



**UKA MEDIA GUIDE INSERT IAAF WORLD INDOOR
CHAMPIONSHIPS ISTANBUL 2012**

ISTANBUL, TURKEY, 9-11 MARCH 2012

BBCSPORT

adidas


McCain
It's all good.

 **uk sport**
LOTTERY FUNDED

CONTENTS

Aviva Great Britain and Northern Ireland Team Management:	3
Aviva GB & NI Team:	4-5
Aviva GB & NI Team Profiles for athletes not included in the UKA Media Guide: . .	6-7
Previous Performances:	8-11
Event Timetable:	12-14

AVIVA GB & NI TEAM MANAGEMENT

Team Leaders

Charles van Commenee

Team Managers

Jenny Close

Simon Nathan

Alison Wyeth

Team Coaches

Fuzz Ahmed

Lloyd Cowan

Tony Lester

Toni Minichiello

John Nuttall

Julien Raffalli-Ebezant

Therapy

Neil Black

Gordon Bosworth

Shane Kelly

Gerry Ramogida

Derry Suter

Team Doctor

Noel Pollock

Biomechanist

Paul Brice

Media Contact Details

Claire Boden

Senior Media Officer

E-mail: cboden@uka.org.uk

Mobile UK +44 (0) 7920 078543

Claire Furlong

Head of Marketing &

Communications

E-mail: cfurlong@uka.org.uk

Mobile: UK +44 (0) 7701 099764

Mobile: TUR 07713 307 172

AVIVA GB & NI TEAM

MEN

60m

Dwain Chambers

High Jump

Robbie Grabarz

Samson Oni

400m

Richard Buck

Nigel Levine

Pole Vault

Steve Lewis

800m

Andrew Osagie

Joe Thomas

4 x 400m

Michael Bingham

Richard Buck

James Forman

1500m

James Brewer

Lewis Moses

Luke Lennon Ford

Nigel Levine

Conrad Williams

3000m

Mo Farah

60m Hurdles

Andy Pozzi

AVIVA GB & NI TEAM

WOMEN

60m

Asha Philip

Jodie Williams

400m

Shana Cox

Nadine Okyere

800m

Marilyn Okoro

3000m

Helen Clitheroe

60m Hurdles

Tiffany Porter

Pole Vault

Holly Bleasdale

Katie Byres

Long Jump

Shara Proctor

Triple Jump

Yamile Aldama

Pentathlon

Jessica Ennis

4 x 400m

Shana Cox

Laura Langowski

Christine Ohuruogu

Nadine Okyere

Nicola Sanders

Perri Shakes-Drayton

AVIVA GB & NI TEAM PROFILES - MEN

*Athletes not included in the UKA Media Guide

Name: **James Brewer**
Club: Cheltenham
Coach: Craig Winrow
Date of Birth: 18/06/1988
Event: 1500m
P.B: 3:38.03 (2012)
S.B: 3:38.03

Name: **Lewis Moses**
Club: New Marske
Coach: John Nuttall
Date of Birth: 09/01/1987
Event: 1500m
P.B: 3:41.33 (2012)
S.B: 3:41.33

Name: **Richard Buck**
Club: City of York
Coach: Steve Fudge
Date of Birth: 14/11/1986
Event: 400m
P.B: 45.88 (2012)
S.B: 45.88

Name: **Samson Oni**
Club: Belgrave
Coach: Trevor Llewelyn
Date of Birth: 25/06/1981
Event: High Jump
P.B: 2.31m (2012)
S.B: 2.31m

Name: **Dwain Chambers**
Club: Belgrave Harriers
Coach: Self
Date of Birth: 05/04/1978
Event: 60m
P.B: 6.42 (2009)
S.B: 6.58

Name: **Joe Thomas**
Club: Cardiff
Coach: Arwyn Davies
Date of Birth: 29/01/1988
Event: 800m
P.B: 1:46.33 (2012)
S.B: 1:46.33

Name: **James Forman**
Club: Isle of Wight
Coach: Andy Forman
Date of Birth: 12/12/1991
Event: 4 x 400m
P.B: 46.74 (2012)
S.B: 46.74

Name: **Conrad Williams**
Club: Kent
Coach: Linford Christie
Date of Birth: 20/03/1982
Event: 4 x 400m
P.B: 46.20 (2012)
S.B: 46.20

Name: **Robbie Grabarz**
Club: Newham & Essex
Coach: Fuzz Ahmed
Date of Birth: 03/10/1987
Event: High Jump
P.B: 2.34m (2012)
S.B: 2.34m

AVIVA GB & NI TEAM PROFILES - WOMEN

*Athletes not included in the UKA Media Guide

Name: **Katie Byres**
Club: Sale Harriers
Coach: Julien Raffalli-Ebezant
Date of Birth: 11/09/1993
Event: Pole Vault
P.B: 4.52 (2012)
S.B: 4.52

