				6.35	11	A	7				
2	3	Simon Eupa Njoku	City of Manchester (Sale)	6.70	6.75	-	6.75	8				6.75	8	A	5				
3	5	Suote Nyonanyo	Newham & Essex Beagles	6.78	6.77	6.79	6.79	5	6.81	NJ	6.75	6.81	6	B		2			
4	6	Nonso Okolo	Shaftesbury Barnet Harriers	6.79	6.77	6.77	6.79	5	6.82	NJ	6.67	6.82	5	A	4				
5	7	Chris Hughff	Trafford AC	6.07	NJ	6.07	6.07	12				6.07	12	A	8				
6	8	Jamie Wright	Woodford Green w Essex Ladies	6.71	NJ	6.48	6.71	9				6.71	9	A	6				
7	2	Jonathon Moore	Birchfield Harriers	NJ	NJ	7.03	7.03	3	NJ	7.34	7.40	7.40	2	A	2				
8	1	Darragh O'Farrell	Belgrave Harriers																
9	77	Carlos Holder	Trafford AC	5.54	2.27	5.62	5.62	14				5.62	14	B		6			
10	88	Dan Awde	Woodford Green w Essex Ladies	NJ	1.54	NJ	1.54	15				1.54	15	B		7			
11	22	Oliver McNellis	Birchfield Harriers	7.10	NJ	NJ	7.10	2	NJ	NJ	NJ	7.10	3	B		1			
12	11	Richard Danso	Belgrave Harriers	6.89	NJ	6.79	6.89	4	NJ	NJ	6.53	6.89	4	A	3				
13	44	Jamie Russell	City of Sheffield	5.63	5.73	5.84	5.84	13				5.84	13	B		5			
14	33	Laurence Fitch	City of Manchester (Sale)	6.19	6.39	6.35	6.39	10				6.39	10	B		4			
15	55	Rabah Yusef	Newham & Essex Beagles	7.19	-	-	7.19	1	7.61	-	-	7.61	1	A	1				
16	66	Jude Beimers	Shaftesbury Barnet Harriers	6.78	4.88	-	6.78	7				6.78	7	B		3			

"A" STRING RESULT				"B" STRING RESULT					JUDGES' SIGNATURES			
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE			
1	55	Rabah Yusef	Newham & Essex Beagles	7.61	1	22	Oliver McNellis	Birchfield Harriers	7.10			
2	2	Jonathon Moore	Birchfield Harriers	7.40	2	5	Suote Nyonanyo	Newham & Essex Beagles	6.81			
3	11	Richard Danso	Belgrave Harriers	6.89	3	66	Jude Beimers	Shaftesbury Barnet Harriers	6.78			
4	6	Nonso Okolo	Shaftesbury Barnet Harriers	6.82	4	33	Laurence Fitch	City of Manchester (Sale)	6.39			
5	3	Simon Eupa Njoku	City of Manchester (Sale)	6.75	5	44	Jamie Russell	City of Sheffield	5.84			
6	8	Jamie Wright	Woodford Green w Essex Ladies	6.71	6	77	Carlos Holder	Trafford AC	5.62	REFEREE'S SIGNATURE		
7	4	Chris Wright	City of Sheffield	6.35	7	88	Dan Awde	Woodford Green w Essex Ladies	1.54			
8	7	Chris Hughff	Trafford AC	6.07	8							

UK ATHLETICS: DISTANCE CARD

MEETING		Premiership Match 1		VENUE		Barnet Copthall Stadium		DATE		05 May 2007							
EVENT		Men's Long Jump		TIME		12:30		RECORD		33061					Stewart Faulkner, Birchfield H, 7.91m		
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B			
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	Metres	A	B
1	4	Chris Wright	City of Sheffield	+2.1	+1.5	+0.6											
2	3	Simon Eupa Njoku	City of Manchester (Sale)	+1.5	+1.7	-											
3	5	Suote Nyonyonyo	Newham & Essex Beagles	+1.5	+1.7	+2.4			+1.7	+1.7	+1.9						
4	6	Nonso Okolo	Shaftesbury Barnet Harriers	+2.7	+2.5	+1.4			+2.2	+0.6	+1.2						
5	7	Chris Hughff	Trafford AC	+0.4	+1.5	+1.0											
6	8	Jamie Wright	Woodford Green w Essex Ladies	+0.8	+0.6	+2.2											
7	2	Jonathon Moore	Birchfield Harriers	+1.1	+1.5	+2.4			+1.2	+1.6	+2.1						
8	1	Darragh O'Farrell	Belgrave Harriers														
9	77	Carlos Holder	Trafford AC	+1.5	+2.1	+2.0											
10	88	Dan Awde	Woodford Green w Essex Ladies	+0.9	+1.4	+1.1											
11	22	Oliver McNellis	Birchfield Harriers	+1.1	+2.4	+0.7			+2.4	+1.5	+2.4						
12	11	Richard Danso	Belgrave Harriers	+2.8	+1.8	+0.7			+2.1	+2.0	+1.0						
13	44	Jamie Russell	City of Sheffield	+1.8	+1.2	+1.9											
14	33	Laurence Fitch	City of Manchester (Sale)	+2.6	+1.4	+1.3											
15	55	Rabah Yusef	Newham & Essex Beagles	+2.3					+1.3								
16	66	Jude Beimers	Shaftesbury Barnet Harriers	+2.3	+1.4												

