

uk:athletics 

MEDIA:GUIDE

2008 UPDATE SHEET

12TH IAAF WORLD INDOOR CHAMPIONSHIPS

Valencia, Spain March 7-9 2008

NORWICH UNION GREAT BRITAIN AND NORTHERN IRELAND TEAM MANAGEMENT

Team Leader	Dave Collins	
Team Officials	Simon Nathan	John Trower
	Aston Moore	Alan Storey
Team Doctor	Dr Noel Pollock	
Team Physiotherapists	James Moore	Mark Young
	Sarah Connors	
Soft Tissue Therapist	Liz Soames	
Team Coaches	Steve Rippon	Mark Rowland
	Lloyd Cowan	Malcolm Arnold
	Michael Khmel	Stuart Hogg
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WORLD INDOOR TIMETABLE

TIME	SEX	EVENT	ROUND				
Friday 7th March							
10:00	M	Shot Put	Qualification	17:00	W	3000m	Final
10:05	M	High Jump	Qualification	17:00	M	High Jump	Final
10:10	W	Triple Jump	Qualification	17:00	M	Shot Put	Heptathlon
10:15	W	3000m	Heats	17:05	W	Triple Jump	Final
10:55	M	3000m	Heats	17:25	W	800m	Semi-Final
11:35	W	60mH	Pentathlon	17:45	M	800m	Semi-Final
12:00	W	60m	Heats	18:10	W	60mH	Semi-Final
12:15	M	Long Jump	Qualification	18:30	W	Pole Vault	Final
12:30	W	High Jump	Pentathlon	18:35	M	60mH	Semi-Final
12:45	M	60m	Heats	19:00	M	400m	Semi-Final
16:15	W	Shot Put	Pentathlon	19:05	M	Long Jump	Final
17:00	W	Pole Vault	Qualification	19:20	M	High Jump	Heptathlon
17:10	W	60m	Semi-Final	19:25	W	400m	Semi-Final
17:25	W	Long Jump	Pentathlon	19:55	M	1500m	Final
17:30	M	60m	Semi-Final	20:15	W	60mH	Final
17:55	W	800m	Heats	20:35	M	60mH	Final
18:25	M	800m	Heats	Sunday 9th March			
18:30	M	Shot Put	Final	10:00	M	60mH	Heptathlon
18:50	M	Triple Jump	Qualification	10:30	W	4x400m Relay	Heats
18:55	M	400m	Heats	10:50	M	Pole Vault	Heptathlon
19:30	W	400m	Heats	11:00	M	4x400m Relay	Heats
20:00	M	1500m	Heats	16:00	M	Pole Vault	Final
20:25	W	60m	Final	16:00	W	Long Jump	Final
20:35	W	800m	Pentathlon	16:05	W	Shot Put	Final
20:45	M	60m	Final	16:15	W	400m	Final
10:00	M	60m	Heptathlon	16:35	M	400m	Final
				16:55	M	1000m	Heptathlon
				17:15	W	800m	Final
				17:25	W	High Jump	Final
				17:45	M	3000m	Final
				17:45	M	Triple Jump	Final
				18:05	W	4x400m Relay	Final
				18:25	W	1500m	Final
				18:40	M	800m	Final
				19:05	M	4x400m Relay	Final
Saturday 8th March							
10:20	M	Pole Vault	Qualification				
10:25	W	60mH	Heats				
10:55	M	Long Jump	Heptathlon				
11:15	M	60mH	Heats				
11:25	W	High Jump	Qualification				
12:00	W	Long Jump	Qualification				
12:30	W	1500m	Heats				
12:35	W	Shot Put	Qualification				

