



BRITISH ATHLETICS

2013 MEDIA GUIDE

EUROPEAN ATHLETICS UNDER 23 CHAMPIONSHIPS
TAMPERE, FINLAND - 11-14 JULY

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GB & NI TEAM MANAGEMENT

TEAM LEADER

Alison Wyeth

TEAM MANAGER

Katie Jones

TEAM COACHES

Jon Bigg (Endurance)

Lorna Boothe (Sprints)

Tony Hadley (Sprints)

Tore Gustafsson (Throws)

James Hillier (Hurdles)

Mike Holmes (Combined Events)

David Parker (Throws)

MEDICAL TEAM

Team Doctors

Bhavesh Kumar

Physiotherapists

Leigh Halfteck

Cat Riley

Soft Tissue Therapists

Jonathan Murray

MEDIA LIAISON

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LOC CONTACT DETAILS

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General Secretary LOC

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GB & NI TEAM - MEN

100m:

Adam Gemili

Samuel Osewa

Deji Tobais

200m:

David Bolarinwa

Adam Gemili

Danny Talbot

1500m:

Charlie Grice

5000m:

Luke Caldwell

Tom Farrell

110mH:

James Gladman

400mH:

Niall Flannery

Jack Green

Sebastian Rodger

4 x 100m:

David Bolarinwa

Adam Gemili

Samuel Osewa

Danny Talbot

Deji Tobais

Dannish Walker-Khan

High Jump:

Chris Baker

Allan Smith

Pole vault:

Jax Thoires

Long jump:

James McLachlan

Shot Put:

Zane Duquemin

Discus Throw:

Zane Duquemin

Hammer Throw:

Nick Miller

Decathlon:

Ashley Bryant

GB & NI TEAM - WOMEN

100m:

Rachel Johncock
Jodie Williams

200m:

Ashleigh Nelson
Bianca Williams
Jodie Williams

1500m:

Laura Muir

5000m:

Kate Avery
Beth Potter

10,000m:

Rhona Auckland

110mH:

James Gladman

4 x 100m:

Corinne Humphreys
Rachel Johncock
Ashleigh Nelson
Annie Tagoe
Bianca Williams
Jodie Williams

High Jump:

Isobel Pooley

Pole vault:

Katie Byres

Long jump:

Lorraine Ugen

Javelin Throw:

Isabelle Jeffs

Hammer Throw:

Sophie Hitchon

Heptathlon:

Katarina Johnson-
Thompson

ATHLETE PROFILES - MEN

(NOT IN THE 2013 BRITISH ATHLETICS MEDIA GUIDE)

Name:

Chris Baker
Club: Sale Harriers Manchester /
Loughborough University
Coach: Aston Moore

Date of Birth: 02/02/1991

Event: High Jump

PB: 2.22m

SB: 2.22m

Name:

Luke Caldwell
Club: Dorking & Mole Valley / New
Mexico University / Kingston & Poly
Coach: Robert Russell

Date of Birth: 02/08/1991

Event: 5000m

PB: 13:29.94

SB: 13:29.94

Name:

Tom Farrell
Club: Border /
Oklahoma State University

Coach: Dave Smith

Date of Birth: 23/03/1991

Event: 5000m

PB: 13:15.31

SB: 13:46.62

Name:

Niall Flannery
Club: Newham & Essex Beagles /
Loughborough University
Coach: Nick Dakin

Date of Birth: 26/04/1991

Event: 400mH

PB: 49.62

SB: 49.62

Name:

James McLachlan
Club: City of Norwich /
Loyola University Chicago

Coach: Denis Costello

Date of Birth: 12/03/1992

Event: Long Jump

PB: 7.86m

SB: 7.86m

Name:

Nick Miller
Club: Border /
Oklahoma State University
Coach: John Baumann

Date of Birth: 01/05/1993

Event: Hammer

PB: 71.60m

SB: 71.60m

Name:

Samuel Osewa
Club: Croydon
Coach: Clarence Callender

Date of Birth: 17/04/1991

Event: 100m

PB: 10.40 (10.38w)

SB: 10.40 (10.38w)

ATHLETE PROFILES - MEN

(NOT IN THE 2013 BRITISH ATHLETICS MEDIA GUIDE)

Name: Sebastian Rodger
Club: Shaftsbury Barnet
Coach: Stephen King
Date of Birth: 29/06/1991
Event: 400mH
PB: 49.87
SB: 49.87

