

TRACK & FIELD LICENCED EVENTS

Track and Field events are allocated a licence level of either 1 or 2. Level 2 indicates that the event will have Technical Officials in sufficient numbers and at a higher level of qualification managing the meeting and using photo finish timing, EDM and wind gauges. UKA Performance will usually use only level 2 events when considering athletes for selection. Power of 10 will accept athlete performances from all licensed events unless indicated in the list as 'No P10'.

2019 will see the implementation of the TrackMark programme which introduces a set of standards that must be achieved if a venue is to be recognised as a competition venue suitable for achievement of performances at Level 2 events.

The calendar is arranged in date order and by licence level with level 2 events appearing first. Events that are highlighted in green include Para competitions.

EVENT NAME	EVENT START DATE	EVENT END DATE (2 & 3 Day Events)	VENUE	LEVEL OF LICENCE
BUCS Championships	04-May	06-May	Bedford Stadium	2
Hertfordshire Championships Day 1	06-May		Ridlins Stadium Stevenage	2
BMC Gold Standard	08-May		Birmingham University	2
Bedfordshire Championships	11-May		Bedford Stadium	2
Cambridgeshire Championships	11-May		Wilberforce Road Cambridge	2
Cerebral Palsy Sport Series	11-May		Stoke Mandeville	2
Derbyshire & Nottinghamshire Champs	11-May	12-May	Moorways Stadium Derby	2
Essex Championships	11-May	12-May	Melbourne Park Chelmsford	2
Greater Manchester Championships	11-May	12-May	Leigh Sports Village Mountbatten Centre	2
Hampshire Championships	11-May	12-May	Portsmouth	2
Kent Championships	11-May	12-May	Julie Rose Stadium, Ashford	2
Merseyside County AA TF Champs	11-May		Wavertree Stadium, Liverpool	2
Middlesex Championships	11-May	12-May	Lee Valley Athletics Centre	2
North East Championships	11-May	12-May	Middlesbrough Sports Village	2
Oxfordshire & Buckinghamshire Champs	11-May	12-May	Horspath Oxford	2
Scottish East District Champs & National Open	11-May	13-May	Grangemouth	2
Scottish North District Champs & National Open	11-May	13-May	Queens Park Inverness	2
Scottish West District Champs & National Open	11-May	13-May	Kilmarnock Weir Archer Centre	2
Surrey Championships	11-May	12-May	(Kingsmeadow)	2
Warwickshire Championships	11-May	12-May	Pingles Stadium Nuneaton Dorothy Hyman Stadium	2
Yorkshire Championships	11-May	12-May	Cudworth	2
Berkshire Championships	12-May		Palmer Park Reading	2
BMC Gold Standard	14-May		Trafford Stadium	2
5K Night with BMC	15-May		Lee Valley Athletics Centre	2
BMC Gold Standard	15-May		Woodside Stadium Watford Paula Radcliffe Stadium,	2
Loughborough Students Open	15-May		Loughborough	2
British Wheelchair Grand Prix	18-May	19-May	Stoke Mandeville	2
Loughborough International	19-May		Paula Radcliffe Stadium, Loughborough	2

Throws Fest Series	19-May		Lee Valley Athletics Centre	2
Evening Sprints Series	22-May		Lee Valley Athletics Centre	2
BMC Grand Prix 1	25-May		Manchester Regional Arena	2
England Senior & U20 Comb Events Champs	25-May	26-May	Bedford Stadium	2
Scottishathletics Throws Grand Prix	25-May		Craigswood	2
England Senior & U20 Comb Events Champs	26-May		Bedford Stadium	2
Loughborough Javelin Festival	26-May		Paula Radcliffe Stadium, Loughborough	2
Scottish Masters 5000m Championships	26-May		Aberdeen	2
Scottishathletics Jumps Grand Prix	26-May		Aberdeen	2
BIGish Jumps & Throws Fest	27-May		Bedford Stadium	2
Loughborough Javelin Festival	27-May		Paula Radcliffe Stadium, Loughborough	2
BMC Gold Standard	29-May		Paula Radcliffe Stadium, Loughborough	2
Loughborough Students Fixture	29-May		Loughborough	2
Scottish U17 & U20 3000m Champs	31-May		Scotstoun Glasgow	2
Midland Senior & U20 Championships	01-Jun	02-Jun	Pingles Stadium Nuneaton	2
Northern Senior & Under 20's & Parallel Champs	01-Jun	02-Jun	Sports City, Manchester	2
Southern Senior & U20 Championships	01-Jun	02-Jun	Bedford Stadium	2
BMC Gold Standard	04-Jun		Trafford Stadium	2
BMC Gold Standard	05-Jun		Birmingham University	2
Evening Sprints Series	05-Jun		Lee Valley Athletics Centre	2
FASTFriday (inc England 10000m Champs)	07-Jun		Waltham Forest	2
Essex County Schools U15 & U17 County Cham	08-Jun		Melbourne Park Chelmsford	2
Northern Ireland & Ulster Championships	08-Jun		Mary Peters Stadium Belfast	2
UKWAL Premier Division	09-Jun		Leigh Sports Village	2
BMC Gold Standard	12-Jun		Woodside Stadium Watford	2
Loughborough Students Open	12-Jun		Paula Radcliffe Stadium, Loughborough	2
BMC Grand Prix 2	15-Jun		Paula Radcliffe Stadium, Loughborough	2
Loughborough Students BMC Grand Prix	15-Jun		Loughborough	2
Northern Ireland & Ulster Championships	15-Jun		Mary Peters Stadium Belfast Queensway Stadium,	2
Welsh Outdoor Junior Champs	15-Jun	16-Jun	Wrexham	2
Activity Alliance Eastern Region Champs	16-Jun		Chelmsford S & A Centre Chelms	2
London Inter Club Challenge	16-Jun		Allianz Stadium	2
Evening Sprints Series	19-Jun		Lee Valley Athletics Centre	2
England U23 & U20 Champs	22-Jun	23-Jun	Bedford Stadium	2
ESAA South East Regional Combined Event Champs	22-Jun	23-Jun	Down Grange Basingstoke	2
BMC Gold Standard	25-Jun		Trafford Stadium	2
Essex Relay Championships	28-Jun		Melbourne Park Chelmsford	2
BMC Grand Prix 3	29-Jun		Woodside Stadium Watford	2
British Wheelchair Grand Prix	29-Jun	30-Jun	Stoke Mandeville	2
Mencap Open National Championships	29-Jun		Woodside Stadium Watford	2
BMC Gold Standard	03-Jul		Birmingham University	2
Evening Sprints Series	03-Jul		Lee Valley Athletics Centre	2

Highgate H NoT 10k PBs inc British Champs & Euro Cup	06-Jul		Parliament Hill	2
Southern Combined Events Championships	06-Jul	07-Jul	Horspath Oxford	2
UKWAL Premier Division	06-Jul		Thames Valley Centre Eton	2
Northern Inter Counties	07-Jul		Middlesbrough Sports Village	2
BMC Gold Standard	10-Jul		Woodside Stadium Watford	2
Essex 10000m Championships	10-Jul		Braintree	2
Scottish Comb Events & Masters Champs	13-Jul	14-Jul	Grangemouth	2
Welsh Outdoor Senior Champs	13-Jul	14-Jul	Cardiff Int Sports Campus	2
Scottishathletics Open Graded Hurdles	14-Jul		Grangemouth	2
Senior Inter County Match	14-Jul		Julie Rose Stadium, Ashford	2
Throws Fest Series	14-Jul		Lee Valley Athletics Centre	2
Evening Sprints Series	17-Jul		Lee Valley Athletics Centre	2
BMC Grand Prix 4	20-Jul		Sutcliffe Park	2
8 Counties U17 Inter County	21-Jul		Melbourne Park Chelmsford	2
Evening Sprints Series	21-Jul		Lee Valley Athletics Centre	2
BMC Gold Standard	23-Jul		Trafford Stadium	2
Welsh Athletics International	24-Jul		Cardiff Int Sports Campus	2
Derek Crookes U13 Inter Counties Champs	27-Jul		Weir Archer Centre (Kingsmeadow)	2
England Senior Champs	27-Jul	28-Jul	Manchester Regional Arena	2
London Inter Club Challenge	27-Jul		Allianz Stadium	2
			Stantonbury Stadium Milton Keynes	2
MK5000 PB Special	27-Jul		Keynes	2
Scottishathletics Throws Grand Prix	27-Jul		Craigswood	2
Scottishathletics Jumps Grand Prix	28-Jul		Pitreavie	2
Belfast International	01-Aug		Mary Peters Stadium Belfast	2
England U17 & U15 Comb Events Champs	03-Aug	04-Aug	Manchester Regional Arena	2
UKWAL Premier Division	03-Aug		Alexander Stadium	2
			Paula Radcliffe Stadium, Loughborough	2
Loughborough EAP Meeting	06-Aug		Loughborough	2
BMC Grand Prix 5	10-Aug		Trafford Stadium	2
British Wheelchair Grand Prix	10-Aug	11-Aug	Stoke Mandeville	2
Midland U17, U15 & U13 & Sen 10000 Champs	10-Aug	11-Aug	Pingles Stadium Nuneaton	2
Scottish U13 U15 & U20s Champs	10-Aug	11-Aug	Grangemouth	2
Evening Sprints Series	14-Aug		Lee Valley Athletics Centre	2
Northern Under 17/15/13's Championships	17-Aug	18-Aug	Wavertree Stadium, Liverpool	2
Scottish U17 & Senior Champs	17-Aug	18-Aug	Grangemouth	2
Southern U17, 15 & 13 + Walks Champs	17-Aug	18-Aug	Julie Rose Stadium, Ashford	2
BMC Gold Standard	21-Aug		Woodside Stadium Watford	2
Northern Ireland & Ulster Multi Event Champs	24-Aug	25-Aug	Mary Peters Stadium Belfast	2
Scottishathletics Throws Grand Prix	24-Aug		Craigswood	2
BMC Gold Standard	27-Aug		Trafford Stadium	2
Evening Sprints Series	28-Aug		Lee Valley Athletics Centre	2
England U17 & U15 Champs	31-Aug	01-Sep	Bedford Stadium	2
London Inter Club Challenge	31-Aug		Allianz Stadium	2
			John Cumming Stadium	2
Scottish Masters 10000m Champs	31-Aug		Carlisle	2
British Wheelchair Grand Prix	07-Sep	08-Sep	Stoke Mandeville	2
Great North City Games	07-Sep		High St, Stockton on Tees	2
Surrey & Sussex Comb Events, Relays, S/C & Walks	07-Sep	08-Sep	Weir Archer Centre (Kingsmeadow)	2
Throws Fest Series	07-Sep		Lee Valley Athletics Centre	2