**NORWICH UNION GREAT BRITAIN
AND NORTHERN IRELAND TEAM**

**PROFILES FOR ATHLETE NOT FEATURED
IN UK ATHLETICS MEDIA GUIDE 2008**

	MEN	WOMEN		
60m	Dwain Chambers Simeon Williamson	Jeanette Kwakye Laura Turner	Name: Debo Ademuyewo DOB: 14/5/83 Lives: Cardiff Club: Sale Harriers Event at this Championship: 4x400m Coach: Malcolm Arnold PB: 47.59 (2007) SB: 47.59i	Name: James McIlroy DOB: 30/12/76 Lives: Larne Club: Windsor Slough Eton and Hounslow Event at this Championship: 1500m Coach: Tony Lester PB: 3.39.73 (2008) SB: 3.39.73
400m	Richard Buck Steve Green		Name: Dwain Chambers DOB: 5/4/78 Lives: Middlesex Club: Belgrave Harriers Event at this Championship: 60m Coach: PB: 6.55 (2000) SB: 6.56	Name: Damien Moss DOB: 2/9/82 Lives: Northampton Club: Rugby & Northampton Event at this Championship: 800m Coach: Liam Cain PB: 1.47.32 (2008) SB: 1.47.32
800m	Richard Hill Damien Moss	Jennifer Meadows Marilyn Okoro	Name: Sarah Claxton DOB: 23/9/79 Lives: Ilford Club: Woodford Green with Essex Ladies Event at this Championship: 60mH Coach: Lloyd Cowan PB: 7.96 (2005) SB: 8.07	Name: Carl Myerscough DOB: 21/10/79 Lives: California Club: Blackpool & Fylde Event at this Championship: Shot Put Coach: Wilbur Thompson PB: 21.49m (2003) SB: 20.38 - outdoor
1500m	Michael East James McIlroy	Susan Scott Jemma Simpson	Name: Steve Green DOB: 15/1/83 Lives: Bath Club: Newham & Essex Beagles Event at this Championship: 400m, 4x400m Coach: Malcolm Arnold PB: 46.51 (2008) SB: 46.51	Name: Samson Oni DOB: 25/6/81 Lives: Brixton Club: Belgrave Harriers Event at this Championship: High Jump Coach: Trevor Llewellyn PB: 2.30 (2008) SB: 2.30
3000m	Mo Farah Nick McCormick	Helen Clitheroe Lisa Dobriskey	Name: Nick Leavey DOB: 27/8/86 Lives: Ashford Club: Thames Valley Harriers Event at this Championship: 4x400m Coach: Ayo Falola PB: 47.34 (2008) SB: 47.34	Name: Susan Scott DOB: 29/9/77 Lives: Twickenham Club: Victoria Park / City of Glasgow Event at this Championship: 1500m Coach: Mark Rowland PB: 4.09.07 (2008) SB: 4.09.07
60mh	Allan Scott	Sarah Claxton	Name: Nick McCormick DOB: 11/9/81 Lives: Chester Le Street Club: Morpeth Harriers Event at this Championship: 3000m Coach: John Nuttall PB: 7:51.6i+ (2008) SB: 7:51.6i+ (2008) in 2 mile race at Norwich Union Birmingham GP.	Name: Michael East DOB: 20/1/78 Lives: Portsmouth Club: Newham & Essex Beagles Event at this Championship: 1500m Coach: Mark Rowland PB: 3.36.42 (2004) SB: 3.39.42i
4x400m	Debo Ademuyewo Richard Buck Dale Garland Steve Green Nick Leavey Robert Tobin			
High Jump	Samson Oni			
Pole Vault	Steve Lewis	Kate Dennison		
Long Jump	Chris Tomlinson			
Triple Jump	Phillips Idowu			
Shot	Carl Myerscough			
Hept/Pent		Kelly Sotherton		
Reserve athletes:	60m Rikki Fifton and Montell Douglas; 1500m James Brewer.			