Name: Allan Smith
Club: Shaftsbury Barnet
Coach: Byran Roy
Date of Birth: 06/11/1992
Event: High Jump
PB: 2.23i
SB: 2.23i

Name: Jax Thoires
Club: Glasgow City /
University of Washington
Coach: Pat Licari
Date of Birth:
Event: Pole Vault
PB: 5.50m
SB: 5.50m

Name: Dannish Walker-Khan
Club: Birchfield Harriers /
Brunel University
Coach: Linford Christie
Date of Birth: 02/08/1992
Event: 4x100m
PB: 10.54
SB: 10.54

ATHLETE PROFILES - WOMEN

(NOT IN THE 2013 BRITISH ATHLETICS MEDIA GUIDE)

Name: Rhona Auckland
Club: Banchory Stonehaven /
Edinburgh Uni
Coach: Joyce Hogg
Date of Birth: 11/05/1993
Event: 10,000m
PB: 34:07.61
SB: 34:07.61

Name: Kate Avery
Club: Shildon / Iona Col
Coach: Tony Simmons
Date of Birth: 10/10/1991
Event: 5000m
PB: 15:35.12
SB: 15:49.41

Name: Corinne Humphreys
Club: Enfield & Haringey/
Oaklands Col
Coach: Darren Braithwaite
Date of Birth: 07/11/1991
Event: 4x100m
PB: 11.77 (11.64w)
SB: 11.86 (11.64w)

Name: Isabelle Jeffs
Club: North Devon / Loughborough
University / Blackheath and Bromley
/ Taunton
Coach: David Parker
Date of Birth: 03/02/1992
Event: Javelin
PB: 56.31m
SB: 56.31m

Name: Rachel Johncock
Club: Swansea
Coach: Michael Afilaka
Date of Birth: 04/10/1993
Event: 100m
PB: 11.55 (11.47w)
SB: 11.55 (11.47w)

Name: Laura Muir
Club: Dundee Hawkhill /
Glasgow University
Coach: Andy Young
Date of Birth: 09/05/1993
Event: 1500m
PB: 4:07.76
SB: 4:07.76

ATHLETE PROFILES - WOMEN

(NOT IN THE 2013 BRITISH ATHLETICS MEDIA GUIDE)

Name: Ashleigh Nelson
Club: City of Stoke / Middlesex University
Coach: Michael Afilaka
Date of Birth: 20/02/1991
Event: 200m
PB: 23.46
SB: 23.51

Name: Beth Potter
Club: Shaftesbury Barnet / Loughborough University
Coach: Mick Woods
Date of Birth: 27/12/1991
Event: 5000m
PB: 15:51.49
SB: 15:51.49

Name: Annie Tagoe
Club: Thames Valley
Coach: Michael Afilaka
Date of Birth: 04/06/1993
Event: 4x100m
PB: 11.61 (11.42w)
SB: 11.73

Name: Bianca Williams
Club: Enfield & Haringey
Coach: Lloyd Cowan
Date of Birth: 18/12/1993
Event: 200m
PB: 23.37
SB: 23.37

Name: Jodie Williams
Club: Herts Phoenix
Coach: Stanley Madiri
Date of Birth: 28/09/1993
Event: 100m / 200m
PB: 100m - 11.18
 200m - 22.79
SB: 100m - 11.32 (11.23w)
 200m - 23.21

PREVIOUS TOP GB & NI U23 PERFORMANCES - MEN

EVENT	MEDAL	MEDALIST(S)	YEAR
100m	Gold	Jon Barbour [10.26w/+2.2]	2001
100m	Gold	Simeon Williamson [10.10/+0.2]	2007
100m	Gold	Harry Aikines-Aryeetey [10.15/+1.5]	2009
100m	Gold	James Alaka [10.45/-1.5]	2011
100m	Silver	Leevan Yearwood [10.26/+1.5]	2009
100m	Silver	Christian Malcolm [10.28/+0.7]	1999
100m	Silver	Craig Pickering [10.14/+0.2]	2007
100m	Bronze	Marlon Devonish [10.32w/+2.8]	1997
100m	Bronze	Rion Pierre [10.28/+1.5]	2009
100m	Bronze	Andrew Robertson [10.52/-1.5]	2011
200m	Gold	Julian Golding [20.46/+0.3]	1997
200m	Gold	Chris Lambert [20.34/+0.7]	2003
200m	Gold	Toby Sandeman [20.37/-0.2]	2009
200m	Silver	Christian Malcolm [20.47/-0.6]	1999
200m	Silver	James Alaka [20.60/-1.4]	2011
200m	Bronze	Rikki Fifton [21.02/-1.9]	2007
400m	Gold	Mark Hylton [45.71]	1997
400m	Gold	Robert Tobin [46.81]	2005
400m	Gold	Nigel Levine [46.10]	2011
400m	Silver	Tim Benjamin [45.86]	2003
400m	Silver	Nigel Levine [45.78]	2009
400m	Bronze	Luke Lennon-Ford [46.22]	2011
800m	Bronze	Mukhtar Mohammed [1:48.01]	2011
1500m	Silver	James Brewer [3:51.33]	2009
1500m	Silver	James Shane [3:50.58]	2011