Kent Combined Events Champs, U13 & Masters Track & Throws	14-Sep	15-Sep	Erith Stadium	2
Liverpool Throws & Jumps Series	14-Sep		Wavertree Stadium, Liverpool	2
Scottishathletics Jumps Grand Prix	14-Sep		Linwood	2
Scottish Relay Champs	15-Sep		Pitreavie	2
Cerebral Palsy Sport National Finals	21-Sep		Keepmoat Stadium Doncaster	2
ESAA Combined Events & Race Walk Champs	21-Sep	22-Sep	Exeter Arena	2
Athletics Norfolk Open Meeting	01-May		Sportspark Univ of E Anglia	1
BMC Regional Events	01-May		Linford Christie Stadium	1
Eastern Masters League Central Div Match 1	01-May		Ridlins Stadium Stevenage	1
Eastern Masters League North Div Match 1	01-May		St Ives	1
Eastern Masters League South Div Match 1	01-May		Bury St Edmunds	1
Hercules Wimbledon 100m & Mile Open Graded	01-May		Wimbledon Park	1
Isle of Man League - Newfield	01-May		NSC Douglas	1
Midland Veterans League East	01-May		Pingles Stadium Nuneaton	1
Midland Veterans League North	01-May		Telford	1
Rosenheim League Western Division	01-May		David Weir Centre Carshalton	1
TVH Open Graded Series	01-May		Linford Christie Stadium	1
Warwickshire Open Graded Series	01-May		Coventry	1
Watford Open Graded Series	01-May		Woodside Stadium Watford	1
			Princess Mary Stadium	
West Yorkshire League	01-May		Cleckheaton	1
Achilles Schools Relays	02-May		Oxford Iffley Road	1
Shropshire Young Athletes League	02-May		Telford	1
Berkshire Schools Combined Events Champs	03-May		John Nike Stadium Bracknell	1
CSW Super 4 Meetings	03-May		Solihull	1
Southern Counties Veterans League - Kent	03-May		Sutcliffe Park	1
Alder Valley Boys League	04-May		John Nike Stadium Bracknell	1
BMC Academy PB Classic	04-May		Millfield School	1
Cheshire League Match 1	04-May		Ashton under Lyne	1
Cheshire League Match 2	04-May		Victoria Park, Warrington	1
Cheshire League Match 3	04-May		Wrexham	1
Dwarf National Games	04-May		Alexander Stadium	1
Eastern Young Athletes League	04-May		St Albans	1
Eastern Young Athletes League	04-May		Woodside Stadium Watford	1
Humberside League Open Series	04-May		Costello Stadium, Hull	1
Mid Lancs League	04-May		Wilson PF Clayton	1
Notts Mini League	04-May		Bingham	1
			Dorothy Hyman Stadium	
Cudworth Summer Series	05-May		Cudworth	1
Eastern Young Athletes League	05-May		Northgate Ipswich	1
			Embankment Track	
Eastern Young Athletes League	05-May		Peterborough	1
Huntingdonshire AC Championships	05-May		St Ives	1
Intertrust Challenge Series (inc Island Games Trials)	05-May		St Peter Port	1
South West League 1	05-May		Braunton	1
YDL Upper Midlands Premier North / East	05-May		Alexander Stadium	1
YDL Upper Midlands Premier North / East 1A & 1B	05-May		Stourport	1

YDL Upper Midlands Premier North / East 1C & 1D	05-May		Tipton	1
YDL Upper Midlands Premier South / West	05-May		Swansea	1
YDL Upper Midlands Premier South / West 1	05-May		Hereford	1
YDL Upper North East 1	05-May		Middlesbrough Sports Village	1
YDL Upper North East 2	05-May		Mount St Marys Spinkhill	1
YDL Upper North Premier	05-May		Sheepmount Stadium Carlisle	1
YDL Upper North West 1	05-May		UCLAN Preston	1
YDL Upper North West 2	05-May		Leigh Sports Village	1
YDL Upper North West 3	05-May		Witton Park Blackburn	1
YDL Upper South Div 1A	05-May		Harrow	1
YDL Upper South Div 1B	05-May		Tonbridge School	1
YDL Upper South Div 2B	05-May		Walton	1
YDL Upper South Div 2C	05-May		Medway Park	1
YDL Upper South Premier	05-May		Palmer Park Reading Prince of Wales Stadium,	1
Brewer Memorial Games	06-May		Cheltenham	1
City of York Summer League & Open	06-May		University of York King George V Stadium	1
Frank Barraclough Memorial	06-May		Grimsby Mountbatten Centre	1
Hampshire Multi Event Championships	06-May		Portsmouth	1
Lancaster & Morecambe AC Open Medal Meeting	06-May		Salt Ayre Centre Lancaster	1
Trafford Medal Meetings	06-May		Trafford Stadium	1
Sussex U13 League West Division	07-May		K2 Crawley	1
AOC Sport SW & WM Athletics Comp	08-May		Kip Keino Athletics Stadium	1
Rosenheim League Eastern Division	08-May		Battersea Park	1
Shropshire Championships	08-May		Telford	1
Sussex U13 League East Division	08-May		Lewes	1
Univ of Birmingham Midweek Series	08-May		Univ of Birmingham	1
Wirral Endurance Series	08-May		The Oval, Bebington	1
Mendip AC Summer Open Series	09-May		Millfield School	1
Gateshead Young Athlete Series	10-May		Gateshead Stadium	1
Leics Quadkids Series	10-May		Saffron Lane Leicester	1
Cheshire Championships	11-May	12-May	Victoria Park, Warrington	1
Cornwall County T&F Championships	11-May		Par Track, Moorland Rd Par Barrow In Furness Mount Stadium	1
Cumbria Track & Field Championships	11-May		Kings Park Bournemouth	1
Dorset Championships	11-May		Prince of Wales Stadium,	1
Gloucs County Track & Field Champs	11-May	12-May	Cheltenham	1
Herefordshire Championships	11-May		Hereford	1
Hertfordshire Championships Days 2 & 3	11-May	12-May	Woodside Stadium Watford South Kesteven Stadium	1
Humber & Lincolnshire Champs Day 1	11-May		Grantham	1
Lancashire Champs	11-May	12-May	Stanley Park Arena Blackpool	1
Leicestershire & Rutland Champs	11-May	12-May	Saffron Lane Leicester	1
Norfolk Championships	11-May	12-May	UEA Norwich	1
Northamptonshire Championships	11-May		Corby	1
Shropshire Championships	11-May		Telford	1
Somerset Championships	11-May	12-May	Bill Whistlecroft Arena Yeovil	1
Staffordshire AA Championships	11-May		Northwood Stoke on Trent	1
Sussex Championships	11-May	12-May	K2	1
Devon Championships	12-May		Exeter Arena	1