Name: **Asha Philip**
Club: Newham & Essex Beagles
Coach: Christine Bowmaker
Date of Birth: 25/10/1990
Event: 60m
P.B: 7.19 (2012)
S.B: 7.19

Name: **Helen Clitheroe**
Club: Preston
Coach: John Nuttall
Date of Birth: 02/01/1974
Event: 3000m
P.B: 8:39.81 (2011)
S.B: 8:45.59

Name: **Jodie Williams**
Club: Herts Phoenix
Coach: Mike McFarlane
Date of Birth: 28/09/1993
Event: 60m
P.B: 7.21 (2011)
S.B: 7.29

Name: **Laura Langowski**
Club: Coventry
Coach: Nick Dakin
Date of Birth: 10/10/1984
Event: 4 x 400m
P.B: 53.54 (2012)
S.B: 53.54

Name: **Nadine Okyere**
Club: Birchfield Harriers
Coach: Joe Caines
Date of Birth: 29/11/1986
Event: 400m
P.B: 53.01 (2012)
S.B: 53.01

AVIVA GB & NI WORLD INDOOR CHAMPIONSHIPS MEDALISTS & HIGHEST PLACING – MEN

EVENT	PLACING	MEDALIST(S)	YEAR
60m	1st	Jason Gardener	2004
60m	1st	Dwain Chambers	2010
60m	2nd	Linford Christie	1991
60m	2nd	Darren Braithwaite	1995
60m	2nd	Dwain Chambers	2008
60m	3rd	Jason Gardener	1999
60m	3rd	Jason Gardener	2003
60m	3rd	Mark Lewis-Francis	2001
200m	1st	John Regis	1989
200m	1st	Marlon Devonish	2003
200m	2nd	Ade Mafe	1985
200m	2nd	Ade Mafe	1989
200m	2nd	Christian Malcolm	2001
200m	2nd	Ade Mafe	1991
400m	1st	Jamie Baulch	1999
400m	1st	Daniel Caines	2001
400m	2nd	Todd Bennett	1985
400m	2nd	Jamie Baulch	1997
400m	2nd	Daniel Caines	2003
400m	3rd=	Jamie Baulch	2003
800m	1st	Tom McKean	1993
800m	3rd	Ikem Billy	1985
1500m	2nd	David Strang	1993
3000m	3rd	Rob Denmark	1991
60m Hurdles	1st	Colin Jackson	1999
60m Hurdles	2nd	Colin Jackson	1989
60m Hurdles	2nd	Colin Jackson	1993
60m Hurdles	2nd	Colin Jackson	1997
60m Hurdles	3rd	Jon Ridgeon	1985
60m Hurdles	3rd	Nigel Walker	1987
60m Hurdles	3rd	Tony Jarrett	1995

AVIVA GB & NI WORLD INDOOR CHAMPIONSHIPS MEDALISTS & HIGHEST PLACING – MEN

EVENT	PLACING	MEDALIST(S)	YEAR
High Jump	3rd	Steve Smith	1993
Pole Vault	6th=	Steve Lewis	2010
Long Jump	2nd	Chris Tomlinson	2008
Triple Jump	1st	Phillips Idowu	2008
Triple Jump	2nd	Jonathan Edwards	2001
Shot	7th	Carl Myerscough	2004
Heptathlon	5th	Alex Kruger	1995
4x400m	3rd	GB & NI [Allyn Condon, Solomon Wariso, Adrian Patrick, Jamie Baulch]	1999
4x400m	2nd	GB & NI [Jamie Baulch, Tim Benjamin, Cori Henry, Daniel Caines]	2003
4x400m	3rd	GB & NI [Conrad Williams, Nigel Levine, Christopher Clarke, Richard Buck]	2010

AVIVA GB & NI WORLD INDOOR CHAMPIONSHIPS MEDALISTS & HIGHEST PLACING – WOMEN

EVENT	PLACING	MEDALIST(S)	YEAR
60m	2nd	Heather Oakes	1985
60m	2nd	Jeanette Kwakye	2008
200m	4th semi	Donna Fraser	1997
400m	6th	Sally Gunnell	1989
800m	2nd	Jane Finch	1985
800m	2nd	Jennifer Meadows	2010
800m	3rd	Jo Fenn	2004
1500m	2nd	Kelly Holmes	2003
3000m	1st	Yvonne Murray	1993
3000m	2nd	Yvonne Murray	1989
60m Hurdles	5th	Jacqui Agyepong	1995
High Jump	5th	Diana Davies	1987
High Jump	5th	Debbie Marti	1991
Pole Vault	9th= Qualifying	Kate Dennison	2010
Long Jump	4th	Jo Wise	1997
Triple Jump	1st	Ashia Hansen	1999
Triple Jump	1st	Ashia Hansen	2003
Triple Jump	2nd	Ashia Hansen	1997
Shot	8th	Judy Oakes	1995
Pentathlon	1st	Jessica Ennis	2010
Pentathlon	2nd	Kelly Sotherton	2008
4x400m	4th	GB & NI team	1995
4x400m	4th	GB & NI team	2003
4x400m	4th	GB & NI team	2010

