



Senior Uphill Only Trial for the European Off-Road Running Championships Friday 19 April, Dodd Wood 6.4km with 905m ascent

Senior's Results

| Position | Time | Name | Cat | Club |
|----------|-------|--------------------|-----|------------------------------------|
| 1 | 35.41 | Joe Steward | | Salford Harriers & AC |
| 2 | 36.05 | Jacob Adkin | | Keswick AC |
| 3 | 36.34 | Kris Jones | | Swansea Harriers |
| 4 | 37.31 | Finlay Grant | | Dark Peak Fell Runners |
| 5 | 37.56 | Tom Spencer | | Buxton AC |
| 6 | 38.26 | Bertie Houghton | | Dark Peak Fell Runners |
| 7 | 38.46 | Oscar Subuh-Symons | | Ambleside AC |
| 8 | 39.04 | Rory Abernethy | | Ochil Hill Runners |
| 9 | 39.05 | Daniel Haworth | | Matlock AC |
| 10 | 39.07 | Tom Wood | | Eyri Harriers |
| 11 | 39.23 | Finn Lydon | | Carnethy Hill Racing Club |
| 12 | 39.35 | Grant Cunliffe | | Rosendale Harriers & AC |
| 13 | 40.03 | George Foster | | Matlock AC |
| 14 | 41.19 | Luke Foley | | Horwich RMI Harriers |
| 15 | 41.37 | Jake Collier | | Keswick AC |
| 16 | 41.38 | Scout Adkin | F | Ambleside AC |
| 17 | 42.03 | Harry Pulham | | Shettleston Harriers |
| 18 | 42.28 | Harry Bolton | | Keswick AC |
| 19 | 42.31 | David Bunn | | Edinburgh University Hare & Hounds |
| 20 | 42.41 | Harry Jones | | Matlock AC |
| 21 | 42.48 | Jack Walton | | Keighley & Craven AC |
| 22 | 42.52 | William Tighe | | Leeds City AC |
| 23 | 42.56 | Sam Holding | | Cumberland Fell Runners |
| 24 | 43.00 | Tom Saville | | Dark Peak Fell Runners |
| 25 | 43.11 | Jamie Goodge | | Tonbridge AC |
| 26 | 43.23 | Alex Mason | | Dark Peak Fell Runners |
| 27 | 43.28 | Harry Holmes | | Matlock AC |
| 28 | 43.50 | Thomas Cornthwaite | | Salford Harriers & AC |
| 29 | 44.27 | Sara Willhoit | F | Mercia Fell Runners |
| 30 | 44.45 | Rafe Man | | Aldershot & Farnham District AC |
| 31 | 45.14 | James Tilley | | Run Through |
| 32 | 45.16 | Scarlet Dale | F | Helm Hill Runners |
| 33 | 45.34 | Elle Twentyman | F | Rugby & Northampton AC |
| 34 | 45.32 | Brendan Forrester | | Scotland |
| 35 | 46.17 | Eve Pannone | F | Ambleside AC |



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|----|-------|---------------------|---|----------------------------|
| 36 | 46.35 | Sarah McCormack | F | Ambleside AC |
| 37 | 46.59 | Henry Webb | | Dark Peak Fell Runners |
| 38 | 47.01 | Ifan Oldfield | | Wrexham AAC |
| 39 | 47.03 | Phillipa Williams | F | Dark Peak Fell Runners |
| 40 | 47.06 | Kirsty Dickson | F | Carnethy Hill Running Club |
| 41 | 47.25 | Ruth Jones | F | Leeds City AC |
| 42 | 47.31 | Emily Shaw | F | Edinburgh Hare & Hounds |
| 43 | 47.38 | Harry Bond | | Staffs Moorlands AC |
| 44 | 47.42 | Ellen Weir | F | Thames Hare & Hounds |
| 45 | 48.17 | Nancy Scott | F | Edinburgh AC |
| 46 | 48.18 | Rhiannon Kamink | F | Helm Hill Runners |
| 47 | 48.31 | Emma McColm | F | Preston Harriers |
| 48 | 48.35 | James Bell | | Thames Hare & Hounds |
| 49 | 48.38 | Jill Stephen | F | Deeside Runners |
| 50 | 48.46 | Emma Clayton | F | Bingley Harriers & AC |
| 51 | 48.54 | Holly Wooton | F | Keswick AC |
| 52 | 48.59 | Will Lloyd | | Tyneside Harriers & AC |
| 53 | 49.03 | Katherine Maltby | F | Black Combe Runners |
| 54 | 49.03 | Gemma Hillier-Moses | F | New Levels Run Club |
| 55 | 49.06 | Betty Bergstrand | F | Pudsey & Bramley AC |
| 56 | 49.22 | Katrina Entwistle | F | Bristol & West AC |
| 57 | 49.27 | Rebecca Robinson | F | Kendal AC |
| 58 | 49.45 | Peter Eccleston | | Coventry Godiva Harriers |
| 59 | 49.48 | Iain Stewart | | Gala Harriers |
| 60 | 50.41 | Catriona MacDonald | F | Bellahouston Road Runners |
| 61 | 50.59 | Alexandra Whitaker | F | Ambleside AC |
| 62 | 51.12 | Michael Stansfield | | Saddleworth Runners Club |
| 63 | 51.13 | Thomas Bell | | England |
| 64 | 51.18 | Katie Lord | F | Ambleside AC |
| 65 | 52.14 | Tim Darlow | | Gala Harriers |
| 66 | 52.17 | Bethan Logan | F | Mynydd Du |
| 67 | 53.16 | Allison O'Neil | F | Carnethy Hill Racing Club |
| 68 | 53.49 | Zoe Barber | F | Shettleston Harriers |
| 69 | 54.45 | Geogia Wood | F | Team Bath AC |
| 70 | 56.05 | Katie Goodge | F | Tonbridge AC |
| 71 | 57.18 | Sarah Pickering | F | Bingley Harriers & AC |
| 72 | 59.06 | Harriet Alexander | F | Thames Hare & Hounds |
| 73 | 59.20 | Holly Gordon | F | Ambleside AC |