"A" STRING RESULT				"B" STRING RESULT				JUDGES' SIGNATURES					
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE				
1					1								
2					2								
3					3								
4					4								
5					5								
6					6					REFEREE'S SIGNATURE			
7					7								
8					8								

UK ATHLETICS: DISTANCE CARD

MEETING		Premiership Match 1		VENUE		Barnet Cophall Stadium		DATE		05 May 2007						
EVENT		Men's Triple Jump		TIME		14:15		RECORD		19/08/1995 Francis Agyepong, Shaftesbury Barnet H, 16.75m						
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	1	Darragh O'Farrell	Belgrave Harriers													
2	6	Nonso Okolo	Shaftesbury Barnet Harriers	13.39	WITHDRAWN		13.39	9				13.39	9	B		4
3	8	Sayo Ojo	Woodford Green w Essex Ladies	12.59	12.77	13.14	13.14	11				13.14	11	B		5
4	5	Tadjou Salou	Newham & Essex Beagles	13.93	13.70	11.44	13.93	7	WITHDRAWN			13.93	7	A	5	
5	2	Michael McKienan	Birchfield Harriers	NJ	15.63	15.63	15.63	1	NJ	15.19	15.22	15.63	1	A	1	
6	4	Dave Budd	City of Sheffield	13.65	13.75	NJ	13.75	8	NJ	NJ	NJ	13.75	8	B		3
7	3	Simon Eupa Njoku	City of Manchester (Sale)	NJ	14.64	13.24	14.64	3			14.69	14.69	3	A	2	
8	7	Chris Hughff	Trafford AC													
9	22	Phil Ferdinand	Birchfield Harriers	14.66	NJ	14.89	14.89	2	NJ	NJ	NJ	14.89	2	B		1
10	44	Graeme Mathews	City of Sheffield	14.31	13.43	14.41	14.41	4	NJ	NJ	NJ	14.41	4	A	3	
11	33	James Townsend	City of Manchester (Sale)	14.09	14.08	NJ	14.09	5	NJ	NJ	NJ	14.09	5	B		2
12	77	Vincent Booth	Trafford AC													
13	11	-	Belgrave Harriers													
14	66	Daniel Lewis	Shaftesbury Barnet Harriers	NJ	13.44	13.93	13.93	6	12.82	13.88	13.19	13.93	6	A	4	
15	88	Keith Newton	Woodford Green w Essex Ladies	13.18	12.73	13.34	13.34	10				13.34	10	A	6	
16	55	Nelson Oboh	Newham & Essex Beagles													

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	2	Michael McKienan	Birchfield Harriers	15.63	1	22	Phil Ferdinand	Birchfield Harriers	14.89		
2	3	Simon Eupa Njoku	City of Manchester (Sale)	14.69	2	33	James Townsend	City of Manchester (Sale)	14.09		
3	44	Graeme Mathews	City of Sheffield	14.41	3	4	Dave Budd	City of Sheffield	13.75		
4	66	Daniel Lewis	Shaftesbury Barnet Harriers	13.93	4	6	Nonso Okolo	Shaftesbury Barnet Harriers	13.39		
5	5	Tadjou Salou	Newham & Essex Beagles	13.93	5	8	Sayo Ojo	Woodford Green w Essex Ladies	13.14		
6	88	Keith Newton	Woodford Green w Essex Ladies	13.34	6					REFEREE'S SIGNATURE	
7					7						
8					8						

