



**2025 European Running Championships: 10km Road Event  
Selection Policy  
12 - 13 April 2025  
Leuven Belgium**

Selection Policy – Published 28th August 2024. Amended 16th January 2025.

## **1. OVERVIEW**

This selection policy (“the Policy”) outlines the selection process for Great Britain & Northern Ireland team representation in the 10km event at the 2025 European Running Championships.

Selections will take place on 24 March 2025 and the team will be announced on 28 March 2025.

Participation as a member of the GB team for the European Road Running Championships will require an Athlete Contribution. Details are provided in Appendix Two. Selection and participation in the 10km event are conditional on the athlete agreeing to and making the Athlete Contribution.

## **2. AIM**

UK Athletics (UKA) will select up to a maximum of 6 athletes per team (European Athletics Entries Rules) in order to fulfil the following aims:

- Contribute to maximising the number of individual medals overall at the European Running Championships.
- Contribute to maximising top eight placings overall and team medal success at the European Running Championships.

## **3. ELIGIBILITY**

To be considered for selection, athletes must meet the following two criteria:

- a. Satisfy the criteria outlined in Appendix 1.
- b. Have achieved the UKA Qualification Standard as outlined in paragraph 5

Athletes who meet the above criteria will be “Eligible Athletes”.

## **4. EXPRESSION OF INTEREST**

All athletes who wish to be considered for European Road Running Championships 10km selection must submit an [expression of interest form](#), the deadline for expressions of interest is 23:59 (GMT) 23 March 2025.

If there are issues completing the form, please email [lburke@uka.org.uk](mailto:lburke@uka.org.uk)

## 5. QUALIFICATION

All athletes must have the UKA Qualification Standard in order to be considered for selection.

5.1. The UKA Qualification Standards are as follows:

Men	Event	Women
28:20	10km	32:20

5.2. The UKA Qualification standard must be achieved in the period 00:00 (BST) 1 December 2024 to 23:59 (GMT) 23 March 2025.

5.3. The UKA Qualification Standard must be achieved in accordance with the Performance Conditions outlined in Appendix 3.

## 6. TRIAL

6.1. The 10km Trial ("Trial") will take place on 23 March 2025 at the 'Pulford 10km', Cheshire.

6.2. The 10km Trial will be the main route to achieving selection.

6.3. Athletes are not required to compete in the Trial but four of the places for male athletes and four places for female will be selected based on the results at the Trial (assuming those athletes who finish in the top four comply with the other criteria set out in this policy).

6.4. Athletes who wish to enter the 10k Trial must have achieved the following entry standards since 1 January 2024 over the 10k distance and be eligible to compete for GB&NI

Men 29:20 minutes

Women 33:20 minutes

6.5. Athletes who meet the criteria above and wish to enter must email Tom Craggs ([tcraggs@uka.org.uk](mailto:tcraggs@uka.org.uk)) by **28 February 2025**.

## 7. SELECTION MEETING – 24 March 2025

The Selection Panel will select athletes in two (2) rounds.

### Round 1:

7.1. The top four (4) male and top four (4) female athletes in the Trial will be selected provided that they are an Eligible Athlete with a UKA Qualification Standard.

7.2. Selection is contingent on an athlete having current form. Current form is defined as an athlete's current performance potential and readiness to compete at a level that satisfies the aims of the policy. This will be determined by evaluating the athlete's performances from 1st December 2024 to the 23 March 2025 and will take into consideration factors such as consistency, competition performance, progression and

current injury status. Current form can be demonstrated in an alternative relevant discipline which includes 10k track and 5 mile road events.

- 7.3. In the event of a dead heat in any of the top four placings involving two Eligible Athletes with the UKA Qualification Standard, all athletes (up to the maximum number of 6 per event) will be selected in Round 1.
- 7.4. Should any of the automatic finishers at the Trial not be eligible for selection (or decline selection), their place will **not** be offered by default to the next best Eligible Athlete. Any places not filled in Round 1 will be considered for selection in Round 2.

### **Round 2:**

- 7.5. The Selection Panel will consider selecting Eligible Athletes with a UKA Qualification Standard **and** demonstrating current form as outlined in paragraph 7.2 above.
- 7.6. If there are more Eligible Athletes with a UKA Qualification Standard and current form than there are places available, athletes will be selected based on the Selection Panel's consideration of a combination of the following criteria. The criteria below are not listed in priority order, may be given unequal weight and/or may be disregarded:
  - i. Performance at the Trial – 'Pulford 10km'.
  - ii. The number of UKA Qualification Standards achieved within the qualification period.
  - iii. 2024 & 2025 Season's Best.
  - iv. 2024 & 2025 European rankings.
  - v. Head-to-heads within the qualification period.
  - vi. Previous major competition history.
  - vii. Injury/illness status,
  - viii. any other factors the Selection Panel deem relevant.

## **8. SELECTION PANEL**

- 8.1. The Selection Panel shall comprise a Chairperson and the following voting members:
  - i. UK Athletics Endurance Strategy Manager.
  - ii. England Athletics National Endurance Manager
  - iii. UKA Endurance Advisory Group Member selected by UKA.
- 8.2. UKA may (but is not obliged to) invite any other person to attend the selection meeting not limited to:
  - i. Independent observer.
  - ii. UKA Athlete Commission or BEAA Member (if available).
  - iii. UKA Medical representative.
  - iv. Legal counsel for UKA.
  - v. Note-takers.
- 8.3. Athletes should keep the UK Athletics Endurance Strategy Manager (cjones@uka.org.uk) up to date about their availability for these championships.
- 8.4. In the event of an actual, potential, or possible conflict relating to any selector, the actual, potential or possible conflict shall be reported to the Chairperson of the selection meeting, who shall determine whether the selector in question should be

permitted to take part in relation to any selection decision(s). The Chairperson may appoint an alternative selector if necessary.