PREVIOUS TOP GB & NI U23 PERFORMANCES - MEN

EVENT	MEDAL	MEDALIST(S)	YEAR
5000m	Gold	Chris Thompson [13:58.62]	2003
5000m	Silver	Mohamed Farah [13:58.88]	2003
5000m	Silver	Mohamed Farah [14:10.96]	2005
5000m	Silver	Ross Millington [14:22.78]	2011
110m H	Gold	David Hughes [13.56w/+2.9]	2005
110m H	Silver	Gianni Frankis [13.57/-0.7]	2009
110m H	Bronze	Chris Baillie [13.85/+0.4]	2001
110m H	Bronze	Callum Priestley [13.63/-0.7]	2009
110m H	Bronze	Lawrence Clarke [13.62/-0.4]	2011
400m H	Gold	Matt Elias [49.57]	2001
400m H	Gold	Rhys Williams [49.60]	2005
400m H	Gold	David Greene [49.58]	2007
400m H	Gold	Lloyd Gumbs [49.62]	2009
400m H	Gold	Jack Green [49.13]	2011
400m H	Silver	Nathan Woodward [49.28]	2011
High Jump	Gold	Ben Challenger [2.30]	1999
Long Jump	Bronze	Nathan Morgan [7.99/+1.8]	1999
Triple Jump	Gold	Gary White [16.33/-0.2]	2007
Triple Jump	Bronze	Tayo Erogbogbo [16.28/-1.1]	1997
Pole Vault	Silver	Luke Cutts [5.60]	2009
Discus	Gold	Lawrence Okoye [60.70]	2011
10000m	5th	Adam Sutton [29:27.49]	2003
3000m SC	4th	Mark Buckingham [8:41.26]	2005
Shot Put	Non Placed	8dq Carl Myerscough [18.09]	1999
Hammer	7th	Alex Smith [68.75]	2009
Javelin	7th	Stuart Faben [72.96]	1997
Decathlon	13th	Ben Hazell [7319]	2005
20km Walk	Non Finished		

PREVIOUS TOP GB & NI U23 PERFORMANCES - MEN

EVENT	MEDAL	MEDALIST(S)	YEAR
4 x 100m Relay	Gold	Daniel Money, Marlon Devonish, Jamie Henthorn, Ross Baillie [38.99]	1997
4 x 100m Relay	Gold	Christian Malcolm, Henthorn, John Stewart, Mark Findlay [38.96]	1999
4 x 100m Relay	Gold	Tyrone Edgar, Chris Lambert, Darren Chin, Dwayne Grant, Tim Abeyie [39.31]	2003
4 x 100m Relay	Gold	Ryan Scott, Craig Pickering, Rikki Fifton, James Ellington [38.95]	2007
4 x 100m Relay	Gold	Ryan Scott, Toby Sandeman, Rion Pierre, Leevan Yearwood [39.09]	2009
4 x 100m Relay	Silver	Jonathan Oparka, Jon Barbour, Darren Chin, Ben Lewis, James Chatt [39.45]	2001
4 x 100m Relay	Silver	Andrew Robertson, Kieran Showler-Davis, Richard Kilty, Daniel Talbot [39.10]	2011
4 x 400m Relay	Gold	David Naismith, Adam Potter, James Chatt, Matt Elias, Richard McDonald [3:05.24]	2001
4 x 400m Relay	Gold	Nigel Levine, Thomas Phillips, Jamie Bowie, Luke Lennon-Ford [3:03.53]	2011
4 x 400m Relay	Silver	Andrew Steele, Rhys Williams, Richard Davenport, Robert Tobin, Adam Charlton, Gareth Warburton [3:04.83]	2005
4 x 400m Relay	Bronze	Geoff Dearman, Elias, Peter Brend, Naismith, Michael Parper, Richard David [3:03.58]	1999