PREVIOUS AVIVA GB & NI WORLD INDOOR CHAMPIONSHIPS MEDAL TOTALS

YEAR	VENUE	TOTAL				MEN				WOMEN			
		G	S	B	T	G	S	B	T	G	S	B	T
1985	Paris, France	0	4	2	6	0	2	2	4	0	2	0	2
1987	Indianapolis, USA	0	0	1	1	0	0	1	1	0	0	0	0
1989	Budapest, Hungary	1	3	0	4	1	2	0	3	0	1	0	1
1991	Seville, Spain	0	2	2	4	0	2	2	4	0	0	0	0
1993	Toronto, Canada	2	2	1	5	1	2	1	4	1	0	0	1
1995	Barcelona, Spain	0	1	1	2	0	1	1	2	0	0	0	0
1997	Paris, France	0	3	0	3	0	2	0	2	0	1	0	1
1999	Maebashi, Japan	3	0	2	5	2	0	2	4	1	0	0	1
2001	Lisbon, Portugal	1	2	1	4	1	2	1	4	0	0	0	0
2003	Birmingham, GBR	2	2	3	7	1	1	3	5	1	1	0	2
2004	Budapest, Hungary	1	0	1	2	1	0	0	1	0	0	1	1
2006	Moscow, Russia	0	0	0	0	0	0	0	0	0	0	0	0
2008	Valencia, Spain	1	4	0	5	1	2	0	3	0	2	0	2
2010	Doha, Qatar	2	1	1	4	1	0	1	2	1	1	0	2
2012	Istanbul, Turkey												
TOTAL		13	24	15	52	9	16	14	39	4	8	1	13

TIMETABLE

DAY 1

Friday, 9 March 2012

TIME	EVENT	GENDER	HEAT
09:30	High Jump	W	Qualification
09:35	400m	W	Heats
09:55	Shot Put	M	Qualification
10:00	800m	M	Heats
10:40	Triple Jump	W	Qualification
10:45	3000m	W	Heats
11:25	60m Hurdles	W	Pentathlon
11:35	60m	M	Heptathlon
11:50	800m	W	Heats
12:05	High Jump	W	Pentathlon
12:20	400m	M	Heats
12:35	Long Jump	M	Heptathlon
12:55	1500m	M	Heats
13:45	Shot Put	W	Pentathlon
17:00	60m Hurdles	W	Heats
17:05	Long Jump	W	Pentathlon
17:35	60m	M	Heats
17:40	Shot Put	M	Heptathlon
18:20	Long Jump	M	Qualification
18:30	1500m	W	Heats
18:50	High Jump	M	Heptathlon
19:05	3000m	M	Heats
19:15	Shot Put	M	Final
19:35	800m	W	Pentathlon
19:50	400m	W	Semi-Final
20:10	400m	M	Semi-Final

TIMETABLE

DAY 2

Saturday, 10 March 2012

TIME	EVENT	GENDER	HEAT
09:30	60m Hurdles	M	Heptathlon
09:35	Triple Jump	M	Qualification
09:40	60m Hurdles	M	Heats
10:05	Shot Put	W	Qualification
10:10	60m	W	Heats
10:30	Pole Vault	M	Heptathlon
11:20	4 x 400m	M	Heats
11:25	High Jump	M	Qualification
11:45	Long Jump	W	Qualification
11:50	4 x 400m	W	Heats
17:00	Pole Vault	M	Final
17:05	Triple Jump	W	Final
17:10	60m Hurdles	W	Semi-Final
17:30	60m	M	Semi-Final
18:00	1500m	W	Final
18:10	Shot Put	W	Final
18:15	High Jump	W	Final
18:20	1000m	M	Heptathlon
18:40	400m	W	Final
18:50	Long Jump	M	Final
19:00	1500m	M	Final
19:30	400m	M	Final
19:45	60m Hurdles	W	Final
20:00	60m	M	Final

TIMETABLE

DAY 3

Sunday, 11 March 2012

TIME	EVENT	GENDER	HEAT
14:00	Pole Vault	W	Final
14:05	Long Jump	W	Final
14:15	60m	W	Semi-Final
14:45	60m Hurdles	M	Semi-Final
15:10	3000m	M	Final
15:30	High Jump	W	Final
15:35	800m	W	Final
15:50	3000m	W	Final
16:10	Triple Jump	M	Final
16:20	800m	M	Final
16:40	4 x 400m	W	Final
17:05	60m	W	Final
17:20	60m Hurdles	M	Final
17:40	4 x 400m	M	Final

NOTES



Our new address is: UK Athletics Limited, Athletics House, Alexander Stadium, Walsall Road, Perry Barr, Birmingham, B42 2LR

Tel: 0121 7138 400 - Fax: 0121 713 8452 www.uka.org.uk