- 8.5. Voting of the Selection Panel shall be by simple majority. The UKA Endurance Strategy Manager shall have a casting vote, if required. In the event of a conflict, the Chairperson shall nominate the casting vote.

## **9. NON-TRAVELLING RESERVES**

UK Athletics may select non-travelling reserves for each male and female team. These athletes will be added to the final entry and will be called upon if logistically possible should any athlete withdraw. Non-travelling reserve places will be selected based on the performance criteria listed above.

## **10. DE-SELECTION**

Following selection, an athlete may be de-selected by the Selection Panel or UKA in the event of:

- a. The athlete ceasing to comply with the eligibility criteria set out in this Selection Policy, or other strategy document communicated by UKA
- b. Following application of the Medical De-Selection Protocol set out in the Team Member Agreement
- c. Any anti-doping rule violation or provisional suspension
- d. Any serious misconduct (past or present) or suspension due to misconduct
- e. UK Athletics reasonably considering that the athlete will be unable to perform at the level required or expected due to any reason including loss of form or failure to recover fully or as expected from injury or illness; or
- f. Failure to follow conditions of selection

In the event of de-selection, the Selection Panel will meet again to decide on a replacement athlete. In the event there is not time for the Selection Panel to meet, the decision will be taken by the UKA Endurance Strategy Manager.

## **11. GENERAL PROVISIONS**

### **Appeals**

There shall be no right of appeal to the selection of the GB&NI Team made by the Selection Panel. The provisions of the UK Athletics Selection and Nomination "Fast" Appeals Procedure do not apply to the GB&NI team selections for the 2025 European Road Running Championships.

### **Amendment**

UK Athletics reserves the right to amend this Selection Policy at any time in its sole discretion and will make any amended version publicly available (including the date on which any amendment was made) at [www.britishathletics.org.uk](http://www.britishathletics.org.uk).

### **Governing law**

This Selection Policy shall be governed by and construed in accordance with the law of England and Wales.

## **Jurisdiction**

Any dispute or claim arising out of or in connection with this Selection Policy shall be submitted for determination exclusively to arbitration under the auspices of Sports Resolutions (UK) Limited and subject to the procedural control of the English Courts.

## **Contacts**

For any questions relating to the selection policy (including those relating to athletes based overseas) please contact the UKA Endurance Strategy Manager [cjones@uka.org](mailto:cjones@uka.org) or UK Athletics Senior Athlete Support Coordinator [pgowing@uka.org.uk](mailto:pgowing@uka.org.uk)

## **APPENDIX 1 – ELIGIBILITY CRITERIA**

Athletes must:

- a. Be eligible to compete for Great Britain & Northern Ireland (i.e. full British passport holder).
- b. Not currently serving a period of ineligibility or a provisional or permanent suspension for a doping violation or for any other reason of misconduct.
- c. Meet the standards and behaviour expected by UK Athletics, as published from time to time, including in the International Athletes Code of Conduct. Not have committed a criminal, disciplinary or safeguarding offence that in the reasonable opinion of the Board of UK Athletics renders the athlete unsuitable for selection.
- d. Be registered as a member with the relevant Home Country Athletics Federation (HCAF), directly or through a club.
- e. Be 18 years or older on 31 December 2024 (i.e. born in 2007 or earlier).
- f. Sign the UK Athletics Team Members' Agreement ("TMA") and abide by its terms and conditions. Any athlete failing to do so prior to the first date of competition will result in their selection being withdrawn. The current version of the TMA can be found here <https://www.uka.org.uk/performance/british-athletics-teams-information/>; and
- g. Provide such performance, medical and training data requested by UK Athletics from time to time whether before or after selection.

## **APPENDIX 2- ATHLETE CONTRIBUTIONS**

The European Road Running Championships 2025 is one of the off-track events that requires a joint funding approach in order to support the participation of GB teams. An Athlete Contribution will be required to support the costs associated with competing at the championships including, but not limited to transfers, accommodation, meals and kit and team staffing.

In the Expression of Interest for selection in the 10km event, athletes must agree to the principle of selection and participation being conditional on making the agreed financial participation – the 'Athlete Contribution'.

In order to help athletes plan, UKA has undertaken budget forward-planning to estimate a maximum anticipated per athlete cost contribution. The Athlete Contribution for the 2025 European Road Running Championships will be no more than £1100 per athlete. All agreed/known subsidies and subventions from the LOC or other parties will be deducted when calculating the Athlete Contribution.

Athletes will be required to meet at the team assembly point two days before the European Road Running Championships 10km. The assembly date will be 11<sup>th</sup> April, with the race expected to take place on the 13<sup>th</sup> of April. Athletes will be sent further details on assembly point and team accommodation following their expression of interest submission.

At the time of selection, UKA will provide athletes with the final figure for the athlete contribution and timeline for payment. Team membership will be conditional on agreeing the terms in the team members' agreement. Athletes will be required to pay a deposit on acceptance of their place on the team.

Once athletes have signed the agreed selection letter, they will receive all championship kit prior to the agreed assembly point.

Once the team has been selected, UKA team management and support staff will work with athletes and coaches to help maximise preparation for the above championships.

## **APPENDIX 3: PERFORMANCE CONDITIONS**

1. Performances must be achieved during competitions organised or authorised by World Athletics, its Area Associations or its National Member Federations, conducted in conformity with World Athletics Rules and as of 1 January 2024 must be published on the Global Calendar pages of the World Athletics website (<https://worldathletics.org/competition/calendar-results>).