Humber & Lincolnshire Champs Day 2	12-May	Costello Stadium, Hull	1
Northamptonshire Championships	12-May	Corby	1
Suffolk Championships	12-May	Northgate Ipswich	1
Triangular League	12-May	The Dell Brierley Hill	1
Wiltshire Championships	12-May	County Ground Swindon	1
Worcestershire & Herefordshire Champs	12-May	Alan Moreton Track Stourport	1
SCVAC Herts & North Middlesex Masters League	13-May	Lee Valley Athletics Centre	1
SCVAC Mid-London League	13-May	Battersea Park	1
Southern Counties Veterans League - Kent	13-May	Central Park Dartford Mountbatten Centre	1
ESAA Schools Cup - Hampshire Round 1	14-May	Portsmouth	1
North Yorks & South Durham League	14-May	Middlesbrough Sports Village	1
Trafford Grand Prix	14-May	Trafford Stadium	1
BMC Regional Events	15-May	Lee Valley Athletics Centre	1
Bury AC 10000m	15-May	Bury	1
Derbyshire Schools T&F Cup Round 1	15-May	Moorways Stadium Derby	1
Northern Masters Series	15-May	Burnley	1
Sussex Veterans League	15-May	Eastbourne	1
Watford Open Graded Series	15-May	Woodside Stadium Watford	1
East Midlands Disability Champs	16-May	Saffron Lane Leicester	1
Intertrust Challenge Series	16-May	St Peter Port	1
CSQ U12 League	17-May	Stratford upon Avon	1
Reading AC Friday Night Development League	17-May	Palmer Park Reading	1
Tommy Clay Development Series	17-May	Princess Royal Arena Boston	1
Oxford v Cambridge Varsity Sports	18-May	Wilberforce Road Cambridge	1
SAL Div 2E Match 2	18-May	Kings Lynn	1
SAL Div 3N Match 2	18-May	3 Venues	1
YDL Lower Midlands North & East Div 1A	18-May	Northwood Stoke on Trent	1
YDL Lower Midlands North & East Div 1B	18-May	Moorways Stadium Derby	1
YDL Lower Midlands North & East Div 1C & 1D	18-May	Leamington	1
YDL Lower Midlands Premier North & East	18-May	Harvey Hadden Nottingham	1
YDL Lower Midlands Premier South & West	18-May	Cheltenham	1
YDL Lower Midlands South & West Div 1A	18-May	County Ground Swindon	1
YDL Lower Midlands South & West Div 1B	18-May	Aberdare	1
YDL Lower North East Divs 1 & 2	18-May	University of York	1
YDL Lower North Premier East	18-May	Gateshead Stadium	1
YDL Lower North West Div 1	18-May	Litherland Stadium, Sefton	1
YDL Lower North West Div 2	18-May	Market Street Bury	1
YDL Lower North West Div 3N	18-May	Wilson PF Clayton	1
YDL Lower North West Div 3S	18-May	Trafford Stadium	1
YDL Lower South Central 1	18-May	Hillingdon	1
YDL Lower South Central 2	18-May	Ware	1
YDL Lower South East 1	18-May	Erith Stadium	1
YDL Lower South East 2	18-May	Lewes	1
YDL Lower South Premier 1	18-May	Hornchurch Stadium	1
YDL Lower South Premier 2	18-May	John Nike Stadium Bracknell	1
YDL Lower South West 1	18-May	Poole	1
YDL Lower South West 1	18-May	Winchester	1
Club Night Races, Quadrathlon & Open Races	19-May	F.B. Fields, St Saviour, Jersey	1
DC Mini Racers	19-May	Lee Valley Athletics Centre	1

Devon County & Schools Comb Events Champs	19-May	Exeter Arena	1
Midland Counties League Div 1	19-May	Tilsley Park Abingdon	1
Midland Counties League Div 2	19-May	Blackbridge Gloucester	1
Midland Counties League Div 3	19-May	Northwood Stoke on Trent	1
Midland Counties League Div 4	19-May	Burton	1
Midland Counties League Div 5	19-May	Corby	1
Midland Counties League Div 6	19-May	Kettering	1
North Eastern YDL Division 1	19-May	Hexham	1
North Eastern YDL Division 2N	19-May	Monkton Stadium Jarrow	1
North Eastern YDL Division 2S	19-May	Middlesbrough Sports Village	1
North of England League Div 1	19-May	Witton Park, Blackburn	1
North of England League Div 2E	19-May	John Charles Stadium, Leeds	1
North of England League Div 2EC	19-May	Keepmoat Stadium Doncaster	1
North of England League Div 2W	19-May	UCLan, Preston	1
		Princess Mary Stadium	
North of England League Div 2WC	19-May	Cleckheaton	1
North of England League Div 3E	19-May	TBC	1
North of England League Div 3EC	19-May	Boston	1
North of England League Div 3W	19-May	Deeside	1
North of England League Div 3WC	19-May	Sheepmount Stadium Carlisle	1
North of England League Div 4E	19-May	University of York	1
North of England League Div 4EC	19-May	TBC	1
North of England League Div 4W	19-May	Trafford Stadium	1
SAL Div 1 Match 2	19-May	4 Venues	1
SAL Div 2E Match 2	19-May	3 Venues	1
SAL Div 2W Match 2	19-May	4 Venues	1
SAL Div 3N Match 2	19-May	Little Marlow	1
SAL Div 3SE Match 2	19-May	4 Venues	1
SAL Div 3SW Match 2	19-May	2 Venues	1
YDL Lower Scotland Div 1	19-May	Grangemouth	1
YDL Lower Scotland Div 2	19-May	Kilmarnock	1
YDL Lower Scotland Div 3	19-May	Aberdeen	1
BMC Regional Events	20-May	Chester le Street	1
		Paula Radcliffe Stadium,	
Charnwood AC Open Series	20-May	Loughborough	1
M6 Under 12s League	20-May	RNAC	1
North East Masters League & Champs	20-May	Monkton Stadium Jarrow	1
SCVAC League Western Division	20-May	Tilsley Park Abingdon	1
Southern Counties Veterans League - Hampshire	20-May	Winchester	1
Southern Counties Veterans League - South London Div	20-May	Ewell Court	1
Aldershot & Dist Schools Senior Champs	21-May	Palmer Park Reading	1
BMC Regional Events	21-May	Tipton	1
Corby Open Series	21-May	Rockingham Triangle Corby	1
DADA Flat Track Graded Open Series	21-May	Moorways Stadium Derby	1
Tipton Open Graded Series	21-May	Tipton	1
Trafford Grand Prix	21-May	Trafford Stadium	1
Cambridge Harriers Open Series	22-May	Sutcliffe Park	1
Cambridgeshire AA Evening Open Series	22-May	St Ivo Centre St Ives	1
Essex Schools Combined Events Trials	22-May	Brentwood School	1
Hereford & Worcester Schools Comb Events Champs	22-May	Ryland Centre Bromsgrove	1
Isle of Man League - Newfield	22-May	NSC Douglas	1
North East Grand Prix	22-May	Monkton Stadium Jarrow	1

Oxford City Midweek Open Series	22-May		Horspath Oxford	1
RAF President's Cup	22-May		RAF Cosford	1
Rosenheim League Eastern Division	22-May		Croydon	1
Southampton AC Graded Open Series	22-May		Southampton	1
BMC Regional Events	23-May		Sutcliffe Park	1
DAN Summer Trak Race Series	23-May		Carn Brea	1
Hampshire Schools Pentathlon Champs	23-May		Andover	1
Invicta East Kent AC Open Series	23-May		Canterbury High	1
London, Kent & Middlesex Schools Combined Events Champs	23-May		Lee Valley Athletics Centre	1
Shropshire Young Athletes League	23-May		RAF Cosford	1
City of York Summer League & Open	25-May		University of York	1
Cumbria League	25-May		Sheepmount Stadium Carlisle	1
Derbyshire Mini League	25-May		Moorways Stadium Derby	1
Manx H Championships	25-May	26-May	NSC Douglas	1
Middlesex Young Athletes League	25-May		Finsbury Park	1
SCVAC Championships	25-May		Tilsley Park Abingdon	1
			King George V Stadium	
Yorkshire & District YA League	25-May		Grimsby	1
			Embankment Track	
East Anglian League	26-May		Peterborough	1
East Anglian League	26-May		UEA Norwich	1
East Anglian League	26-May		Bury St Edmunds	1
YDL Upper Midlands Premier North / East	26-May		Rugby	1
YDL Upper Midlands Premier North / East 1A & 1B	26-May		Pingles Stadium Nuneaton	1
YDL Upper Midlands Premier North / East 1C & 1D	26-May		Burton	1
YDL Upper Midlands Premier South / West	26-May		Exeter Arena	1
YDL Upper Midlands Premier South / West 1	26-May		Aberdare	1
YDL Upper North East 1	26-May		Gateshead Stadium	1
YDL Upper North East 2	26-May		Costello Stadium, Hull	1
YDL Upper North Premier	26-May		Sheepmount Stadium Carlisle	1
YDL Upper North West 1	26-May		Manchester Regional Arena	1
YDL Upper North West 2	26-May		Ellesmere Port	1
YDL Upper North West 3	26-May		Witton Park Blackburn	1
YDL Upper South Div 1A	26-May		Hillingdon	1
YDL Upper South Div 1B	26-May		Sutcliffe Park	1
YDL Upper South Div 2A	26-May		Perivale Park	1
YDL Upper South Div 2B	26-May		Winchester	1
YDL Upper South Div 2C	26-May		Mile End	1
YDL Upper South Premier	26-May		K2 Crawley	1
			King George V Stadium	
BMC Regional Events	27-May		Grimsby	1
			King George V Stadium	
Cleethorpes AC Open	27-May		Grimsby	1
Hurdles Fest	27-May		Lee Valley Athletics Centre	1
Nuneaton HAC Open Series	27-May		Pingles Stadium Nuneaton	1
Trafford Medal Meetings	27-May		Trafford Stadium	1
BMC Regional Events	28-May		Exeter Arena	1
Exeter H Evening Open Series	28-May		Exeter Arena	1
YDL Lower North Premier West	28-May		Wavertree Stadium, Liverpool	1
Blackheath & Bromley Champs & Open Series	29-May		Norman Park Bromley	1
BMC Regional Events	29-May		Withdean Stadium Brighton	1

