



THE IAAF NORTHERN IRELAND INTERNATIONAL CROSS COUNTRY – 19 JANUARY 2019
BILLY NEILL CENTRE OF EXCELLENCE, DUNDONALD, BELFAST

Race Information *The organisers reserve the right to change the information – please check*

EVENT	AGE GROUP	DISTANCE	TIME	TEAM RACE	FEES	£	€
Girls U13 Race	Age 11 or 12 on 31 August 2018	1500m	11.00am	Enter 8 Run 6 Score 3	Individual Team	£5.00 £20.00	€6.00 €24.00
Boys U13 Race	Age 11 or 12 on 31 August 2018	1500m	11.15am	Enter 8 Run 6 Score 3	Individual Team	£5.00 £20.00	€6.00 €24.00
Girls U15 Race	Age 13 or 14 on 31 August 2018	3000m	11.30am	Enter 8 Run 6 Score 3	Individual Team	£5.00 £20.00	€6.00 €24.00
Boys U15 Race	Age 13 or 14 on 31 August 2018	3000m	11.55am	Enter 8 Run 6 Score 3	Individual Team	£5.00 £20.00	€6.00 €24.00
Open Mixed Race	Senior & Master	4000m	12.20pm		Individual	£8.00	€9.00
Girls U17 Race	Age 15 or 16 on 31 August 2018	4000m	12.50pm	Enter 8 Run 6 Score 3	Individual Team	£5.00 £20.00	€6.00 €24.00
Womens U20 (IAAF Junior Women)	Under 20 on 31 December 2019	4000m	12.50pm	Enter 8 Run 6 Score 3	Individual Team	£5.00 £20.00	€6.00 €24.00
Flahavans Porridge Primary School Girls	P5-P7 on day of race	1200m	1.20pm	Enter 8 Run 6 Score 3	Individual Team	£2.50 £10.00	
Boys U17 Race	Age 15 or 16 on 31 August 2018	5000m	1.35pm	Enter 8 Run 6 Score 3	Individual Team	£5.00 £20.00	€6.00 €24.00
Mens U20 (IAAF Junior Men)	Under 20 on 31 December 2019	5000m	1.35pm	Enter 10 Run 8 Score 3	Individual Team	£5.00 £20.00	€6.00 €24.00
Flahavans Porridge Primary School Race	P5-P7 on day of race	1200m	2.00pm	Enter 8 Run 6 Score 3	Individual Team	£2.50 £10.00	
Senior International Women	Senior International & Open	8000m	2.15pm	First 3 over the line	Individual	£10.00	€12.00
Senior International Men	Senior International & Open	10000m	2.50pm	First 3 over the line	Individual	£10.00	€12.00

Enter Online Now at www.athleticsni.org