PREVIOUS TOP GB & NI U23 PERFORMANCES - WOMEN

EVENT	MEDAL	MEDALIST(S)	YEAR
100m	Silver	Abi Oyepitan [1:58/-1.2]	2001
100m	Silver	Montell Douglas [1:66/-2.0]	2007
400m	Gold	Allison Curbishley [50.85]	1997
400m	Gold	Helen Karagounis [51.78]	2003
400m	Silver	Thieme/Karagounis [52.75]	2001
400m	Silver	Christine Ohuruogu [50.73]	2005
800m	Gold	Rebecca Lyne [2:04.66]	2003
800m	Silver	Jemma Simpson [2:06.16]	2005
800m	Gold	Lynsey Sharp [2:00.65]	2011
1500m	Gold	Abby Westley [4:15.48]	2007
1500m	Silver	Lisa Dobrisky [4:12.95]	2003
1500m	Silver	Lizi Braithwaite [4:16.45]	2007
1500m	Bronze	Kelly Caffel [4:12.30]	2001
5000m	Gold	Laura Kenney [16:22.28]	2007
5000m	Bronze	Emily Pidgeon [16:04.71]	2009
5000m	Bronze	Stevie Stockton [15:58.51]	2011
10,000m	Bronze	Louise Damen [33:29.82]	2003
100m H	Silver	Diane Allahgreen [13.03/+1.9]	1997
100m H	Silver	Julie Pratt [13.40/-0.4]	1999
100m H	Bronze	Jessica Ennis [13.09/-0.3]	2007
400m H	Gold	Natasha Danvers/Danvers-Smith [56.00]	1999
400m H	Gold	Perri Shakes-Drayton [55.26]	2009
400m H	Silver	Vicki Jamison/Kennedy [57.43]	1997
400m H	Silver	Eilidh Child [55.32]	2009
400m H	Bronze	Sian Scott [57.02]	2005
400m H	Bronze	Meghan Beesley [55.69]	2011

PREVIOUS TOP GB & NI U23 PERFORMANCES - WOMEN

EVENT	MEDAL	MEDALIST(S)	YEAR
Pole Vault	Gold	Holly Bleasdale [4.55]	2011
Long Jump	Gold	Jade Johnson [6.52/+1.0]	2001
Discus	Gold	Eden Francis [57.29]	2009
Discus	Bronze	Jade Nicholl [54.44]	2009
Hammer	Bronze	Lyn Sprules [61.70]	1997
Hammer	Bronze	Sarah Holt [62.55]	2009
Hammer	Bronze	Sophie Hitchon [69.59]	2011
200m	7th	Helen Roscoe [23.96/-0.3]	2001
200m	7th	Danielle Norville [23.69/+1.0]	2003
3000m SC	6th	Eilish McColgan [9:52.02]	2011
High Jump	9th	Susan Jones/Moncrieff [1.85]	1999
Triple Jump	Not contested		
Shot Put	6th	Eden Francis [16.23]	2009
Javelin	4th	Kirsty Morrison [54.14]	1997
Heptathlon	5th	Nicola Gautier [5685]	1999
10km Walk	Not contested		
20km Walk	Not contested		

PREVIOUS TOP GB & NI U23 PERFORMANCES - WOMEN

EVENT	MEDAL	MEDALIST(S)	YEAR
4 x 400m Relay	Gold	Vicki Jamison/Kennedy, Jo Sloane, Jeina Mitchell, Allison Curbishley [3:32.81]	1997
4 x 400m Relay	Gold	Karen Gear, Jenny Meadows, Tracey Duncan, Helen Thieme/Karagounis} [3:31.74]	2001
4 x 400m Relay	Silver	Meadows, Danielle Halsall, Kim Wall, Karagounis [3:30.44]	2003
4 x 400m Relay	Silver	Kim Wall, Sian Scott, Lisa Miller, Christine Ohuruogu [3:31.64]	2005