Midland Veterans League East	29-May	Kettering	1
Rosenheim League Western Division	29-May	Ewell Court	1
Watford Open Graded Series	29-May	Woodside Stadium Watford	1
		Princess Mary Stadium	
West Yorkshire League	29-May	Cleckheaton	1
BMC Regional Events	31-May	Scotstoun Glasgow	1
Southern Counties Veterans League - Kent	31-May	Tonbridge School	1
Sussex U15 League West	31-May	Horsham	1
Tommy Clay Development Series	31-May	Princess Royal Arena Boston	1
Barnet & District AC & London Heathside			
AC Champs	01-Jun	Finsbury Park	1
		Stantonbury Stadium Milton	
BMC Academy PB Classic	01-Jun	Keynes	1
Lily B League	01-Jun	Walton	1
Mid Lancs League	01-Jun	UCLAN Preston	1
Midland Masters Throws Group Series	01-Jun	Moorways Stadium Derby	1
Notts Mini League	01-Jun	Sutton in Ashfield	1
Alder Valley Girls League	02-Jun	Aldershot	1
Eastern Young Athletes League	02-Jun	Wilberforce Road Cambridge	1
		Chelmsford S & A Centre	
Eastern Young Athletes League	02-Jun	Chelms	1
		Jarman Park Hemel	
Eastern Young Athletes League	02-Jun	Hempstead	1
Eastern Young Athletes League	02-Jun	Ware	1
Heart of England League Div 1	02-Jun	Tilsley Park Abingdon	1
Heart of England League Div 2	02-Jun	Kettering	1
Heart of England League Div 3	02-Jun	Bicester	1
Heart of England League Div 4	02-Jun	Alan Moreton Track Stourport	1
Huntingdonshire AC Championships	02-Jun	St Ives	1
Kent Young Athletes League	02-Jun	Tonbridge School	1
		Stantonbury Stadium Milton	
Milton Keynes Open Series	02-Jun	Keynes	1
South West League 2	02-Jun	Exeter Arena	1
Wessex YA League	02-Jun	Southampton	1
Wessex YA League	02-Jun	County Ground Swindon	1
Blackheath & Bromley Champs & Open			
Series	03-Jun	Norman Park Bromley	1
BMC Regional Events	03-Jun	Chester le Street	1
North East Masters League & Champs	03-Jun	Monkton Stadium Jarrow	1
SCVAC League Western Division	03-Jun	Tilsley Park Abingdon	1
Gloucester Summer Track Open	04-Jun	Blackbridge Gloucester	1
Trafford Grand Prix	04-Jun	Trafford Stadium	1
BMC Regional Events	05-Jun	Linford Christie Stadium	1
Crawley Open Series	05-Jun	K2 Crawley	1
Eastern Masters League Central Div Match			
2	05-Jun	Wilberforce Road Cambridge	1
Eastern Masters League Match 2	05-Jun	Garon Park Southend	1
Eastern Masters League North Div Match			
2	05-Jun	Lynnsport Kings Lynn	1
Eastern Masters League South Div Match			
2	05-Jun	Garon Park Southend	1
ESAA Schools Cup - South West B Final	05-Jun	Down Grange Basingstoke	1
		Jarman Park Hemel	
Herts U13 Challenge	05-Jun	Hempstead	1
Joe Moran Memorial Veterans Meeting	05-Jun	Manchester Regional Arena	1
Midland Veterans League North	05-Jun	Alexander Stadium	1
Midland Veterans League South	05-Jun	Redditch	1

Rosenheim League Eastern Division	05-Jun	Wimbledon Park	1
Somerset Junior Schools Championships	05-Jun	Bill Whistlecroft Arena Yeovil	1
Sussex U15 League East	05-Jun	Eastbourne	1
TVH Open Graded Series	05-Jun	Linford Christie Stadium	1
Univ of Birmingham Midweek Series	05-Jun	Univ of Birmingham	1
Warwickshire Open Graded Series	05-Jun	Coventry	1
BMC Regional Events	06-Jun	Leeds Beckett University	1
Mendip AC Summer Open Series	06-Jun	Millfield School	1
CSW Super 4 Meetings	07-Jun	Leamington Athletics Track	1
		Mountbatten Centre	
Hampshire Schools Senior Champs	08-Jun	Portsmouth	1
		King George V Stadium	
Humberside League Open Series	08-Jun	Grimsby	1
Kent School's Championships	08-Jun	Julie Rose Stadium, Ashford	1
London Schools Champs	08-Jun	Battersea Park	1
Notts County Schools T & F Champs	08-Jun	Newark Athletics Track	1
Somerset Schools Championships	08-Jun	Bill Whistlecroft Arena Yeovil	1
Steeplechase Festival	08-Jun	West Suffolk Arena	1
Burnley AC U11 Medal Meeting	09-Jun	Burnley	1
Cambridge & Coleridge AC YA Challenge	09-Jun	Wilberforce Road Cambridge	1
City of York Summer League & Open	09-Jun	University of York	1
Devon Open Series	09-Jun	Braunton	1
M & M Open Series	09-Jun	Medway Park	1
Midland Counties League Div 5	09-Jun	Solihull	1
Midland Masters T & F Champs	09-Jun	Pingles Stadium Nuneaton	1
Preston H 12 & Under Medal Meeting	09-Jun	UCLAN Preston	1
Triangular League	09-Jun	Tipton	1
UKWAL Division 1	09-Jun	Allianz Stadium	1
UKWAL Division 2	09-Jun	Melbourne Park Chelmsford	1
UKWAL Division 3	09-Jun	Bedford Stadium	1
Watford Minors Open Series	09-Jun	Woodside Stadium Watford	1
Wessex YA League	09-Jun	Kings Park Bournemouth	1
Wessex YA League	09-Jun	John Nike Stadium Bracknell	1
		Paula Radcliffe Stadium,	
		Loughborough	1
Charnwood AC Open Series	10-Jun	Coventry Godiva	1
M6 Under 12s League	10-Jun	Monkton Stadium Jarrow	1
North East Masters League & Champs	10-Jun		
SCVAC Herts & North Middlesex Masters League	10-Jun	Ridlins Stadium Stevenage	1
SCVAC Mid-London League	10-Jun	Hillingdon	1
Southern Counties Veterans League - Kent	10-Jun	Medway Park	1
Southern Counties Veterans League -			
South London Div	10-Jun	Walton	1
Sussex Veterans League	10-Jun	Lewes	1
London Junior Schools Champs	11-Jun	Mile End	1
North Yorks & South Durham League	11-Jun	Middlesbrough Sports Village	1
Trafford Grand Prix	11-Jun	Trafford Stadium	1
WGEL Graded Series	11-Jun	Ashton PF Woodford Bridge	1
Blackheath & Bromley Champs & Open Series	12-Jun	Norman Park Bromley	1
Isle of Man League - Newfield	12-Jun	NSC Douglas	1
No P10 Bedfordshire & Luton Schools Champs	12-Jun	Bedford Stadium	1
Nuneaton HAC Open Series	12-Jun	Pingles Stadium Nuneaton	1
Southampton AC Graded Open Series	12-Jun	Southampton	1
Watford Open Graded Series	12-Jun	Woodside Stadium Watford	1

Wirral Endurance Series	12-Jun	The Oval, Bebington	1
Biggleswade Fest Series - Jumps	13-Jun	Sandy	1
Invicta East Kent AC Open Series	13-Jun	Canterbury High	1
Leamington C & AC Open & Club Champs	13-Jun	Leamington Athletics Track	1
Sussex U13 League West Division	13-Jun	Haywards Heath	1
Gateshead Young Athlete Series	14-Jun	Gateshead Stadium	1
Reading AC Friday Night Development League	14-Jun	Palmer Park Reading	1
Sussex U13 League East Division	14-Jun	Withdean Stadium Brighton	1
Tommy Clay Development Series	14-Jun	Princess Royal Arena Boston	1
Cerebral Palsy Sport Series	15-Jun	University of York	1
Mason Trophy	15-Jun	Alexander Stadium	1
SAL Div 1 Match 3	15-Jun	4 Venues	1
SAL Div 2E Match 3	15-Jun	4 Venues	1
SAL Div 2W Match 3	15-Jun	4 Venues	1
SAL Div 3N Match 3	15-Jun	4 Venues	1
SAL Div 3SE Match 3	15-Jun	4 Venues	1
		Mountbatten Centre	
SAL Div 3SW Match3	15-Jun	Portsmouth	1
Scottish SUPERteams	15-Jun	Scotstoun Glasgow	1
South West Schools Championships	15-Jun	Exeter Arena	1
Heart of England League Div 1	16-Jun	Banbury	1
Heart of England League Div 2	16-Jun	Redditch	1
Heart of England League Div 3	16-Jun	Nuneaton	1
Heart of England League Div 4	16-Jun	Leamington Athletics Track	1
Midland Counties League Div 1	16-Jun	Alexander Stadium	1
Midland Counties League Div 2	16-Jun	Coventry	1
Midland Counties League Div 3	16-Jun	Tipton	1
		Paula Radcliffe Stadium,	
Midland Counties League Div 4	16-Jun	Loughborough	1
Midland Counties League Div 6	16-Jun	Harvey Hadden Nottingham	1
NEB 100m Sprint Open	16-Jun	Terence McMillan Stadium	1
North of England League Div 1	16-Jun	Robin Park, Wigan	1
North of England League Div 2E	16-Jun	Middlesbrough Sports Village	1
North of England League Div 2EC	16-Jun	Moorways Stadium Derby	1
North of England League Div 2W	16-Jun	Litherland Stadium, Sefton	1
North of England League Div 2WC	16-Jun	The Oval, Bebington	1
North of England League Div 3E	16-Jun	Churchill PF Whitley Bay	1
North of England League Div 3EC	16-Jun	Spinkhill, Sheffield	1
North of England League Div 3W	16-Jun	Wavertree Stadium, Liverpool	1
North of England League Div 3WC	16-Jun	Trafford Stadium	1
		Eastbourne Stadium,	
North of England League Div 4E	16-Jun	Darlington	1
		Princess Mary Stadium	
North of England League Div 4EC	16-Jun	Cleckheaton	1
North of England League Div 4W	16-Jun	Oldham	1
SAL Div 3SW Match3	16-Jun	Poole	1
Wessex YA League	16-Jun	Horspath Oxford	1
Blackheath & Bromley Champs & Open Series	17-Jun	Norman Park Bromley	1
BMC Regional Events	17-Jun	Chester le Street	1
Southern Counties Veterans League - Hampshire	17-Jun	Down Grange Basingstoke	1
BMC Regional Events	18-Jun	Tipton	1
Corby Open Series	18-Jun	Rockingham Triangle Corby	1
DADA Flat Track Graded Open Series	18-Jun	Moorways Stadium Derby	1