UK ATHLETICS: DISTANCE CARD

MEETING		Premiership Match 1		VENUE		Barnet Cophall Stadium		DATE		05 May 2007					
EVENT		Men's Triple Jump		TIME		14:15		RECORD		Francis Agyepong, Shaftesbury Barnet H, 16.75m					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B	
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	Metres
1	1	Darragh O'Farrell	Belgrave Harriers												
2	6	Nonso Okolo	Shaftesbury Barnet Harriers	+2.0											
3	8	Sayo Ojo	Woodford Green w Essex Ladies	+1.9	+0.9	+1.9									
4	5	Tadjou Salou	Newham & Essex Beagles	+1.2	+0.5	+1.8									
5	2	Michael McKienan	Birchfield Harriers	+2.0	+1.5	+0.6			+3.0	-0.9	+1.3				
6	4	Dave Budd	City of Sheffield	+0.4	+1.2	+1.8			+2.3	-1.0	+0.8				
7	3	Simon Eupa Njoku	City of Manchester (Sale)	+1.3	+1.0	+0.6					+0.2				
8	7	Chris Hughff	Trafford AC												
9	22	Phil Ferdinand	Birchfield Harriers	+1.9	+2.3	+1.1			+2.0	+0.6	-0.8				
10	44	Graeme Mathews	City of Sheffield	+1.4	+1.7	+1.2			+2.1	-1.4	-0.3				
11	33	James Townsend	City of Manchester (Sale)	+0.3	+0.8	+0.9			+1.4	+0.6	-1.6				
12	77	Vincent Booth	Trafford AC												
13	11	-	Belgrave Harriers												
14	66	Daniel Lewis	Shaftesbury Barnet Harriers	+2.0	+0.8	+1.0			+0.6	+1.0	-1.0				
15	88	Keith Newton	Woodford Green w Essex Ladies	+1.9	+1.1	+3.4									
16	55	Nelson Oboh	Newham & Essex Beagles												

"A" STRING RESULT				"B" STRING RESULT					JUDGES' SIGNATURES		
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1					1						
2					2						
3					3						
4					4						
5					5						
6					6					REFEREE'S SIGNATURE	
7					7						
8					8						

UK ATHLETICS: HEIGHT CARD

MEETING		Premiership Match 1		VENUE	Barnet Cophall Stadium								DATE	05 May 2007									
EVENT		Men's High Jump		TIME	13:30		League Record		05/06/93		Steve Smith, Liverpool H & AC, 2.33m												
Order	No	NAME	CLUB	1.60	1.70	1.80	1.85	1.90	1.95	2.00	2.05	2.10	2.15	2.20		Best of All	Trials at Ht Cleared	Total	Failures Total	Trials	Final Position	A or B	
				Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres							Metres
1	2	Jonathon Moore	Birchfield Harriers	o	o	o	xxx									1.80					15	B	7
2	8	Ben Challenger	Woodford Green w Essex Ladies							xo	xo	xxo	xxx			2.10					3	A	2
3	1	Samson Oni	Belgrave Harriers	o	o	o	o	o	o	o	o	xxo	xxo	xxx		2.15					1	A	1
4	4	Wanagwa Mkandawire	City of Sheffield					o	o	xo	xxx					2.00					6	A	5
5	6	Willem Coertzen	Shaftesbury Barnet Harriers		o	xo	o	xxx								1.85					11	B	4
6	7	Steven Ridgeway	Trafford AC				xo	xxx								1.85					13	B	6
7	5	Matt Roberts	Newham & Essex Beagles					o	o	xo	o	xxx				2.05					4	A	3
8	3	Peter Ringel	City of Manchester (Sale)			xo	xo	xxx								1.85					14	A	8
9	66	Daryl Stone	Shaftesbury Barnet Harriers							o	xxx					2.00					5	A	4
10	77	Alex Girdler	Trafford AC			o	o	xxx								1.85					10	A	7
11	55	Nelson Oboh	Newham & Essex Beagles			o	xo	xo	o	xxx						1.95					7	B	2
12	33	Joe Lancaster	City of Manchester (Sale)		o	xxo	xxx									1.80					16	B	8
13	22	Edward Dunford	Birchfield Harriers			o	o	xo	xxx							1.90					9	A	6
14	88	Gareth Dyball	Woodford Green w Essex Ladies					o	xo	xxx						1.95					8	B	3
15	11	Darvin Edwards	Belgrave Harriers	o	o	o	o	o	xo	o	o	o	xxx			2.10					2	B	1
16	44	Kyle Hargreaves	City of Sheffield			xxo	o	xxx								1.85					12	B	5

