



## **World Mountain & Trail Running Championships Canfranc-Pirineos, Spain, 25-28 September 2025**

### **Selection Statement for the Long and Short Trail – May 2024**

The objective of the UKA Selection Policy for the World Mountain and Trail Running Championships Canfranc-Pirineos, Spain, 25-28 September 2025 will be to select:

- Athletes who are capable of finishing in the top 10 at the Championships
- Teams who are capable of finishing in the top 5 at the Championships

There will be trials for both the Long and Short Trail Races, with the first two runners in each event gaining automatic selection subject to being considered to meet the performance criteria above.

Up to six athletes per team may be selected, with teams of three being required to score.

Further details will be made available when the full selection policy is published by the end of September 2024.

### **Early Selection – Long and Short Trail Races**

- a. The Selection Panel may select athletes who have demonstrated potential individual medal winning performances during the period 1 August to 1 October 2024 either
  - a. over events of a similar distance, elevation profile and altitude
  - or
  - b. over events of a shorter distance/less technical terrain, and also have previous recent form of events of a similar distance, elevation profile and altitudeand have given the panel confidence in their ability to prepare effectively for a championship Long Trail or Short Trail race.
- b. Any athletes selected at this stage must show current form in advance of the respective trial race, to be agreed with the Team Leader
- c. For the avoidance of doubt, the selectors may decide not to select any athletes at this stage.

Athletes wishing to be considered for Early Selection must submit an expression of interest form. This will be made available when the full selection policy is published.

### **Agreement of Racing Programmes**

Final selection of all athletes is subject to agreement of the athlete's racing programme with the respective team staff member between the date of selection and the Championships.

For avoidance of doubt no athletes will be permitted to do races of longer than 60km within 30 days prior to the event. Events of longer than 40 km will only be permitted in exceptional circumstances to be agreed with the Team Leader at the time of selection and based on athletes' demonstrated prior racing history.



## **Trial dates and venues:**

### **Long Trail – 80km**

The Long Trail Trial Race will be 21 June 2025 in conjunction with the 14 Peaks Ultra, 52km, 3900m ascent/descent.

<https://apexrunning.co/events/skyruneryri>

Please note that the trial for the Long Trail is considerably under distance. This is to provide an equitable elevation experience to that in Canfranc. Runners targeting the Long Trail Trial should be aware that, should they be selected, the Championship event will be considerably longer in time and distance, and overall elevation gain and descent.

### **Short Trail – 40km**

The Short Trail Trial Race will be 31 May 2025 in conjunction with the Scafell Sky Race, 40km, 2800m ascent/descent.

<https://www.lakedistrictskytrails.com/scafell-sky-race-40km-2800m>

Athletes wishing to compete in either trial should contact Angela Mudge ([angela.mudge@scottishathletics.org.uk](mailto:angela.mudge@scottishathletics.org.uk)) to discuss entries.

All selected athletes will be required to make a financial contribution towards the costs of attending the Championships.

ENDS