Tipton Open Graded Series	18-Jun		Tipton	1
Trafford Grand Prix	18-Jun		Trafford Stadium	1
Cambridge Harriers Open Series	19-Jun		Sutcliffe Park	1
Cambridgeshire AA Evening Open Series	19-Jun		St Ivo Centre St Ives	1
Devon 10000m Champs & West Country Miles	19-Jun		Exeter Arena	1
HPRC Track Championships	19-Jun		Bingham Leisure Centre, Nottingham	1
Oxford City Midweek Open Series	19-Jun		Horspath Oxford	1
RAF Championships	19-Jun		RAF Cosford	1
Rosenheim League Western Division	19-Jun		St Marys Richmond	1
The Manchester Mile	19-Jun		Manchester Regional Arena	1
West Yorkshire League	19-Jun		Thornes Park, Wakefield	1
BMC Regional Events	20-Jun		Sutcliffe Park	1
Leamington C & AC Open & Club Champs	20-Jun		Leamington Athletics Track	1
Worcester AC Open Series	20-Jun		Nunnery Wood Worcester	1
CSQ U12 League	21-Jun		Leamington	1
Golden Stag Mile	21-Jun		Finsbury Park	1
Cumbria League	22-Jun		Furness Academy, Barrow	1
ESAA East Anglia Regional Combined Event Champs	22-Jun	23-Jun	Melbourne Park Chelmsford	1
ESAA Midlands Regional Combined Event Champs	22-Jun	23-Jun	Kirby in Ashfield	1
ESAA North East Regional Combined Event Champs	22-Jun	23-Jun	University of York	1
ESAA North West Regional Combined Event Champs	22-Jun	23-Jun	Crewe	1
North East Masters League & Champs	22-Jun		Monkton Stadium Jarrow	1
Notts Schools Combined Events Regional	22-Jun	23-Jun	Ashfield School, Sutton In Ashfield	1
South West Schools Combined Events Champs	22-Jun	23-Jun	Exeter Arena	1
YDL Lower North East Divs 1 & 2	22-Jun		Middlesbrough Sports Village	1
YDL Lower North Premier East	22-Jun		Herringthorpe Rotherham	1
YDL Lower North Premier West	22-Jun		The Oval, Bebington	1
YDL Lower North West Div 1	22-Jun		Trafford Stadium	1
YDL Lower North West Div 2	22-Jun		Richmond Track Ashton under Lyne	1
YDL Lower North West Div 3N	22-Jun		Leigh Sports Village	1
YDL Lower North West Div 3S	22-Jun		Manchester Regional Arena	1
YDL Lower South Central 2	22-Jun		Battersea Park	1
YDL Lower South East 1	22-Jun		Medway Park	1
YDL Lower South West 1	22-Jun		Kings Park Bournemouth	1
East Anglian League	23-Jun		Great Yarmouth	1
East Anglian League	23-Jun		Luton	1
East Anglian League	23-Jun		Kings Lynn	1
Middlesex Young Athletes League	23-Jun		Parliament Hill	1
North Eastern YDL Division 1	23-Jun		Middlesbrough Sports Village	1
North Eastern YDL Division 2N	23-Jun		Hexham	1
North Eastern YDL Division 2S	23-Jun		Monkton Stadium Jarrow	1
Northern Masters Championships	23-Jun		Market Street Bury	1
YDL Lower Midlands North & East Div 1A	23-Jun		Aldersley Stadium	1
YDL Lower Midlands North & East Div 1B	23-Jun		Wolverhampton	1
YDL Lower Midlands North & East Div 1C & 1D	23-Jun		Moorways Stadium Derby	1
			Tamworth	1

YDL Lower Midlands Premier North & East	23-Jun	Stantonbury Stadium Milton Keynes	1
YDL Lower Midlands Premier South & West	23-Jun	Bristol	1
YDL Lower Midlands South & West Div 1A	23-Jun	Blackbridge Gloucester	1
YDL Lower Midlands South & West Div 1B	23-Jun	Neath	1
YDL Lower Scotland Div 1	23-Jun	Scotstoun Glasgow	1
YDL Lower Scotland Div 2	23-Jun	Grangemouth	1
YDL Lower Scotland Div 3	23-Jun	Inverness	1
YDL Lower South Central 1	23-Jun	TBC	1
YDL Lower South East 2	23-Jun	Julie Rose Stadium, Ashford	1
YDL Lower South Premier 1	23-Jun	Palmer Park Reading	1
YDL Lower South Premier 2	23-Jun	Withdean Stadium Brighton	1
YDL Lower South West 1	23-Jun	Winchester	1
Yorkshire & District YA League	23-Jun	Princess Mary Stadium Cleckheaton	1
Aldershot & Dist Schools Junior Champs	24-Jun	Aldershot	1
SCVAC Herts & North Middlesex Masters League	24-Jun	Lee Valley Athletics Centre	1
SCVAC Mid-London League	24-Jun	Battersea Park	1
Southampton AC Graded Open Series	24-Jun	Southampton	1
Southern Counties Veterans League - Kent	24-Jun	Julie Rose Stadium, Ashford	1
BMC Regional Events	25-Jun	Exeter Arena	1
Exeter H Evening Open Series	25-Jun	Exeter Arena	1
North Yorks & South Durham League	25-Jun	Middlesbrough Sports Village	1
Trafford Grand Prix	25-Jun	Trafford Stadium	1
4 Feast	26-Jun	Lee Valley Athletics Centre	1
Dartford Harriers AC Open Series	26-Jun	Central Park Dartford	1
Hercules Wimbledon 3000m Open Graded	26-Jun	Wimbledon Park	1
Isle of Man League - Newfield	26-Jun	NSC Douglas	1
Ivy League Match, B'ham v Harvard & Yale	26-Jun	Univ of Birmingham	1
Kent 3000 & 10000 Championships	26-Jun	Central Park Dartford	1
No P10 Wesport Super 6 Final	26-Jun	Yate	1
North East Grand Prix	26-Jun	Monkton Stadium Jarrow	1
Watford Open Graded Series	26-Jun	Woodside Stadium Watford	1
Mendip AC Summer Open Series	27-Jun	Millfield School	1
Sheffield Run Jump Throw Series	27-Jun	Sheffield Hallam Univ Stadium	1
Shropshire Young Athletes League	27-Jun	Shrewsbury	1
London Open Meetings Series	28-Jun	Finsbury Park	1
Sussex U15 League East	28-Jun	Withdean Stadium Brighton	1
Tommy Clay Development Series	28-Jun	Princess Royal Arena Boston	1
Derbyshire Mini League	29-Jun	Moorways Stadium Derby	1
Herts County Pentathlons & 3000m Races	29-Jun	Jarman Park Hemel Hempstead	1
Notts Mini League	29-Jun	Newark	1
Univ of Oxford & Cambridge v Harvard & Yale	29-Jun	Wilberforce Road Cambridge	1
Eastern AA Championships	30-Jun	Wilberforce Road Cambridge	1
Wessex YA League	30-Jun	County Ground Swindon	1
Wessex YA League	30-Jun	Horspath Oxford	1
YDL Upper Midlands Premier North / East	30-Jun	Paula Radcliffe Stadium, Loughborough	1
YDL Upper Midlands Premier North / East 1A & 1B	30-Jun	Stantonbury Stadium Milton Keynes	1
YDL Upper Midlands Premier North / East 1C & 1D	30-Jun	Northwood Stoke on Trent	1