PREVIOUS MEDAL TABLES

YEAR	VENUE	TOTAL				MEN				WOMEN			
		G	S	B	T	G	S	B	T	G	S	B	T
1997	Turkey	5	2	3	10	3	0	2	5	2	2	1	5
1999	Gothenburg	3	3	2	8	2	2	2	6	1	1	0	2
2001	Amsterdam	6	3	2	11	3	1	1	5	3	2	1	6
2003	Bydgoszcz	5	4	1	10	3	2	0	5	2	2	1	5
2005	Erfurt	3	5	1	9	3	2	0	5	0	3	1	4
2007	Debrecen	6	3	2	11	4	1	1	6	2	2	1	5
2009	Kaunas	7	6	5	18	4	5	2	11	3	1	3	7
2011	Ostrava	6	6	8	20	5	5	4	14	1	1	4	6
TOTAL		41	32	24	97	27	18	12	57	14	14	12	40

EVENT TIMETABLE

WEDNESDAY, 10 JULY 2013

Local time	Event	Men/Women
16.15	20 km race walk	Women
18.30	20 km race walk	Men
20.30	Victory ceremony	

THURSDAY, 11 JULY 2013, MORNING

Local time	Event	Men/Women
10.00	Hammer Throw	Men Q A
10.10	100m	Men Decathlon
10.20	Shot Put	Men Q A+B
10.40	100m	Men R1
11.00	Long Jump	Men Decathlon A+B
11.20	100m	Women R1
11.20	Hammer Throw	Men Q B
12.05	3,000m s/c	Women R1
12.20	Shot Put	Men Decathlon A+B
12.50	Javelin Throw	Men Q A
13.00	High Jump	Women Q A+B
13.05	400m Hurdles	Women R1
13.50	400m Hurdles	Men R1
14.05	Javelin Throw	Men Q B

EVENT TIMETABLE

THURSDAY, 11 JULY 2013, AFTERNOON

Local time	Event	Men/Women
17.00	High Jump	Men Decathlon A+B
17.00	800m	Women R1
17.10	Discus Throw	Men Q A
17.30	800m	Men R1
17.50	Long Jump	Men Q A+B
18.10	100m	Women SF
18.30	100m	Men SF
18.40	Discus Throw	Men Q B
18.50	10 000m	Men F
19.20	Shot Put	Men F
19.30	Triple Jump	Women Q A+B
19.35	400m	Women R1
20.00	400m	Men R1
20.17	10,000m M	Victory Ceremony
20.25	400m	Men Dec
20.40	Shot Put M	Victory Ceremony

EVENT TIMETABLE

FRIDAY, 12 JULY 2013, MORNING

Local time	Event	Men/Women
10.00	Hammer Throw	Women Q A
10.00	High Jump	Men Q A+B
10.45	100m Hurdles	Women R1
11.15	Hammer Throw	Women Q B
11.30	Shot Put	Women Q A+B
11.35	110m Hurdles	Men Decathlon
12.05	110m Hurdles	Men R1
12.20	Pole Vault	Women Q A+B
12.40	Discus Throw	Men Dec A
12.45	3,000m s/c	Men R1
13.40	Discus Throw	Men Decathlon B

EVENT TIMETABLE

FRIDAY, 12 JULY 2013, AFTERNOON

Local time	Event	Men/Women
15.35	Pole Vault	Men Decathlon A+B
17.00	400m Hurdles	Women SF
17.10	Triple Jump	Women F
17.20	400m Hurdles	Men SF
17.55	Javelin Throw	Men Decathlon A
18.00	100m	Women F
18.05	Shot Put	Women F
18.10	100m	Men F
18.30	800m	Women F
18.40	800m	Men F
18.43	100m W	Victory Ceremony
19.51	100m M	Victory Ceremony
19.00	10,000m	Women F
19.00	Javelin Throw	Men Decathlon B
19.15	Pole Vault	Men Q A+B
19.42	Triple Jump W	Victory Ceremony
19.50	400m	Women SF
20.00	Long Jump	Men F

EVENT TIMETABLE

FRIDAY, 12 JULY 2013, AFTERNOON

Local time	Event	Men/Women
20.05	400m	Men SF
20.11	800m W	Victory Ceremony
20.20	Javelin Throw	Men F
20.22	800m M	Victory Ceremony
20.30	200m	Women R1
20.49	10,000m W	Victory Ceremony
20.57	Shot Put W	Victory Ceremony
21.05	200m	Men R1
21.35	1500m	Men Decathlon
21.50	Long Jump M	Victory Ceremony