BRITISH ATHLETES AT THE WORLD INDOOR CHAMPIONSHIPS

World Indoor Games were held in 1985 (18-19 January) in Paris and official World Indoor Championships have been as follows:

- 1987 Indianapolis, USA 6-8 March
- 1989 Budapest, Hungary 3-5 March
- 1991 Seville, Spain 8-10 March
- 1993 Toronto, Canada 12-14 March
- 1995 Barcelona, Spain 10-12 March
- 1997 Paris, France 7-9 March
- 1999 Maebashi, Japan 5-7 March
- 2001 Lisbon, Portugal 9-11 March
- 2003 Birmingham, GBR 14-16 March
- 2004 Budapest, Hungary 5-7 March
- 2006 Moscow, Russia 10-12 March

British Medallists or Best Placings at each event

MEN		
60m	1st	Jason Gardener 2004
	2nd	Linford Christie 1991
	2nd	Darren Braithwaite 1995
	3rd	Jason Gardener 1999, 2003
	3rd	Mark Lewis-Francis 2001
200m	1st	John Regis 1989
	1st	Marlon Devonish 2003
	2nd	Ade Mafe 1985 and 1989
	2nd	Christian Malcolm 2001
	3rd	Ade Mafe 1991
400m	1st	Jamie Baulch 1999
	1st	Daniel Caines 2001
	2nd	Todd Bennett 1985
	2nd	Jamie Baulch 1997
	2nd	Daniel Caines 2003
	3rd=	Jamie Baulch 2003
800m	1st	Tom McKean 1993
	3rd	Ikem Billy 1985
1500m	2nd	David Strang 1993
3000m	3rd	Rob Denmark 1991
60m Hurdles	1st	Colin Jackson 1999
	2nd	Colin Jackson 1989, 1993 and 1997
	3rd	Jon Ridgeon 1985
	3rd	Nigel Walker 1987
	3rd	Tony Jarrett 1995
	3rd	Steve Smith 1993
High Jump	[13th]	Keith Stock 1985
Pole Vault	[6th]	Chris Tomlinson 2004
Long Jump	2nd	Jonathan Edwards 2001
Triple Jump	[7th]	Carl Myerscough 2004
Shot	[5th]	Alex Kruger 1995
Heptathlon	3rd	GB & NI 1999
4x400m	3rd	[Allyn Condon, Solomon Wariso, Adrian Patrick, Jamie Baulch] GB & NI 2003 [Jamie Baulch, Tim Benjamin, Cori Henry, Daniel Caines]

WOMEN

60m	2nd	Heather Oakes 1985
200m	[4th semi]	Donna Fraser 1997
400m	[6th]	Sally Gunnell 1989
800m	2nd	Jane Finch 1985
	3rd	Jo Fenn 2004
1500m	2nd	Kelly Holmes 2003
3000m	1st	Yvonne Murray 1993
	2nd	Yvonne Murray 1989
60m Hurdles	[5th]	Jacqui Ageypong 1995
High Jump	[5th]	Diana Davies 1987
	[5th]	Debbie Marti 1991
Pole Vault	[12=]	Janine Whitlock 1999
Long Jump	[4th]	Jo Wise 1997
Triple Jump	1st	Ashia Hansen 1999, 2003
	2nd	Ashia Hansen 1997
Shot	[8th]	Judy Oakes 1995
Pentathlon	no competitors	
4x400m	[4th]	GB & NI team 1995, 2003

Medals won by British athletes

	MEN			WOMEN			TOTAL
	G	S	B	G	S	B	
1985	-	2	2	-	2	-	6
1987	-	-	1	-	-	-	1
1989	1	2	-	-	1	-	4
1991	-	2	2	-	-	-	4
1993	1	2	1	1	-	-	5
1995	-	1	1	-	-	-	2
1997	-	2	-	-	1	-	3
1999	2	-	2	1	-	-	5
2001	1	2	1	-	-	-	4
2003	1	1	3	1	1	-	7
2004	1	-	-	-	-	1	2
2006	-	-	-	-	-	-	0

Most medals

- 5 Jamie Baulch (1 gold, 1 silver, 3 bronze)
- 4 Colin Jackson (1 gold, 3 silver)
- 3 Ade Mafe (2 silver, 1 bronze)
- 3 Ashia Hansen (2 gold, 1 silver)
- 3 Daniel Caines (1 gold, 1 silver, 1 bronze)
- 3 Jason Gardener (1 gold, 2 bronze)

Most appearances

- 6 John Mayock 1993-2004
- 6 Colin Jackson 1987-2004
- 6 Dalton Grant 1987-2004
- 4 Steve Smith 1991-9
- 4 Jason Gardener 1997-2004