YDL Upper Midlands Premier South / West	30-Jun	Cardiff	1
YDL Upper Midlands Premier South / West 1	30-Jun	Cheltenham	1
YDL Upper North East 1	30-Jun	Herringthorpe Rotherham	1
YDL Upper North East 2	30-Jun	Quibell Park Scunthorpe	1
YDL Upper North Premier	30-Jun	Trafford Stadium	1
YDL Upper North West 1	30-Jun	Robin Park, Wigan	1
YDL Upper North West 2	30-Jun	Stanley Park Arena Blackpool	1
YDL Upper North West 3	30-Jun	Market Street Bury Weir Archer Centre	1
YDL Upper South Div 1A	30-Jun	(Kingsmeadow)	1
YDL Upper South Div 1B	30-Jun	Ashton PF Woodford Bridge	1
YDL Upper South Div 2A	30-Jun	Spectrum Stadium, Guildford	1
YDL Upper South Div 2B	30-Jun	Kings Park Bournemouth	1
YDL Upper South Div 2C	30-Jun	Erith Stadium	1
YDL Upper South Premier	30-Jun	Allianz Stadium	1
BMC Regional Events	01-Jul	Leeds Beckett University Paula Radcliffe Stadium,	1
Charnwood AC Open Series	01-Jul	Loughborough	1
Eastern Masters League North Div Match 3	01-Jul	Embankment Track Peterborough	1
North East Masters League & Champs	01-Jul	Monkton Stadium Jarrow	1
BMC Regional Events	03-Jul	Linford Christie Stadium	1
Eastern Masters League Central Div Match 3	03-Jul	Bedford Stadium	1
Eastern Masters League South Div Match 3	03-Jul	Melbourne Park Chelmsford	1
Essex County School U13 AC	03-Jul	Melbourne Park Chelmsford	1
Midland Veterans League East	03-Jul	Rugby	1
Midland Veterans League North	03-Jul	Burton	1
Midland Veterans League South	03-Jul	Stratford upon Avon	1
Rosenheim League Eastern Division	03-Jul	Battersea Park Weir Archer Centre	1
Rosenheim League Western Division	03-Jul	(Kingsmeadow)	1
TVH Open Graded Series	03-Jul	Linford Christie Stadium	1
Univ of Birmingham Midweek Series	03-Jul	Univ of Birmingham	1
Warwickshire Open Graded Series	03-Jul	Coventry	1
Biggleswade Fest Series - Track	04-Jul	Sandy	1
CSQ U12 League	05-Jul	Solihull	1
Sussex U15 League West	05-Jul	Horsham	1
Cheshire League Match 1	06-Jul	Connah's Quay	1
Cheshire League Match 2	06-Jul	Ellesmere Port	1
Cheshire League Match 3	06-Jul	Macclesfield	1
DC Mini Racers	06-Jul	Lee Valley Athletics Centre	1
ESAA T&F Cup Final	06-Jul	Melbourne Park Chelmsford	1
Mid Lancs League	06-Jul	Salt Ayre Centre Lancaster	1
Midland Counties League Div 2	06-Jul	Rugby	1
Midland Counties League Div 3	06-Jul	Telford	1
Midland Counties League Div 4	06-Jul	Burton	1
Midland Counties League Div 5	06-Jul	Banbury	1
Midland Counties League Div 6	06-Jul	Pingles Stadium Nuneaton	1
UKWAL Division 1	06-Jul	Ridlins Stadium Stevenage	1
UKWAL Division 2	06-Jul	Sheffield Hallam Univ Stadium Weir Archer Centre	1
UKWAL Division 3	06-Jul	(Kingsmeadow)	1
Alder Valley Boys League	07-Jul	Hillingdon	1

Eastern Young Athletes League	07-Jul	Braintree	1
Eastern Young Athletes League	07-Jul	Wilberforce Road Cambridge	1
Eastern Young Athletes League	07-Jul	Ridlins Stadium Stevenage	1
Eastern Young Athletes League	07-Jul	Ware	1
Heart of England League Div 1	07-Jul	Royal Sutton	1
Heart of England League Div 2	07-Jul	Alan Moreton Track Stourport	1
Heart of England League Div 3	07-Jul	Rockingham Triangle Corby	1
Heart of England League Div 4	07-Jul	Banbury	1
Huntingdonshire AC Championships	07-Jul	St Ives	1
Kent Young Athletes League	07-Jul	Julie Rose Stadium, Ashford	1
Lily B League	07-Jul	Guildford	1
Midland Counties League Div 1	07-Jul	Tamworth	1
South West League 3	07-Jul	Exeter Arena	1
Wessex YA League	07-Jul	Andover	1
Wessex YA League	07-Jul	Winchester	1
M6 Under 12s League	08-Jul	Pingles Stadium Nuneaton	1
Southern Counties Veterans League - Hampshire	08-Jul	Aldershot	1
Southern Counties Veterans League - South London Div	08-Jul	Croydon	1
Sussex U15 League East	08-Jul	Lewes	1
Hampshire Schools U13/14 Champs	09-Jul	Southampton	1
Leamington C & AC Open & Club Champs	09-Jul	Leamington Athletics Track	1
North Yorks & South Durham League	09-Jul	Middlesbrough Sports Village	1
Serpentine RC I Mile Championship	09-Jul	Paddington Recreation Ground	1
Trafford Grand Prix	09-Jul	Trafford Stadium	1
WGEL Graded Series	09-Jul	Ashton PF Woodford Bridge	1
Berkshire AA U13 Championships	10-Jul	John Nike Stadium Bracknell	1
Crawley Open Series	10-Jul	K2 Crawley	1
North East Grand Prix	10-Jul	Monkton Stadium Jarrow	1
SCVAC Mid-London League	10-Jul	Perivale Park	1
Sheffield Run Jump Throw Series	10-Jul	Sheffield Hallam Univ Stadium	1
UK Armed Forces Championships	10-Jul	RAF Cosford	1
Watford Open Graded Series	10-Jul	Woodside Stadium Watford	1
West Yorkshire League	10-Jul	Thornes Park, Wakefield	1
Wirral Endurance Series	10-Jul	The Oval, Bebington	1
Tommy Clay Development Series	12-Jul	Princess Royal Arena Boston	1
BMC Regional Events	13-Jul	Oxford Iffley Road	1
Derbyshire Mini League	13-Jul	Moorways Stadium Derby	1
Neptune Iffley Festival of Miles	13-Jul	Oxford Iffley Road	1
SAL Div 1 Match 4	13-Jul	4 Venues	1
SAL Div 2E Match 4	13-Jul	4 Venues	1
SAL Div 2W Match 4	13-Jul	4 Venues	1
SAL Div 3N Match 4	13-Jul	4 Venues	1
SAL Div 3SE Match 4	13-Jul	4 Venues	1
SAL Div 3SW Match 4	13-Jul	2 Venues	1
Club Night Races, Quadrathlon & Open Races	14-Jul	F.B. Fields, St Saviour, Jersey	1
Devon Open Series	14-Jul	Tavistock	1
North Eastern YDL Division 1	14-Jul	Hexham	1
North Eastern YDL Division 2N	14-Jul	Churchill PF Whitley Bay	1
North Eastern YDL Division 2S	14-Jul	Middlesbrough Sports Village	1
North of England League Div 2E	14-Jul	Morpeth	1
North of England League Div 2EC	14-Jul	Costello Stadium, Hull	1
North of England League Div 2W	14-Jul	Leigh Sports Village	1
North of England League Div 2WC	14-Jul	Trafford Stadium	1

North of England League Div 3E	14-Jul	Middlesbrough Sports Village Princess Mary Stadium	1
North of England League Div 3EC	14-Jul	Cleckheaton	1
North of England League Div 3W	14-Jul	Macclesfield	1
North of England League Div 3WC	14-Jul	Bury	1
North of England League Div 4E	14-Jul	Monkton Stadium Jarrow	1
North of England League Div 4EC	14-Jul	Thornes Park, Wakefield	1
North of England League Div 4W	14-Jul	Wrexham	1
Notts Mini League	14-Jul	Bingham	1
SCVAC League Western Division	14-Jul	Palmer Park Reading William Brookes Sch, Much	1
Wenlock Olympian Games	14-Jul	Wenlock	1
Wessex YA League	14-Jul	Kings Park Bournemouth	1
Wessex YA League	14-Jul	Sandown IOW	1
North East Masters League & Champs	15-Jul	Monkton Stadium Jarrow	1
BMC Regional Events	16-Jul	Tipton	1
Corby Open Series	16-Jul	Rockingham Triangle Corby	1
DADA Flat Track Graded Open Series	16-Jul	Moorways Stadium Derby	1
Serpentine RC 1 Mile Championship	16-Jul	Paddington Recreation Ground	1
Sussex U13 League West Division	16-Jul	Horsham	1
Tipton Open Graded Series	16-Jul	Tipton	1
Trafford Grand Prix	16-Jul	Trafford Stadium	1
Blackheath & Bromley Champs & Open Series	17-Jul	Norman Park Bromley	1
Cambridge Harriers Open Series	17-Jul	Sutcliffe Park	1
Cambridgeshire AA Evening Open Series	17-Jul	St Ivo Centre St Ives	1
Hampshire Grand Prix	17-Jul	Down Grange Basingstoke Princess Mary Stadium	1
Northern Masters Series	17-Jul	Cleckheaton	1
Nuneaton HAC Open Series	17-Jul	Pingles Stadium Nuneaton	1
Oxford City Midweek Open Series	17-Jul	Horspath Oxford	1
Rosenheim League Eastern Division	17-Jul	Tooting Bec	1
Rosenheim League Western Division	17-Jul	Walton	1
Sussex U13 League East Division	17-Jul	Eastbourne	1
BMC Regional Events	18-Jul	Sutcliffe Park	1
Invicta East Kent AC Open Series	18-Jul	Canterbury High	1
Shropshire Young Athletes League	18-Jul	Shrewsbury	1
CSW Super 4 Meetings	19-Jul	Stratford upon Avon	1
Reading AC Friday Night Development League	19-Jul	Palmer Park Reading	1
Southern Counties Veterans League - Kent	19-Jul	Erith Stadium	1
Tim Wealthall Mile and Open Races	19-Jul	Harvey Hadden Nottingham	1
Cambridge Harriers Open Series	20-Jul	Sutcliffe Park	1
Eastern Masters Championships	20-Jul	Garon Park Southend	1
Midland Masters Throws Group Series	20-Jul	Moorways Stadium Derby	1
YDL Lower Midlands Premier N & E Promotion	20-Jul	Solihull	1
YDL Lower Midlands Premier S & W Final	20-Jul	Bristol	1
YDL Lower Midlands South & West Div 1A	20-Jul	County Ground Swindon	1
YDL Lower North East Divs 1 & 2	20-Jul	Quibell Park Scunthorpe	1
YDL Lower North Regional Final	20-Jul	UCLAN Preston	1
YDL Lower North Regional Plate Final	20-Jul	Sheffield Hallam Univ Stadium	1
YDL Lower North West Div 1	20-Jul	Robin Park, Wigan	1
YDL Lower North West Div 2	20-Jul	Macclesfield	1
YDL Lower North West Div 3N	20-Jul	Oldham	1
YDL Lower North West Div 3S	20-Jul	Victoria Park, Warrington	1