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	HEIGHT	Posn	No.	NAME	CLUB	HEIGHT		
1	1	Samson Oni	Belgrave Harriers	2.15	1	11	Darvin Edwards	Belgrave Harriers	2.10		
2	8	Ben Challenger	Woodford Green w Essex Ladies	2.10	2	55	Nelson Oboh	Newham & Essex Beagles	1.95		
3	5	Matt Roberts	Newham & Essex Beagles	2.05	3	88	Gareth Dyball	Woodford Green w Essex Ladies	1.95		
4	66	Daryl Stone	Shaftesbury Barnet Harriers	2.00	4	6	Willem Coertzen	Shaftesbury Barnet Harriers	1.85		
5	4	Wanagwa Mkandawire	City of Sheffield	2.00	5	44	Kyle Hargreaves	City of Sheffield	1.85		
6	22	Edward Dunford	Birchfield Harriers	1.90	6	7	Steven Ridgeway	Trafford AC	1.85	REFEREE'S SIGNATURE	
7	77	Alex Girdler	Trafford AC	1.85	7	2	Jonathon Moore	Birchfield Harriers	1.80		
8	3	Peter Ringel	City of Manchester (Sale)	1.85	8	33	Joe Lancaster	City of Manchester (Sale)	1.80		

UK ATHLETICS: HEIGHT CARD

MEETING		Premiership Match 1		VENUE		Barnet Cophall Stadium										DATE		05 May 2007				
EVENT		Men's Pole Vault		TIME		12:00		League Record			19/08/95		Neil Winter, Shaftesbury Barnet H, 5.60m									
Order	No	NAME	CLUB	2.20	2.60	2.80	3.00	3.20	3.40	3.60	3.80	4.00	4.20	4.40	4.60	Best of All	Trials at Ht.Cleared	Trials Total	Failures Total	Trials Final	Position	A or B
				4.80	5.00	5.20	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres						
1	1	Joe Ive	Belgrave Harriers		xo	xxx										5.00				2	A	2
2	6	James Grant	Shaftesbury Barnet Harriers					xo	xo	o	xxx					3.60				12	A	7
3	8	Christian North	Woodford Green w Essex Ladies	xo	o	xxx								xo	xo	5.00				1	A	1
4	5	Shaun Slater	Newham & Essex Beagles	o	retired											2.20				14	A	8
5	2	Michael Barber	Birchfield Harriers	o	xxx											4.80				5	A	5
6	4	Luke Cutts	City of Sheffield		xxo	xxx										5.00				4	A	4
7	3	Mark Christie	City of Manchester (Sale)		xo	xxx										5.00				2	A	2
8	7	Allan Richardson	Trafford AC										o	o	xxx	4.40				6	A	6
9	22	Alex Williams	Birchfield Harriers									o	pass	xo	xxx	4.40				9	B	3
10	44	Rhys Searles	City of Sheffield								xo	o	xo	o	xxx	4.40				8	B	2
11	33	Matt Cullen	City of Manchester (Sale)						xo	o	xxx					3.60				11	B	5
12	77	Ian Noble	Trafford AC	o	pass	pass	pass	pass	pass	pass	pass	o	xo	xxx	4.20				10	B	4	
13	11	-	Belgrave Harriers																			
14	66	Jack Witherington	Shaftesbury Barnet Harriers		o	o	o	xxx								3.00				13	B	6
15	88	Brendan McConville	Woodford Green w Essex Ladies											o	xxx	4.40				6	B	1
16	55	-	Newham & Essex Beagles																			

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	HEIGHT	Posn	No.	NAME	CLUB	HEIGHT		
1	8	Christian North	Woodford Green w Essex	5.00	1	88	Brendan McConville	Woodford Green w Essex	4.40		
2=	1	Joe Ive	Belgrave Harriers	5.00	2	44	Rhys Searles	City of Sheffield	4.40		
2=	3	Mark Christie	City of Manchester (Sale)	5.00	3	22	Alex Williams	Birchfield Harriers	4.40		
4	4	Luke Cutts	City of Sheffield	5.00	4	77	Ian Noble	Trafford AC	4.20		
5	2	Michael Barber	Birchfield Harriers	4.80	5	33	Matt Cullen	City of Manchester (Sale)	3.60		
6	7	Allan Richardson	Trafford AC	4.40	6	66	Jack Witherington	Shaftesbury Barnet Harriers	3.00	REFEREE'S SIGNATURE	
7	6	James Grant	Shaftesbury Barnet Harriers	3.60							
8	5	Shaun Slater	Newham & Essex Beagles	2.20							