EVENT TIMETABLE

SATURDAY, 13 JULY 2013, MORNING

Local time	Event	Men/Women
10.00	Javelin Throw	Women Q A
10.10	100m Hurdles	Women Heptathlon
10.25	Long Jump	Women Q A+B
10.40	1500m	Women R1
11.00	1500m	Men R1
11.10	Javelin Throw	Women Q B
11.15	High Jump	Women Heptathlon A+B
11.25	200m	Men SF
11.40	200m	Women SF
12.05	4x400m Relay	Men R1
12.15	Triple Jump	Men Q A+B
12.30	Discus Throw	Women Q A
12.30	4x400m Relay	Women R1
13.40	Discus Throw	Women Q B

EVENT TIMETABLE

SATURDAY, 13 JULY 2013, AFTERNOON

Local time	Event	Men/Women
16.00	Hammer Throw	Men F
16.18	Decathlon M	Victory Ceremony
16.30	Pole Vault	Women F
16.38	Javelin Throw M	Victory Ceremony
17.00	Shot Put	Women Heptathlon A+B
17.10	400m Hurdles	Women F
17.20	400m Hurdles	Men F
17.35	400m	Women F
17.40	Hammer Throw	Women F
17.41	400m Hurdles W	Victory Ceremony
17.50	400m	Men F
17.53	400m Hurdles M	Victory Ceremony
18.01	Hammer Throw M	Victory Ceremony
18.10	3,000m s/c	Women F
18.31	400m W	Victory Ceremony
18.40	200m	Women F
18.45	High Jump	Women F
18.50	200m	Men F
18.55	400m M	Victory Ceremony
19.05	110m Hurdles	Men SF

EVENT TIMETABLE

SATURDAY, 13 JULY 2013, AFTERNOON

Local time	Event	Men/Women
19.12	Pole Vault W	Victory Ceremony
19.20	100m Hurdles	Women SF
19.35	Discus Throw	Men F
19.40	200m	Women Heptathlon
19.52	200m W	Victory Ceremony
20.00	200m M	Victory Ceremony
20.10	5,000m	Men F
20.32	3,000m s/c W	Victory Ceremony
20.40	110m Hurdles	Men F
20.50	100m Hurdles	Women F
20.52	Hammer Throw W	Victory Ceremony
21.00	5,000m M	Victory Ceremony
21.08	High Jump W	Victory Ceremony

EVENT TIMETABLE

SUNDAY, 14 JULY 2013

Local time	Event	Men/Women
13.30	Discus Throw	Women F
13.30	Long Jump	Women Heptathlon A+B
13.41	Discus Throw M	Victory Ceremony
13.50	110m Hurdles	Victory Ceremony
14.00	100m Hurdles	Victory Ceremony
14.15	4x100 m Relay	Women R1
14.35	Long Jump	Women F
14.45	High Jump	Men F
15.05	4x100 m Relay	Men R1
15.10	Javelin Throw	Women Heptathlon A
15.40	1500m	Women F
16.00	1500m	Men F
16.10	Javelin Throw	Women Heptathlon B
16.13	Discus Throw W	Victory Ceremony
16.21	1500m W	Victory Ceremony
16.30	5000m	Women F
16.35	Pole Vault	Men F
16.45	Triple Jump	Men F
16.55	1500m M	Victory Ceremony

EVENT TIMETABLE

SUNDAY, 14 JULY 2013

Local time	Event	Men/Women
17.05	4x100m Relay	Women F
17.10	Long Jump W	Victory Ceremony
17.20	4x100m Relay	Men F
17.30	Javelin Throw	Women F
17.33	5000m W	Victory Ceremony
17.41	High Jump M	Victory Ceremony
17.50	3000m St	Men F
18.05	4x100m Relay W	Victory Ceremony
18.15	800m	Women Heptathlon
18.21	4x100m Relay M	Victory Ceremony
18.31	3000m St M	Victory Ceremony
18.40	4x400m Relay	Women F
18.46	Triple Jump M	Victory Ceremony
18.55	4x400m Relay	Men F
19.01	Heptathlon W	Victory Ceremony
19.10	Pole Vault M	Victory Ceremony
19.17	Javelin Throw W	Victory Ceremony
At closing ceremony	4x400m Relay W	Victory Ceremony
At closing ceremony	4x400m Relay M	Victory Ceremony



BRITISH
ATHLETICS

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