YDL Lower South Central 1	20-Jul	Linford Christie Stadium	1
YDL Lower South Central 2	20-Jul	Wimbledon Park	1
YDL Lower South East 1	20-Jul	Mile End	1
YDL Lower South East 2	20-Jul	Lewes	1
YDL Lower South Premier 1	20-Jul	Norman Park Bromley	1
YDL Lower South Premier 2	20-Jul	Spectrum Stadium, Guildford	1
YDL Lower South West 1	20-Jul	Thames Valley Centre Eton	1
YDL Lower South West 1	20-Jul	Worthing	1
East Anglian League	21-Jul	Northgate Ipswich	1
East Anglian League	21-Jul	Braintree	1
East Anglian League	21-Jul	Wilberforce Road Cambridge	1
Gateshead Young Athlete Series	21-Jul	Gateshead Stadium	1
Middlesex Young Athletes League	21-Jul	Allianz Stadium	1
North of England League Div 1	21-Jul	Ellesmere Port	1
		Dorothy Hyman Stadium	
Yorkshire & District YA League	21-Jul	Cudworth	1
Blackheath & Bromley Champs & Open Series	22-Jul	Norman Park Bromley	1
BMC Regional Events	22-Jul	Chester le Street	1
SCVAC Herts & North Middlesex Masters League	22-Jul	Jarman Park Hemel Hempstead	1
Leamington C & AC Open & Club Champs	23-Jul	Leamington Athletics Track	1
Trafford Grand Prix	23-Jul	Trafford Stadium	1
		Dorothy Hyman Stadium	
Cudworth Summer Series	24-Jul	Cudworth	1
DAN Summer Trak Race Series	24-Jul	Par	1
Dartford Harriers AC Open Series	24-Jul	Central Park Dartford	1
Isle of Man League - Newfield	24-Jul	NSC Douglas	1
North East Grand Prix	24-Jul	Monkton Stadium Jarrow	1
		Richmond Track Ashton under Lyne	
Northern Masters 5000m Championships	24-Jul	Lyne	1
Watford Open Graded Series	24-Jul	Woodside Stadium Watford	1
London Open Meetings Series	25-Jul	Finsbury Park	1
Track Academy Outdoor 2019	25-Jul	Willesden	1
BMC Regional Events	26-Jul	Scotstoun Glasgow	1
Sussex U15 League West	26-Jul	Horsham	1
Tommy Clay Development Series	26-Jul	Princess Royal Arena Boston	1
Fast 5000's	27-Jul	Yate	1
Humberside League Open Series	27-Jul	Costello Stadium, Hull	1
M & M Open Series	27-Jul	Medway Park	1
The 5000m Track Challenge	27-Jul	Harvey Hadden Nottingham	1
SLAN Super 8 Series	28-Jul	Woodcote HS Coulsdon	1
		Princess Mary Stadium	
West Yorkshire League	28-Jul	Cleckheaton	1
Westfield Health British Transplant Games	28-Jul	Newport	1
YDL Upper Midlands Premier North / East Promotion Match	28-Jul	Banbury	1
YDL Upper Midlands Premier South / West Promotion Match	28-Jul	Swansea	1
YDL Upper Midlands Premier South / West Reg Final	28-Jul	Yate	1
YDL Upper South Div 1A	28-Jul	Withdean Stadium Brighton	1
YDL Upper South Div 1B	28-Jul	Julie Rose Stadium, Ashford	1
YDL Upper South Div 2A	28-Jul	Croydon	1
YDL Upper South Div 2B	28-Jul	Southampton	1
YDL Upper South Div 2C	28-Jul	Mile End	1

YDL Upper South Premier	28-Jul		Norman Park Bromley	1
Charnwood AC Open Series	29-Jul		Paula Radcliffe Stadium, Loughborough	1
North East Masters League & Champs	29-Jul		Monkton Stadium Jarrow	1
Sussex Veterans League	29-Jul		Lewes	1
BMC Regional Events	30-Jul		Exeter Arena	1
Exeter H Evening Open Series	30-Jul		Exeter Arena	1
Blackheath & Bromley Champs & Open Series	31-Jul		Norman Park Bromley	1
Eastern Masters League Central Div Match 4	31-Jul		Stantonbury Stadium Milton Keynes	1
Eastern Masters League North Div Match 4	31-Jul		Rockingham Triangle Corby	1
Eastern Masters League South Div Match 4	31-Jul		Colchester Wyndley Track, Sutton	1
Midland Veterans League North	31-Jul		Coldfield	1
Midland Veterans League South	31-Jul		Worcester	1
BMC Regional Events	01-Aug		Leeds Beckett University	1
Mile Night	02-Aug		Stadium 2000 Shildon	1
Isle of Man Championships	03-Aug	04-Aug	NSC Douglas	1
Mid Lancs League	03-Aug		Litherland Stadium, Sefton Wyndley Track, Sutton	1
Midland Counties League Div 3	03-Aug		Coldfield	1
UKWAL Division 2	03-Aug		Scotstoun Glasgow	1
UKWAL Division 3	03-Aug		Down Grange Basingstoke	1
Univ of Birmingham Relays	03-Aug		Univ of Birmingham	1
Wessex YA League	03-Aug		Aldershot	1
Cheshire League Match 1	04-Aug		Victoria Park, Warrington	1
Cheshire League Match 2	04-Aug		Trafford Stadium	1
Cheshire League Match 3	04-Aug		Bury	1
East Anglian League	04-Aug		Northgate Ipswich	1
East Anglian League	04-Aug		Wilberforce Road Cambridge Embankment Track	1
East Anglian League	04-Aug		Peterborough	1
Horsham Blue Star H Open Meeting	04-Aug		Horsham	1
Kent Young Athletes League	04-Aug		Medway Park	1
Midland Counties League Div 1	04-Aug		Bristol Aldersley Stadium	1
Midland Counties League Div 2	04-Aug		Wolverhampton	1
Midland Counties League Div 4	04-Aug		Tipton	1
Midland Counties League Div 5	04-Aug		Stourport	1
Midland Counties League Div 6	04-Aug		Hereford Stantonbury Stadium Milton Keynes	1
Milton Keynes Open Series	04-Aug		Keynes	1
South West League 4	04-Aug		Exeter Arena	1
UKWAL Division 1	04-Aug		Robin Park, Wigan	1
YDL Lower Scotland Regional Final	04-Aug		Grangemouth	1
Trafford Grand Prix	06-Aug		Trafford Stadium	1
Blackheath & Bromley Champs & Open Series	07-Aug		Norman Park Bromley	1
Hercules Wimbledon 5000m Festival Open Graded	07-Aug		Wimbledon Park Paula Radcliffe Stadium, Loughborough	1
Midland Veterans League East	07-Aug		Loughborough	1
North East Grand Prix	07-Aug		Gateshead Stadium	1
Warwickshire Open Graded Series	07-Aug		Coventry	1

Watford Open Graded Series	07-Aug	Woodside Stadium Watford	1
Wirral Endurance Series	07-Aug	The Oval, Bebington	1
Biggleswade Fest Series - Throws	08-Aug	Sandy	1
Invicta East Kent AC Open Series	08-Aug	Canterbury High	1
Worcester AC Open Series	08-Aug	Nunnery Wood Worcester	1
Tommy Clay Development Series	09-Aug	Princess Royal Arena Boston	1
Alder Valley Boys League	10-Aug	Down Grange Basingstoke	1
Cerebral Palsy Sport Series	10-Aug	Moorways Stadium Derby	1
North of England League Div 1	10-Aug	Thornes Park, Wakefield	1
North of England League Div 2E	10-Aug	Churchill PF Whitley Bay	1
North of England League Div 2EC	10-Aug	Rotherham	1
North of England League Div 2W	10-Aug	Stanley Park Arena Blackpool	1
		Princess Mary Stadium	
North of England League Div 2WC	10-Aug	Cleckheaton	1
North of England League Div 3E	10-Aug	Hexham	1
North of England League Div 3EC	10-Aug	Quibell Park Scunthorpe	1
North of England League Div 3W	10-Aug	Manchester Regional Arena	1
North of England League Div 3WC	10-Aug	Ashton under Lyne	1
North of England League Div 4E	10-Aug	Middlesbrough Sports Village	1
		Dorothy Hyman Stadium	
North of England League Div 4EC	10-Aug	Cudworth	1
North of England League Div 4W	10-Aug	UCLan, Preston	1
Alder Valley Girls League	11-Aug	Guildford	1
City of York Summer League & Open	11-Aug	University of York	1
Devon Open Series	11-Aug	Braunton	1
Eastern Young Athletes League	11-Aug	Allianz Stadium	1
Eastern Young Athletes League	11-Aug	Bedford Stadium	1
Eastern Young Athletes League	11-Aug	UEA Norwich	1
Eastern Young Athletes League	11-Aug	St Albans	1
Oxfordshire League	11-Aug	Banbury	1
SLAN Super 8 Series	11-Aug	David Weir Centre Carshalton	1
Blackheath & Bromley Champs & Open Series	12-Aug	Norman Park Bromley	1
DADA Flat Track Graded Open Series	13-Aug	Moorways Stadium Derby	1
Tipton Open Graded Series	13-Aug	Tipton	1
WGEL Graded Series	13-Aug	Ashton PF Woodford Bridge	1
Cambridge Harriers Open Series	14-Aug	Sutcliffe Park	1
Nuneaton HAC Open Series	14-Aug	Pingles Stadium Nuneaton	1
BMC Regional Events	15-Aug	Sutcliffe Park	1
Sheffield Run Jump Throw Series	15-Aug	Sheffield Hallam Univ Stadium	1
Midland Masters Throws Group Series	17-Aug	Moorways Stadium Derby	1
SAL Div 1 Match 5	17-Aug	4 Venues	1
SAL Div 2E Match 5	17-Aug	4 Venues	1
SAL Div 2W Match 5	17-Aug	4 Venues	1
SAL Div 3N Match 5	17-Aug	4 Venues	1
SAL Div 3SE Match 5	17-Aug	4 Venues	1
SAL Div 3SW Match 5	17-Aug	2 Venues	1
Warrington Open Series	18-Aug	Victoria Park, Warrington	1
Corby Open Series	20-Aug	Rockingham Triangle Corby	1
Trafford Grand Prix	20-Aug	Trafford Stadium	1
		Dorothy Hyman Stadium	
Cudworth Summer Series	21-Aug	Cudworth	1
DAN Summer Trak Race Series	21-Aug	Par	1
Dartford Harriers AC Open Series	21-Aug	Central Park Dartford	1
		Weir Archer Centre	
Rosenheim League Final	21-Aug	(Kingsmeadow)	1

Watford Open Graded Series	21-Aug		Woodside Stadium Watford	1
World Transplant Games	22-Aug	23-Aug	Gateshead Stadium	1
Tommy Clay Development Series	23-Aug		Princess Royal Arena Boston	1
BMC Regional Events	24-Aug		Tipton	1
			Paula Radcliffe Stadium,	
Charnwood AC Open Series	24-Aug		Loughborough	1
Mid Lancs League	24-Aug		Stanley Park Arena Blackpool	1
North of England League Div 1 Promotion Match	24-Aug		Keepmoat Stadium Doncaster	1
Crawley Open Series	26-Aug		K2 Crawley	1
Kent U13 Pentathlon Championships	26-Aug		Tonbridge School	1
Norman Fowler & April Bowring Memorial	26-Aug		Tonbridge School	1
Reading AC Championships	26-Aug		Palmer Park Reading	1
Southend on Sea AC Championships & Open	26-Aug		Garon Park Southend	1
Trafford Medal Meetings	26-Aug		Trafford Stadium	1
BMC Regional Events	27-Aug		Exeter Arena	1
Exeter H Evening Open Series	27-Aug		Exeter Arena	1
Hampshire Mini Prix	28-Aug		Down Grange Basingstoke	1
Sussex U15 League Final	30-Aug		Withdean Stadium Brighton	1
Tonbridge Twilight Invitation Meeting	30-Aug		Tonbridge School	1
Humberside League Open Series	31-Aug		Quibell Park Scunthorpe	1
			Weir Archer Centre	
Lily B League	31-Aug		(Kingsmeadow)	1
Midland Veterans League Final	31-Aug		Harvey Hadden Nottingham	1
Southport Waterloo Open Medal Meeting	31-Aug		Litherland Stadium, Sefton	1
Border H Open Meetings	01-Sep		Sheepmount Stadium Carlisle	1
Cheshire League Match 1	01-Sep		Ellesmere Port	1
Cheshire League Match 2	01-Sep		Crewe	1
Cheshire League Match 3	01-Sep		Cleavleys, Eccles	1
City of York Summer League & Open	01-Sep		University of York	1
Huntingdonshire AC Championships	01-Sep		St Ives	1
			Dorothy Hyman Stadium	
Inter League Match	01-Sep		Cudworth	1
M & M Open Series	01-Sep		Medway Park	1
			Stantonbury Stadium Milton	
Milton Keynes Open Series	01-Sep		Keynes	1
SLAN Super 8 Series	01-Sep		Tooting Bec	1
South West League 5	01-Sep		Exeter Arena	1
Sussex 3000m Championships	01-Sep		K2 Crawley	1
Sussex U13 League Final	01-Sep		K2 Crawley	1
Huntingdonshire AC Intra Club Meet	03-Sep		St Ives	1
Trafford Grand Prix	03-Sep		Trafford Stadium	1
WGEL Graded Series	03-Sep		Ashton PF Woodford Bridge	1
Warwickshire Open Graded Series	04-Sep		Coventry	1
Watford Open Graded Series	04-Sep		Woodside Stadium Watford	1
Wirral Endurance Series	04-Sep		The Oval, Bebington	1
Tommy Clay Development Series	06-Sep		Princess Royal Arena Boston	1
Cumbria League	07-Sep		Copeland Stadium	1
Nuneaton HAC Open Series	07-Sep		Pingles Stadium Nuneaton	1
Southern U15/20 Inter County Champs	07-Sep		Horspath Oxford	1
Telford Games	07-Sep		Telford	1
Blackpool Wyre & Fylde AC Open Medal Meeting	08-Sep		Stanley Park Arena Blackpool	1
East Anglian League Final	08-Sep		Bury St Edmunds	1
Leamington C & AC Open & Club Champs	08-Sep		Leamington Athletics Track	1

Oxfordshire League	08-Sep		Tilsley Park Abingdon	1
Watford Minors Open Series	08-Sep		Woodside Stadium Watford Princess Mary Stadium	1
West Yorkshire League	08-Sep		Cleckheaton	1
Yeovil Olympiads 50th Anniversary Games	08-Sep		Bill Whistlecroft Arena Yeovil	1
Highgate H Open Series	11-Sep		Parliament Hill	1
Power Night	13-Sep		Stadium 2000 Shildon	1
Alder Valley Girls League	14-Sep		Thames Valley Centre Eton Mountbatten Centre	1
Havant AC Open Meeting	14-Sep		Portsmouth	1
Hibbard, Peterhouse & Bemax Meeting	14-Sep		Northgate Ipswich	1
Midland Masters Throws Group Series	14-Sep		Moorways Stadium Derby	1
U13 & U15 Inter County Match	14-Sep		Costello Stadium, Hull	1
Alder Valley Boys League	15-Sep		Palmer Park Reading	1
Arnold Seddon Open	15-Sep		Robin Park, Wigan	1
Cambridge & Coleridge AC YA Challenge	15-Sep		Wilberforce Road Cambridge	1
Tommy Clay Development Series	20-Sep		Princess Royal Arena Boston	1
North East Counties & Masters Open				
Pentathlon & 5 & 10 k Champs	21-Sep		Monkton Stadium Jarrow	1
City of York Summer League & Open	22-Sep		University of York Jarman Park Hemel	1
Dacorum & Tring AC Championships	22-Sep		Hempstead Stantonbury Stadium Milton	1
Eastern Masters League Final	22-Sep		Keynes	1
Kent Relays & Masters Jumps				
Championships	22-Sep		Medway Park	1
Sheffield Masters Grand Prix Outdoors & Open	22-Sep		Sheffield Hallam Univ Stadium	1
Exeter H Evening Open Series	24-Sep		Exeter Arena	1
Huntingdonshire AC 10000m Champs	24-Sep		St Ives	1
Basingstoke Combined Events	28-Sep		Down Grange Basingstoke	1
Dartford Harriers AC Open Series	29-Sep		Central Park Dartford Embankment Track	1
Eastern AA Combined Events Meeting	29-Sep		Peterborough	1
Midland Masters Throws Group Series	04-Oct		Moorways Stadium Derby	1
Midland Masters Throws Group Series	05-Oct		Moorways Stadium Derby	1
The Hammer Circle Reunion	12-Oct	13-Oct	Costello Stadium, Hull	1
Gloucester 24 Hour Track Race	02-Nov		Blackbridge Gloucester	1
Midland Masters Throws Group Series	09-Nov		Moorways Stadium Derby	1
Midland Masters Throws Group Series	07-Dec		Moorways Stadium Derby	1

1st May 2019